

Here are the winners of
the 2025 Collegiate
Newspaper Contest.

Best Section

Group 3

3rd Place

The Commuter- Linn Benton CC

Staff



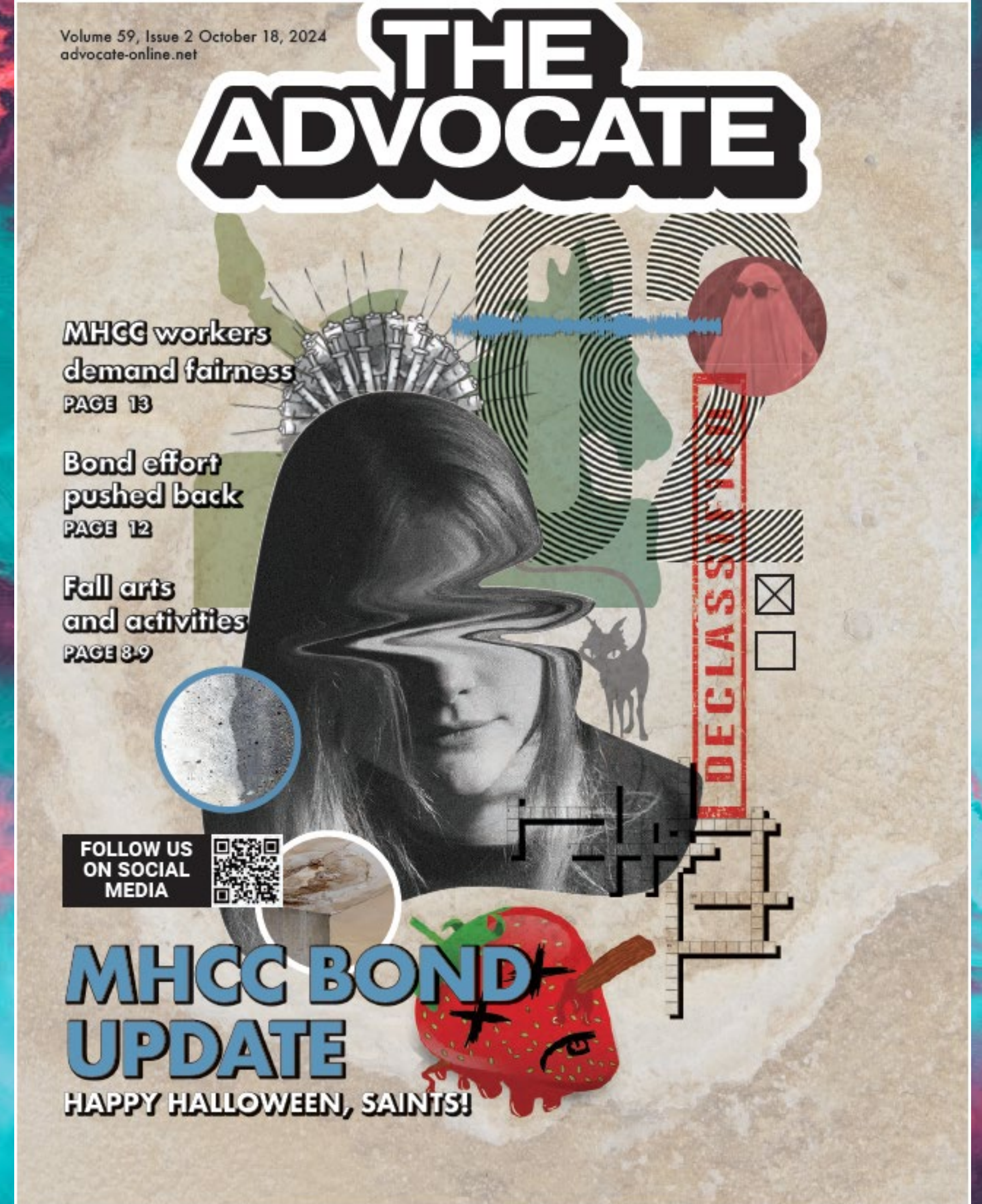
Best Section

Group 3

2nd Place

The Advocate-MHCC

Andrew Hull, Ken Perez, Staff



Best Section

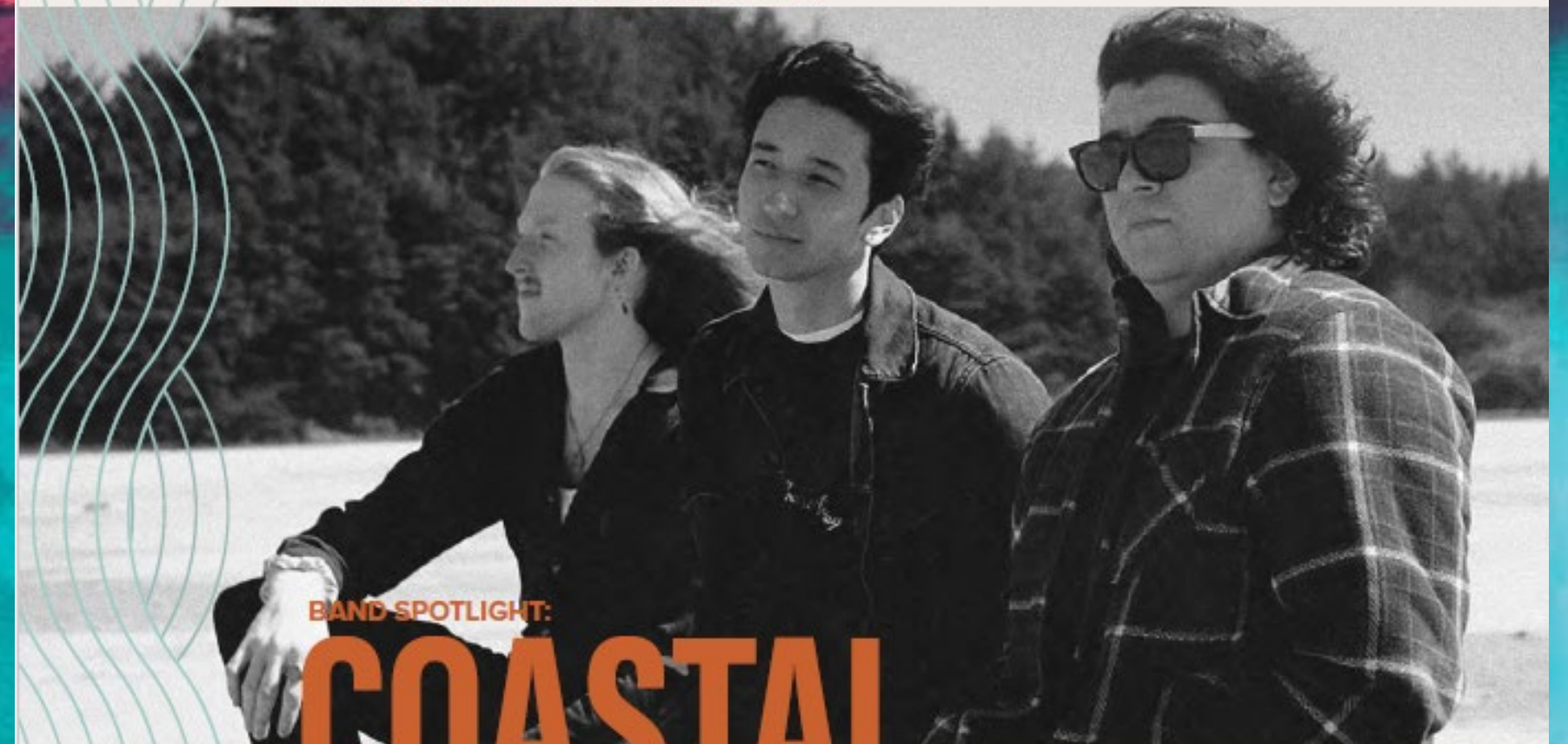
Group 3

1st Place

The Commuter- Linn Benton CC

Staff

▼ From left to right: Joshua Phillips, Kainoa Taylor, Jacob Ramirez



BAND SPOTLIGHT:

COASTAL SATURDAY

words by RYLAND BICKLEY
photos by JEREMY HANEY

"Welcome to the Sunday Studio," Coastal Saturday drummer Joshua Phillips announced as his audio connected to the Zoom interview. He and bandmate Kainoa Taylor, the group's lead singer and primary songwriter, sat next to each other, sharing a microphone on a stand. Behind them was part of the band's Corvallis studio space, where Coastal Saturday not only records their music, but lives.

"Our little content house," Phillips joked.

Weekends are an important part of the band's ecosystem. The group, composed of Phillips, Taylor, and guitarist Jacob Ramirez, started off meeting every Friday to practice before switching to Saturdays. Their studio name was inspired by Sundays, which also happened to be the day they made themselves available for an interview. "For the studio, I really like the vibe of Sunday. It's like the music we're creating, my bossa nova, the jazz – it's super chill. It's relaxed," said Phillips, adding, "The 'Coastal Saturday,' it's a vibe. It's just the weekend, lay out by the pool, go to the coast kind of vibe."

Taylor expanded on the origin of the band name. "The 'coastal' part was we're all from the coast, you know, all from the West Coast or Hawaii," he explained. "And then we always practiced on Saturdays. It's very on the nose... Coastal Saturday."

The band's title fits their music: breezy, catchy indie pop and rock, held down by Taylor's youthful vocals and introspective lyrics. Coastal Saturday's sound came from an amalgamation of different influences: Taylor and Ramirez are from Hawaii, with the former growing up on reggae, later gaining an appreciation for pop, especially One Direction and Five Seconds of Summer, as well as indie rock such as The Strokes. Ramirez pulls from classic rock and blues acts such as Chicago and John Mayer.

"He's just an American blues guitarist kind of guy... it's old

style and it's pretty awesome," said Phillips.

"But he holds it down," interjected Taylor. "Guitar is his number one thing, like, he can play anything."

As for Phillips, he grew up in California before his family moved to the East Coast in 2017. His introduction to music was piano lessons, something Phillips did not enjoy. "I was in that for 11 years doing classical piano recitals – the whole thing. And I hated it. Hated it," he said. "It seriously almost killed my love for music."

Phillips later found jazz and the alto saxophone, which he described as his musical savior. "I spent seven to eight hours a day just practicing and learning tunes and doing it all by ear," he said. "And it just pushed me to want to learn more instruments."

Eventually, Phillips picked up guitar, bass, and drums. He started getting back into piano and picking up film scoring. In college, he taught himself Brazilian Portuguese in order to gain a better understanding of bossa nova, which he describes as one half of the "two big sides" of his music career – the other being drumming for Coastal Saturday.

The band formed while Taylor and Phillips were music production students at Oregon State University. The duo, along with Austin Cassanova, who would go on to be the group's bassist for their first album, would often collaborate on group projects. Soon, a band formed from the group's music school assignments.

"We had exams that we were supposed to be doing, and instead, we went to the teacher and asked, 'Hey, can we do a cover for the midterm and then write an original song for the final?' And she's like, 'Sounds good,'" said Phillips. "And then that's the way they did the class from there on out because they realized that if you get these people in the room, you just have to get them working on stuff. And that's what doesn't happen. So for us, you gotta bug

Best Section

Group 2

3rd Place

The Pioneer Log

Staff

Endowment screen flags weapons investments

Analysis finds roughly \$983,000 in Lockheed Martin, Norththrop Grumman, four other commingled funds

By FIONA EILERS

ON OCT. 30, Students for Justice in Palestine on Palestine Hill (SJPPH) released a statement claiming that at least \$983,000 of Lewis & Clark's \$327,838,327 endowment is invested in Lockheed Martin, Northrop Grumman and four commingled funds associated with weapons manufacturing. An interview with administrators has confirmed that 0.3% of the endowment, or approximately \$983,000, was flagged in an Aug. 31 screening for investments in "Conventional Weapons."

In an email statement, LC's Director of Public Relations Lois Larsen shared a definition of what would result in a flag in a Conventional Weapons screening.

"The 'Conventional Weapons' category (MSCI) (Defense/Space/Capital International) military weapons-related screens includes companies involved in the production of conventional weapons, components for such products, or involved indirectly through ownership ties to companies involved in such products, with an added threshold for revenue >5%. This screen excludes military uniforms and safety gear and equipment, non-essential components of weapons systems or platforms — items that are commonly used in everyday electronic and mechanical equipment and vehicles — and support services that are not combat or warfare oriented, among others."

The MSCI Conventional Weapons screening includes any companies

determined to be involved in the production of conventional weapons or weapons parts, as well as companies indirectly involved through ownership ties with other companies. This screen flags companies that have more than 5% of their revenue from conventional weapons or parts.

SJPPH is an anonymous, unofficial student group whose primary mode of communication has been through Instagram. The endowment figures originate from their meetings as part of the Investment Discussion Group (IDG). The IDG was set up by Lewis & Clark's administration as a part of the agreement to end an encampment led by SJPPH earlier this semester.

The Mossy Log contacted SJPPH for comment. They provided a written statement discussing the IDG meetings and their efforts for divestment and disinvestment, and described their group as a horizontal organization that cannot be represented by one member in an interview.

"SJPPH, along with other students in the Investments Discussion Group, have drafted 3 proposals to be presented on Oct. 31 to 4 members of the Board of Trustees. Two-thirds propose center on divestment, and one proposal centers on disclosures," the statement read.

The Mossy Log reached out to clarify this figure and to discuss LC's endowment. An interview with Chief Financial Officer Andrea Dooley offered insight into the endowment, as well as some

common misconceptions about how it functions.

"The idea that tuition dollars are in the endowment is completely untrue," she said. "Every year, the dollars that we collect from tuition are spent in student services and academics. They're not invested in the endowment."

According to documents provided by Dooley, around 86% of annual funding for the College of Arts and Sciences comes from tuition and room and board. 8% comes from the endowment. Dooley explained that donors, not students, fund LC's endowment.

"The endowment comes from donor funds. The donor will give what we call corpus, which is the amount of the gift. That gift is meant to benefit the college into perpetuity. The gift itself that they give us isn't spent. What's spent is what we can earn on that gift, and it's spent towards what the donor says it needs to be earned towards," Dooley said.

According to SJPPH and LC's official website, LC uses Cambridge Associates, a private investment firm, as its Chief Investment Officer. Rather than investing in individual companies, Cambridge places LC's endowment in the hands of investment managers who are each running their own mutual and commingled funds. These funds contain investments in a portfolio of stocks, bonds and other securities.

"We don't pick companies, we don't buy or sell individual companies. And a lot of these agreements have different



EMMA CLAIRE AMBROZIAK/THE MOSSY LOG

Student protesters display a sign calling for divestment and disclosures last semester.

contractual guidelines," she said. "We essentially sign a contract with an investment manager for private investment, hand over whatever our investment amount is, and then we aren't able to pull that money back until the fund ends."

The partial disclosure of investment in weapons manufacturers is the result of a MSCI Business Involvement Screening Research (BISR). MSCI, a stock market research and analytics company, creates the screens used by Cambridge Associates. According to their website, there are four kinds of weapons screenings — Conventional Weapons, Civilian Firearms, Controversial Weapons and Nuclear Weapons. SJPPH specifically requested the results of BISR screenings for Conventional Weapons and Civilian

Firearms, and two others for Israel and Human Rights.

While MSCI does not have a specific Human Rights screen, the Environmental Social and Governance (ESG) Controversies and Global Norms screen has been used as a proxy and is colloquially referred to by SJPPH as a Human Rights screen.

The results provided by administrators align with figures provided in an Oct. 26 SJPPH Instagram post. The screen for Israel flagged 0.3% of the endowment, approximately \$9.2 million. The screen for Civilian Firearms came back as 0% exposure. The Human Rights screen flagged one specific company at a total of 0.07%, or around \$229,000.

"STUDENT?" continued on page 3.

Ryan Jensen, Director of Dining Services announces resignation

By ELLA R. DUNN

LEWIS & CLARK'S Director of Dining Services of almost 7 years, Ryan Jensen, recently finalized his resignation from the college. He will continue to work within Lion Applet, but will be relocating to George Fox University. In his new former position here, Jensen spent the majority of his day engaging with the community.

"We talk about plans, issues and ideas, and then I take that back to our team and figure out how we can best implement them," said Jensen. "On a micro level, I train and support the staff to successfully provide the myriad of food service operations."

This change is the effect of a recent shift within Lion Applet. George Fox was left without a general manager, and Jensen has decided to step up and use his experience to assist.

"(Company movement) has created an opportunity for all of us to look at our careers and figure out what we still haven't done that we would like to do," said Jensen. "There have been some vacuums created. My work will be relatively lateral. I will be at George Fox in a similar capacity."

Leaving the LC community he has come to love is bittersweet for Jensen; he

will miss the people he has come to know, but is also looking forward to making the most of his new opportunity.

"Lewis & Clark is an amazing community, but after doing something for as long as I have, it can be invigorating to get into a new environment and work on new projects," said Jensen. "I like and will miss the open thought and communication that a community that is so open to diversity and critical thinking brings — I hope I have that at my next location."

His successor is Talib Horrow. Before joining Lion Applet's staff, he worked with Lory at the Moda Center, as well as in a more traditional restaurant setting working as an operations manager for Chef's Table at popular restaurants such as Lardo and Gwoso.

"I have been at Moda Center for about two years," said Horrow. "They were big operations, with events of up to 20,000 people all at once, so it's a little different but the scale of things is very similar. Before that, I spent my whole career in restaurants."

Horrow expressed his excitement in learning more about collegiate dining services, and a ready hand to help change to make to LC's dining hall experience.

"There are always going to be little things that change, little evolutions.

With any large food service operation, a lot of it is going to be dependent on the personnel," said Horrow.

It is important to Horrow that we engage with local farmers, both to support our community and provide the highest quality dining experience possible.

"One thing I am really excited about is that it is baked into our budget that we have to do a certain amount of locally-sourced food," said Horrow. "I have worked with dedicated farm-to-table restaurants where we were going out to the farms, meeting the people who made the cheese, actually putting beautiful highland cows. It's something you don't really get an opportunity to do too much when you're in (a) huge stadium."

As of Oct. 31, Jensen has concluded his full-time schedule at LC, and Horrow is officially the new Director of Dining Services.

"For any of the wonderful students, alumni, staff and faculty that I've worked with on and off for the past two decades, it has been a treasure," said Jensen. "For anyone I didn't get a chance to say goodbye to, I am sorry. But I will still be around and I will still be a resource, and I will still come back and say hello to the community that I feel is family after this many years."

Anxiety rises on campus with upcoming election

By EMMA CLAIRE AMBROZIAK

WITH THE upcoming 2024 U.S. presidential election on Nov. 5, anxieties are rising. As a small, left-leaning liberal stronghold in Portland, Lewis & Clark cultivates a unique variety of perspectives and responses with regard to this year's election — which are highlighted by a series of interviews with faculty and students.

Lilani Meschulam Fabian '22 shared her experience of watching the U.S. election unfold. Fabian, who is from Mexico City, voted in her country's elections this past June. She spoke about the impact of the U.S. presidential elections on the rest of the world, the relief and regret of not being able to vote in this election and her concerns surrounding abortion access and continued U.S. support for Israel.

This is Fabian's first time experiencing a U.S. presidential election unfold firsthand, as a student whose residency, collegiate education and future professional opportunities will likely be impacted by the outcome of the election.

"This is my first one. The 2020 one, I was in Mexico. It was very scary. Everybody was very concerned about it," said Fabian. "Since we're so connected to the U.S., and everything that happens in the U.S. affects us, we're always like, 'Okay,

we need to be aware of what's going on them,'" Fabian said.

In response to a question about what major concerns she has regarding the upcoming election, Fabian identified Project 2025, and subsequent abortion access, as two pressing issues. She also highlighted Vice President Kamala Harris' support of Israel and the current administration's lack of acknowledgment of Palestinian victims as a major concern of hers.

"We already know Trump has a lot of views on Mexicans and immigrant labor," Fabian said. "Right now, what I'm most concerned about, though, is Project 2025. I think Trump has been making a lot of claims that he's not supporting this, but in reality, a lot of the policies that he has passed before, or policies that he has supported, support Project 2025."

A major tenet of Project 2025 is criminalizing and reducing access to abortion, which Fabian put in dialogue with Mexico's recent advancements in reproductive rights. Shortly after Roe v. Wade was overturned in the U.S. on June 24, 2022, individual states began to enact abortion bans to varying degrees.

"ELECTION?" continued on page 3.

Read complete version of article with full interviews at piolog.com



Happy Halloween!

Don't catch whooping cough as you partake in this weekend's festivities.



OPINION

Professors should not fear AI

Asolution to the use of generative AI in higher education.



FEATURES

The Simpsons in Portland

Discover how The Simpsons connect Portland to its world with characters and places rooted in local culture.



ARTS

Halloween drag show slays

LC drag club Gagged drew an impressive crowd to their Halloween show.



SPORTS

Pursuing sports medicine

The athletic training room assists students in pursuing a sports medicine career path.

Best Section

Group 2

2nd Place

The Pacific Index - Pacific Univ

Staff

SPORTS

TAKING NEW STROKES

The Pacific Rowing Team Welcomes a New Coach.

CANDLE RIGGS
THE PACIFIC INDEX

The sound of animated conversation is heard from the boat house at Henry Hagg Lake as the rowers carry their boats and oars down to the lapping teal water. The lake, a hidden gem tucked within an evergreen forest and deep set mountains, is home to the practice grounds of our very own Pacific rowing team. Beginning practice only a few weeks ago, the team has begun its yearly onboarding of enthusiastic new teammates—including warmly welcoming their new coach, Claire Ratcliff.

Although the team has not yet competed in a regatta, the excitement for the upcoming season permeates the attitudes of the rowers. "Even though we've only had about two weeks of practice, it's been going really good," says Ava Gardner, a freshman on the JV team. As the rowers warm up for the Charlie Brown regatta on October 26 and 27, they have been consistently honing their rowing skills at both Lake Hagg and the erg machines at

the Stoller Center. Gardner explains the plethora of skills that Coach Ratcliff has been implementing into practice, such as pick drills and erging a 5k. Not only this but the practice of feathering, which if you are unfamiliar with rowing terminology as I was, means when the spoon of the oar is parallel to the water. While that may sound simple, it is anything but.

"She is doing very well," comments Angelina Dominguez, a current junior on the varsity rowing team. "She helps each individual with feedback on technique to make sure we work as a team."

A Pacific University alumni, Ratcliff shares a passion for the rowing community as well as the individual members of the team. "Coach Claire spends a lot of time focusing on the individuals, even if they are not on varsity, to improve as much as they can," Dominguez mentions. Regarding how the rowers only have one regatta in the autumn term, much of what the team has been working on is member cohesion and community building. In return, this ensures a seamless season out on the water. "Overall, it's been really fun and I've made a ton of awesome friends," expresses Ari Ghazizadeh, an onboarding JV rower. With these ties and connections amongst teammates, not only has the team itself grown stronger, but so have friendships outside of practice.

"Everyone's super helpful and



Photo Courtesy of Bill Carrigan

supportive because a lot of us are coming in with no experience," adds JV stroke seat Isabella Molver.

Coach Ratcliff is only now into her first few weeks at the job. "I have a very clear idea of where the program has been, and where it can go, giving a clearer long-term picture," explains Ratcliff. While Coach Ratcliff has high expectations for the rowers, JV and varsity, she ensures that, "I've tried to implement a small shift of mentality to give the perspective that each practice is an opportunity to work toward individual and team goals."

"I'm so glad to be back at Pacific. It feels like coming home," reflects Ratcliff, which is apparent when she enthusiastically leads the team out on the water. With a short drill call over the megaphone and the movement of the oars, the team seems to be settling into the flow of rowing. "I look forward to coaching them to continue their momentum and to introduce more athletes to the sport and to the team!" Ratcliff states excitedly.

October 26 and 27 marks the first and last regatta of the fall, at the Charlie Brown race in Portland.

PACIFIC'S STAR RUNNING BACK

Brody Bantolina wins NWC Student-Athlete of the Week

BYSON VASQUEZ
THE PACIFIC INDEX

Many people would consider 168 yards and two touchdowns to be a stand-out performance.

But Pacific's junior Brody Bantolina is not like most running backs. Bantolina averages those numbers each game—except in week two against the Lewis and Clark Pioneers, when Bantolina rushed for 256 yards and punched the ball into the endzone twice, breaking a 72-year-old record for rushing yards in a single game. The record was previously held at

234 yards by both Al Navarro, who tied the record in 1989, and Frank Buckiewicz Sr. who initially set it back in 1952.

But a single-game rushing yards wasn't the only record broken that afternoon. During the second quarter, the Boxers were pinned at the one-yard line after a great kick and roll by the Lewis and Clark punting squad. On the next play, with fans worried about the offense potentially giving up a safety, Bantolina found a crease, and saw nothing but green grass ahead of him. Without hesitation, he hit the hole full speed and was off to the races. After a 99-yard sprint, Bantolina

made his way to the endzone untouched; the longest offensive play in school history and a big momentum swing that helped the Boxers cap a 34-24 win.

After this game, Bantolina was named Northwest Conference (NWC) Student Athlete of the Week.

Going into this season, Bantolina has played with a chip on his shoulder. He isn't happy about the 2-7 record the team finished with last year. "I think we could have done a lot better as a team. I was a little salty. I am sure the whole team was disappointed in how we performed last year," Bantolina told me. "But being able

to perform how we did in this game felt really good."

Currently, the Boxers are 2-1, and Bantolina has 506 total rushing yards, with six touchdowns to go with that; currently on pace to finish well over his first-team all-conference season last year. Although one of his goals coming into the year was to finish the season with 1,000 yards, he has a new goal in mind. "Honestly, I wasn't ever really thinking about it, but that's being an All-American. As of now, it's a little bit more real."

Indeed: Three weeks into the season, Bantolina is currently third in the country in rushing yards. All-American is very much a real possibility at this point.

The Boxers travel to Tacoma on Saturday, October 5 to play the Puget Sound Loggers.

THE GENTLE WOMEN'S GAME

Women's Golf takes a victory

COLE WEBER
THE PACIFIC INDEX

There aren't many things better than the drive to the clubhouse at Quail Valley Golf Course. Lush, green fairways, sparkling blue ponds, an air of serenity and relaxation, always a breeze to brush against your face. Eighteen holes of pure bliss. I've had a couple of really nice days there, as well as a couple of really not nice days, but hey that's the game of golf, and on the weekend of September 14 when the Boxers took on the Pioneers of Lewis & Clark in a dual match, the Pacific women's golf team had themselves a pretty damn nice day.

For all you non-golfers out there, a dual match consists of six 1v1 matches between players on either team. The format was match

play. Instead of playing by strokes, golfers play per hole. The player who shoots the lowest on a certain hole, wins; and whoever wins the most individual holes, wins the match.

On Saturday, each Boxer won their individual match; a perfect 6-0. Sunday was very nearly as good, with the Boxers grabbing five wins and one tie. An undefeated weekend.

Bea Boonta and Ellie Wallace are two of the golfers who went 2-0 in their matches. Boonta is the reigning Northwest Conference (NWC) Rookie of the Year, and she dominated the Pioneers, shooting an 82 and 78 and taking two victories. "I won both matches but didn't play how I wanted to play," she claimed.

Wallace echoed Boonta's sentiment. "It wasn't a super low scoring round for any of us, but was good enough to win." Wallace averaged about a 90 for the weekend and beat both her opponents after 10 holes (winning 10 holes in a row means the opponent has no mathematical chance to come back and tie in an 18-hole match).

The Boxer golfers are unified in that all have high standards for themselves, and for the team, which is exactly what you want out of a hungry team looking to make a dent in the NWC.

Coming off a season where they finished fourth overall in total points in the Northwest Conference standings, this team has their sights set higher. "I'm personally really excited



Photo Courtesy of Nick Potts

for our season going forward," voiced Wallace. "I think our team has a chance to do really well this season. I think that we have a chance to really compete with all the top teams in our conference this year."

The Boxers have two more tournaments this fall. They go to the OGA Golf Course in

Salmon for the NWC Fall Classic and then to Walla Walla for the Confluence Classic. More chances to whoop on other NWC foes and tune-up for the spring season. We will all be sipping on our Arnold Palms, shaking our wedges, and waiting fervently.

Best Section

Group 2

1st Place

The Pioneer Log

Staff

FRIDAY, DECEMBER 6, 2024

8

ARTS

Mossy Music

Tunes for

finals slump blues



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"Sorry 4 the Walk"

By Lil Wayne

If there is one thing that gets me out of a slump, it is Lil Wayne. Originally released on a mistake in mid-2011 as an apology for the delay of his album "The Carter IV," this song is actually written over the beat of "Rolling in the Deep" by Adele. It is aggressive, fast-paced and catchy – a sum-of-all-parts to any finale-season blues.

-Olivia Fendrick, Managing Editor



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"Bake"

By Halsey

Halsey created a breakthrough masterpiece that transcends barriers of language. It is like an upgraded version of your twelve year old self listening to an anime theme song and imagining a training montage. Perfect for your winter arc.

-Tiana Garcia, News Editor



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"Tired Boy"

By Joey Pecorello

This funky, groovy, old-school track reminds me that we are all subject to constant fluctuations. This is a good listen for any season, but its slow start matches the dreary, misty, December days in Portland, before bringing me along for an energetic, yet still peaceful journey through its remaining few minutes.

-Kenna Claire Ambrosiak, Editor-in-Chief



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"Is It Over Now?"

By Taylor Swift

Sure, the title doesn't sound too exciting, but the beat of this song will get you dancing as soon as you ignore the depressing lyrics! This campus is Swiftie-deficient, so let me guide you into the funkies starting out with this. If you have recently gone through a break-up, you will connect with Taylor in her bitter-sweet feelings of heartbreak and unanswered questions after a relationship ends.

-Zoe Davis, Features Editor

New art exhibit looks back on 1960s through psychedelic posters, fashion

By OLIVIA MILLER

THE PORTLAND ART MUSEUM is currently holding an exhibit entitled *Psychedelic Rock Posters and Fashion of the 1960s*. The exhibit showcases the collection of Gary Westford, an artist and educator, who moved to San Francisco in the late '60s to attend San Francisco University. While there, he attended a multitude of concerts where he collected hundreds of posters, and has now donated 150 of those authentic posters to the museum for the pleasure of the exhibit's viewers.

The exhibit displays the works of various poster artists and fashion designers, with a specific spotlight on the Big Five psychedelic poster designers of the '60s: Rick Griffin, Alton Kelley, Victor Moscoso, Stanley Moses and Wes Wilson.

The exhibit occupies most of the museum's second floor, welcoming visitors with a mesmerizing feature wall illuminated by brightly-colored, slow-dancing lights. The space itself is designed with an open-concept layout, with each wall painted a differing vivid neon hue – blue, purple, pink and yellow – that all complement the vibrant art and fashion on display.

The exhibit is organized by theme and explores various interesting aspects of the creative process and fashion of the '60s. Some topics include color and pattern, technique, creative lettering, animal inspiration, depictions of women, appropriation of marginalized culture, altered states of consciousness and psychedelic Portland.

Bold and eclectic colors are one of the most prominent attributes of the psychedelic aesthetic, mirroring the overwhelming sensory experience of live music and altered consciousness that was so revered during this time period. This trend is easily illustrated within the exhibit, with a rich and vivid color palette keeping your eyes moving endlessly as you walk throughout the displays.

Artists of the '60s found inspiration within the techniques of Art Nouveau, Victorian engravings and even Western saloon advertisements, blending historical motifs with bold, futuristic visuals throughout their works.

Much like the poster artists, fashion designers of the time period drew on

global influences, from Eastern designs such as paisley to Native American inspired fringe, symbolizing an embrace of alternative cultural lifestyles and a rejection of the normative Western materialism.

The usual emphasis on legibility within advertising posters was rejected by the artists, who instead focused on developing their own unique loquacious style by blending wildly inventive forms of lettering together to create images that forced viewers to stop and fully take in the poster in order to derive the information it contained on the band it was promoting. This other manifestation of previous norms of advertising echoes the broader counterculture ethos of the 1960s, where tradition and convention were subverted in favor of free expression and experimentation.

One of the emblems of personal freedom embraced by 1960s artists and free-spirited hippies was that of wild animals. From orangutans, snakes and giraffes to cats and dogs, these untamed creatures were admired for their freedom from the restraints of societal expectations and hierarchical systems like capitalism. For many artists, animals represented an ideal of unrestrained living, embodying the counterculture's yearning for liberation and stark rejection of conformity.

Another symbol commonly found within the arrayed pieces was the

depiction of women, primarily under the guise of the femme fatale, the virgin, the Earth Mother or the love goddess. The exhibit did not shy away from discussing the sexist and misogynistic ideals that shaped these images of women within the art, and shed light on the regressive stereotypes found within some of the posters.

Similarly, one of the themes of the exhibition focused solely on the appropriation of other cultures within the rock posters and fashion of the 1960s, highlighting how artists and designers drew heavily from Eastern Asian, Indigenous and African motifs to create their work. The psychedelic posters often incorporated elements like mandalas, tribal patterns, or Hindu deities, borrowing these symbols for their perceived exoticism and spiritual significance without fully understanding or respecting their cultural origins. This theme invites viewers to reflect on the line between cultural appreciation and appropriation, as well as the broader impact of such practices on marginalized communities whose traditions were commodified for countercultural expression.

Altered states of consciousness played a pivotal role in shaping the aesthetic and cultural innovations of the 1960s, particularly within the countercultural movement that is at the heart of the exhibit. These altered

states were achieved through the use of drugs including LSD, marijuana, DMG, psychedelic mushrooms, peyote, or mescaline. Artists strove to communicate this perceived altered reality through their works, using vibrant colors, swirling patterns, and distorted typography to stimulate a sense of motion, fluidity and heightened sensory perception. Wes Wilson was known for his depiction of distorted human heads, erasing the mind-bending attributes of these drugs.

Whether you are an art enthusiast, a music history buff or simply curious about the 1960s counterculture movement, this exhibit offers something for everyone. From its captivating visual displays to its thoughtful critique of themes like cultural appropriation and sexism, the exhibition is both a celebration of an iconic revolutionary era within American culture as well as an invitation to reflect on its complexities and contradictions.

The exhibit will run through March 31, 2025. The Portland Art Museum is open Wednesday through Sunday from 10 a.m. to 5 p.m., with extended hours on Fridays until 8 p.m. Tickets can be purchased online or at the museum. College students qualify for significantly discounted yearly memberships to the museum at \$45 yearly, and Multnomah County Library card holders can reserve 2 free tickets through the Discovery Pass program.

Recent horror film “The Substance” delivers grotesque scenes, critiques beauty standards

By ELLA R. DUNN

DIRECTED BY Coralie Fargeat, *“The Substance”* is regarded as one of the most-see movies of the year for horror fans. When I asked my friends if they were interested in seeing the movie, only the disheveled horror lovers who ended up coming with me had even heard of it. Even then, the theater was packed with people ready to “ugh” and “agh” their way through Fargeat’s 145-minute-long film.

The story felt simple yet refreshing, centered around again and societal beauty standards. It was an old classic with a terrifying twist: a dystopian miracle drug called “The Substance” is widely accessible – yet still somewhat a secret – marketed as able to make its user physically “perfect” at least every other week. The most unbelievable part was that it was offered free of charge, something you rarely see in our current national healthcare system.

The film had strong, crystal-clear messages about beauty standards, and how for people – specifically women, whom they target most heavily – might be willing to go to adhere to them. There was a heavy focus on the female form, what it means to be “perfect” – a big-white-erectile, skinny-curve standard embodied by Margot Quail (Once Upon a Time... in Hollywood) – and to be “imperfect,” simply aging, as a

as he meekly ate shrimp. The camera operators made sure to get intimate shots of the sauce on his teeth and tongue, and the sounds of his chewing and saliva echoed through the theater. To be honest, that was the most vivid scene I remember.

In my opinion, this was the best feminist movie since *Barbie*. While it

may not have the reach that *Barbie* had – body horror is not widely accessible, particularly to those not strong of stomach – it still was a great commentary on gendered society. That said, I do not think I could ever watch it again. Even for a body horror lover, or at least one who, that was too much to relate.



NORE KHALIL/THE NEW YORK TIMES

Best Special Section

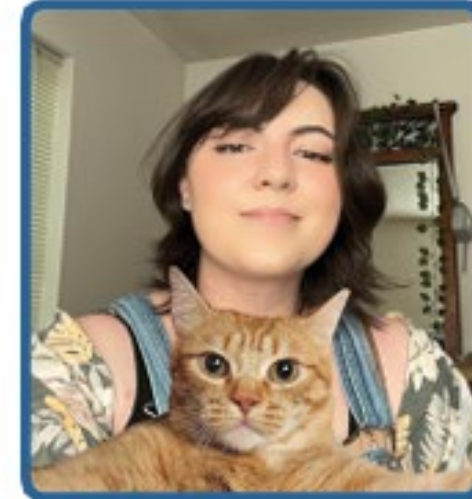
Group 3

3rd Place

The Commuter- Linn Benton CC

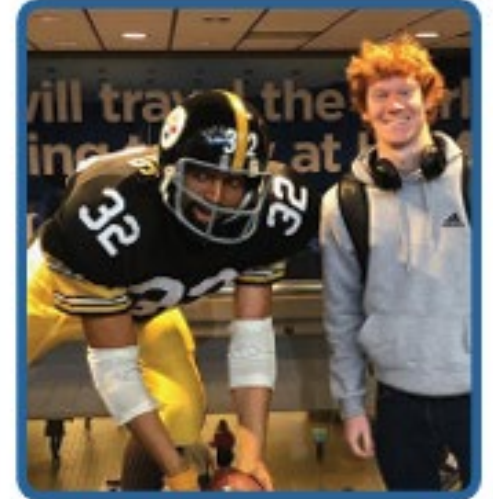
Staff

meet the team!



kailyn_mcquisten (design editor) I am a graduate of LBCC's Vis-Comm program and the running design editor for The Commuter for the past few years! Outside of The Commuter, I also work with Community Education here at LB, illustrate, game, and spend time with my partner and our two cats!

Go-to weeknight meal: Orange chicken or some katsu and rice.



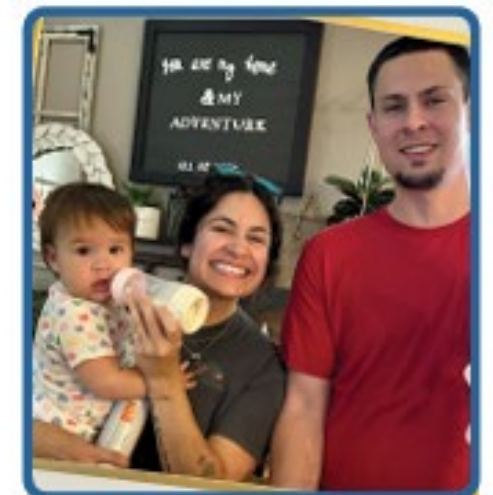
ryland_bickley (editor-in-chief) I'm a sophomore communications major with plans to finish my bachelor's at Oregon State starting next year. Outside of The Commuter, I'm a member of LBCC's Civil Discourse Program, a sportswriter for SB Nation, an amateur guitar player, and a truly horrendous gamer.

Go-to weeknight meal: Spaghetti and meat sauce.



brenda_autry (contributor) I'm an LB alumni and have been an employee here since 2016. I'm also currently working on a second degree in journalism. I love writing, photography and travel and I'm so happy to be able to contribute to The Commuter. Although I love covering things around campus and writing personal profiles of our amazing students and faculty, my favorite stories to write are definitely my travel stories.

Go-to weeknight meal: Tacos! Veggie, bean, egg, turkey, or beef. So versatile!



chris_patterson (marketing director) Hi, my name is Chris and I am at LB for the accounting program. I'm a tutor for business/accounting classes here. Also, I am a father of a 1-year-old so I am in a very family-oriented lifestyle.

Go-to weeknight meal: Teriyaki chicken.

Best Special Section

Group 3

2nd Place

The Advocate-MHCC

ANDREW HULL, STAFF



Best Special Section

Group 3

1st Place

The Advocate-MHCC

ANDREW HULL, KANE FINDERS,
STAFF



Volume 58, Issue 9 March 8, 2024
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THE ADVOCATE

FOR THE STUDENTS, BY THE STUDENTS

Rebuilding the
Columbia River
bridge

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Full-time faculty
approves contract

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'Dune: Part Two' is
a masterpiece

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2019 FIRST PLACE
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NAJE

Best Special Section

Group 2

3rd Place

The Pacific Index - Pacific Univ

Luke Whitaker

PACIFIC INDEX

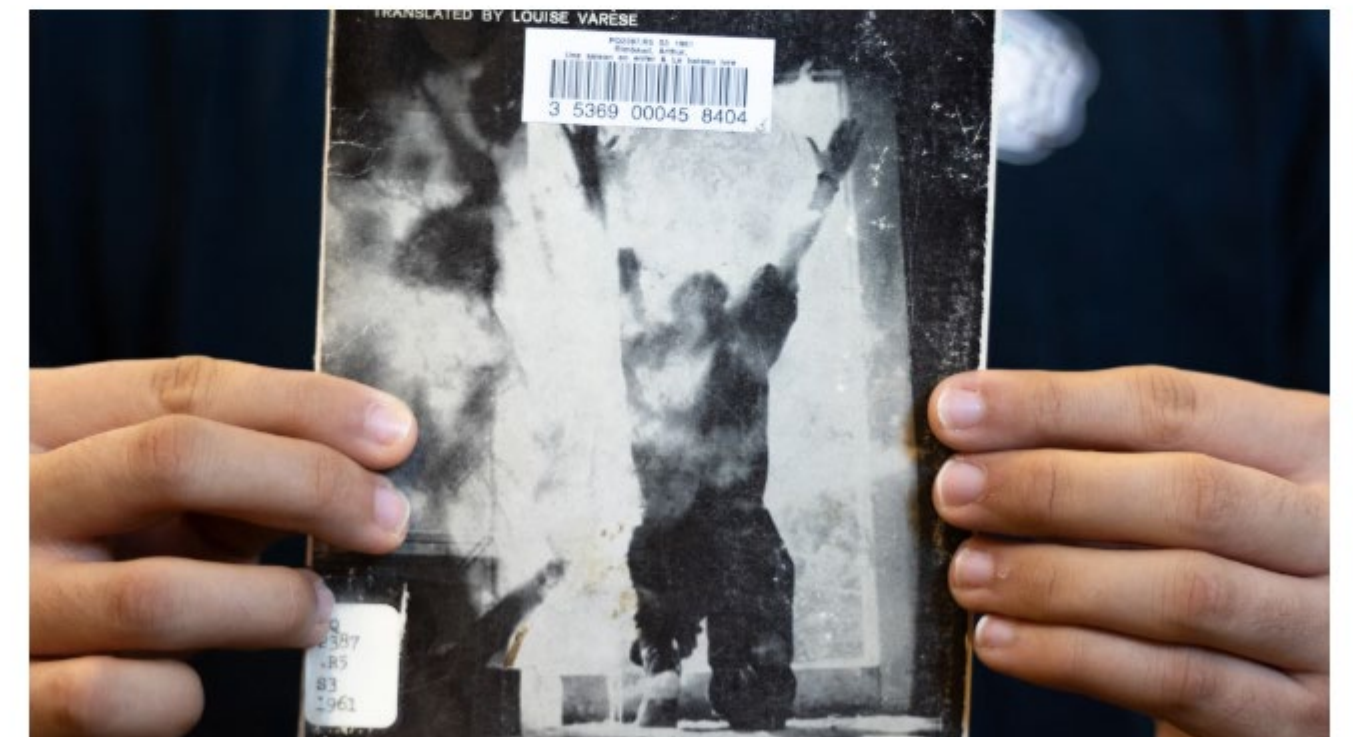
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Long Overdue Reviews, Vol. 2



Pacific Index

October 3, 2024 3 minutes



Best Special Section

Group 2

2nd Place

The Pioneer Log

Staff



Portland Police Department begins new program, first results promising

By EMMA FORD

LAST TUESDAY, the Portland Police Department announced a new Positive Action Plan, moving to "build a space for BIPOC and other marginalized identities within the justice system beyond their traditional roles," according to a spokesperson. Officers will be undergoing extensive, multi-hour training sessions during which stories, skits and roleplays will aim to increase sensitivity and community ties. During this time, phones will be prohibited but snacks will be provided. Optional participation in 4th grade field trips to historical reenactment sites are also encouraged for all.

The first evidence of this new program's effects has already been seen in recent police actions, including last Friday's early-morning clearing of the longstanding homeless encampment on Butler Boulevard (you know, the one across from Fred Meyer). Officers participating in the removal paused before the event to offer a land acknowledgment to the indigenous peoples whose lands the encampment now stands on.

"We acknowledge that the entirety of Portland is situated on indigenous land. Therefore, we would like to express our respect to the First Peoples of this land, the nine federally recognized tribes of Oregon: Burns Paiute Tribe, Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians,

Confederated Tribes of the Grand Ronde, Confederated Tribes of Siletz Indians, Confederated Tribes of the Umatilla Indian Reservation, Confederated Tribes of the Warm Springs Reservation, Coquille Indian Tribe, Cow Creek Band of the Umpqua Tribe of Indians and The Klamath Tribes," said Sergeant Noel Neumann, mispronouncing a solid half of the names. "It is important that we recognize and honor the ongoing legal and spiritual relationship between the land, plants, animals and people indigenous to this place we now call Oregon. We commit to engaging in a respectful and successful partnership as stewards of these lands."

The eight officers held a moment of silence before turning on the lights and sirens of their cruisers. Using their nightsticks, the officers beat on tents and knocked over shopping carts, wailing the blare-yed incidents and ushering them towards a paddy wagon bound for the aptly named Multnomah County Jail.

Many members of the neighborhood felt good about the city's decision to clean up the streets.



NOAH BIRKENSKY/STONE PUCKLING ART SCHOOL

"They're dangerous," said Min Mummage, the manager of the Fred Meyer. "They scare our customers with their weird and savage ways. And those ratty-ass tents are such an eyesore!"

This was not a unique event. As part of the ongoing movement toward beautification that has included the re-criminalization of narcotics and the enforcement of a dress code in most public spaces, some homeless

encampments have been relocated by police officers out of populated areas.

"Homeless people just aren't meant for a part in our society, at least not within view of the public," said a different spokesperson for the Police Department. "They don't understand our way of life, and we need to help them civilize themselves. Honestly, we in the department feel very paternalistic towards them. They are like children, in need of our guidance and our protection."

The most praise was drawn towards the police's new land acknowledgment — community members and civic action groups lauded the decision by a few progressives within the department to pay tribute to those that lived on this land before us.

"We can never forget that we live on stolen land that isn't ours," said Mummage. "To have expelled people from their land against their will, leaving them with nowhere to go — it was never right. There truly are some good cops out there, to be taking this so seriously."

Individuals relocated from their lands were not reachable for comment.

Californian retrospective, two-state solution close

By MAYA MAZOR-HOOPIEN

THIS WEEK marks 6 months since the beginning of The Conflict, the contentious military clash between two groups with historical and cultural claims to land they are increasingly unable to compromise over. You may know this conundrum by the names "California Conflict" or simply "tensions in the Middle West." In this article, and in all Seaman Scoop coverage of the proceedings as it unfolds, we have and will continue to use the phrase "The Conflict," rather than other terms, to remain as unbiased as possible.

To examine this conflict, it is important to recall the history that led to this moment. For generations, many have felt that the term "Californian" is too broad to represent the diversity of the state. For example, in "The Parent Trap," a quasi-Weimar era of Lindsey Lohan's then-untaunted acting career, fellow campers excitedly ask Lohan's character about being from California and are disappointed to find that she lives surrounded by vineyards, rather than movie stars, in Northern California's Napa Valley. Katy Perry's hit song "California Gurls" is another misleading conflation of Californian identity as tied into beach and sun. Decades of tension have finally led to this violent apilover.

The fighting began on the outskirts of Merced, where UC Berkeley-backed militia arrived silently in reasonably-priced hybrids in the dead of night. Wielding demography maps and economic regional studies, the army marched into town and began defacing buildings with "PARTITION NOW" and "BLUE STATE TRUE STATE" posters. The identity of the militants would not be uncovered until much later in the conflict, but the damage had been done. Come morning, the mayor of San Francisco issued a 10-page press release which contained neither the word "Merced" or "Berkeley" but authorized \$60 million in spending for new international trash cans in the city center.

Do you guys remember that? Seriously, the city spent like years

redesigning its trash cans. That was the problem with SF, right? That the trash cans lacked a certain sleekness? Seriously, look it up. It will be the most receptacle ever designed by committee to hold plastic water bottles full of piss. I digress.

Anyhow, the trash cans were a well-known aside word in the underground NorCal independence movement. The Left, the intelligentsia, the Scrabble players of America: trash cans. The troops gathered, and full-scale warfare had broken out all over the state by late afternoon. Fresno, Berkeleyfield, Monterey, Los Gatos, Stockton and Chico were all flooded with armed combatants.

The self-proclaimed region of the "New California Republic" in the central valley gained ground in the early weeks, but with Pacific Northwestern tie-dye money backing the Northern Army, the Central forces were quickly stamped out.

While the Northerners dug to the coast, the Southern Army made massive land gains inland, where there were literally no residents to stop them from zoning an Ewehchen.

"It's so much better than Whole Foods," said a Southern soldier.

The fighting has slowed in the past few weeks, but protests have exploded throughout the state, far from the front lines in places that have been entirely untouched by the conflict. Police have resorted to hoisting down protesters with hydrogenated oils, which is effective at dispersing the crowds but is also a violation of the Geneva Convention.

Neighboring states have been assisting in diplomatic relations, with progress being made toward a potential two-state solution. Oregon facilitated a round of negotiations on Friday in capital city Salem, which had only one venue appropriate for the occasion: the basement of Willamette University's School of Computing and Information Sciences.

"We're cautiously hopeful," said a representative for the Oregonian facilitators. "If they can decide what to do with Fresno, I think this whole thing will fall into place."

Dorm thefts proliferate, student diaries at risk

By ELI KESSLER

A SPOKESPERSON for Campus Safety said Thursday that they are on the lookout for a masked individual who has been breaking into student's rooms and stealing their diaries. Officials say this so-called "Masked Reader" has looted dozens of entries from the stolen diaries.

Campus Safety Officer Phil Pher promises they are doing everything they can to make sure no more diary entries get released.

"You should see the things these students are writing about," said Pher. "It makes me worried for these poor, clearly troubled individuals."

The Seaman Scoop has obtained exclusive access to some of the entries. After extensive debate, we have decided to release a few select entries chosen exclusively to fulfill the vendettas held by our editorial board. Please notify us if your entry appeared in this publication. We do not care, but tell us anyway.

Diary of: Ivan Humphalot

"I pictured you opening your legs for me again — your color-correcting shampoo lingers on my sheets, not just in a sheen of red dye but the sweet scent of lilacs that lingers on my lips. It haunts me, swirling in every corner. I know that you have known me, as we make eye contact and look away, once in the floss and twice in the communal baths. I watch you through the cracks in the stall as you floss, but it can never be enough. Nothing works. You flee as I start conversations, never stay to hear me compliment your fit. Do you think I'm weird for that? Because I know you know me. You love me too. Your hips would never lie."

Diary of: Ben Ditrules

"Today is Monday and I can't take it. This week is going to eat me up. I have to read five pages combined for my classes this week — at this point I have no memory of why I decided to go to school. My professor decided that a video of my interpretive vape trick routine was 'an improper and frankly baffling response' to the discussion post prompt, and told me to redo it. Fucking fascist. I'm probably going to drop out, because why should we have to do homework and assignments? It's just my parents' money; I would never pay to be here. I should at least get credit for showing up. They have no clue how important I am. Idiots. This place sucks."

Diary of: Wane Kerr

"Dear diary, things are going well with Professor Pucker and I currently have a D in class and he says he can help me get it up. I feel like a raging lion has taken over my body, making me do things no sane person would do. I mean I studied past 8 p.m.! Who even does that? He recently invited me over to his house to go over the work I have

done, and things got spicy — he cooked me sausage-stuffed jalapeño poppers. The portion was so big I could barely get it all in my mouth. He says he does this with all his students, but I am not convinced. I see the way this man walks. I know I am special. I am a changed man. Thank you Professor Pucker. You really helped me get my D up."

Diary of: Ivana Humphalot

"I pictured you opening your legs for me again — your color-correcting shampoo lingers on my sheets, not just in a sheen of red dye but the sweet scent of lilacs that lingers on my lips. It haunts me, swirling in every corner. I know that you have known me, as we make eye contact and look away, once in the floss and twice in the communal baths. I watch you through the cracks in the stall as you floss, but it can never be enough. Nothing works. You flee as I start conversations, never stay to hear me compliment your fit. Do you think I'm weird for that? Because I know you know me. You love me too. Your hips would never lie."

The train had very much already left the station, so I asked her to elaborate on what exactly is so hard about the day, seeing as "Any idiot can count, right?" I thought this was very clever of me.

"It's these kids, man. It used to be that they all showed up around 7:20, just during the closing rush," said Pacer. "I think their bus changed its route or something, because now they're here at 5-something every week night. I have to watch them try not to accidentally take out their false IDs for the last 3 hours of my shift. And I'm no cop! But it's exhausting."

At this, I gave her a business card Campus Living contractually requires me to carry at all times that has the phone number of a suicide hotline, a gender specialist and an Adderall addiction therapist. I wished her well and thanked her for her time.

So where does this leave us? Looks like Adderall will not be in stock anytime soon, but remember, recovery takes time. Also, when you are on the record, you are ON the record, folks! Watch any TV show. Reporters are almost as bad as dentists on the silver screen, except we get to wear your under clothes. We truly can not be trusted. Support student journalists!

Proud pill distributor reveals all

By MAYA MAZOR-HOOPIEN

HERE AT The Seaman Scoop, we prioritize stories that matter. We take careful consideration when deciding what to cover, and spend hours upon hours carefully constructing each piece. As student journalists, we seek to serve our community by answering the questions that are on its mind. Today, we answer a question that has been on the minds of all Lewis & Clark students. What the fuck is going on at the Fred Meyer pharmacy?

Valentine's research and on-campus interviews proved inadequate to get to the bottom of this difficult question. I pulled on my Seaman's Scoop t-shirt (Venmo @mayamzhor to get one! They are super cute, I promise!) and ventured off the hill to crack this case.

Jackie Palco is the Chief Pharmacist at Fred Meyer on Barber Boulevard, and generously agreed to answer a few of my questions when I caught her on a smoke break. She has been a licensed pharmacist for over two decades, and has seen some change in her field since she started working.

"When I first started hookin' pills, I thought it would be the easiest gig in the world," said Palco. "Any idiot can count, right? So I figured, how hard could it be? I used to really feel like I was helping people, y'know? Heart medicine, insulin, really important stuff. Twenty-something years later, and every day it's just Adderall, Prozac, Adderall, Prozac, Adderall, Zoloft, Adderall, Testosterone gel, Klonopin, Adderall. Kids these days."

This response was especially interesting to me, because as everyone knows, the Fred Meyer on Barber has been out of Adderall since 2021. I asked her about this, curious as to why I have to drive to Tigard once a month.

"Oh, you noticed that? Huh," said Palco, trailing off.

"Can I tell you something off the record?" she asked, still very much on the record.

"You're actually on the—" I tried to clarify, but she cut me off.

"I have this... problem. It's not a problem, really," she said. "I just fuckin' LOVE snorting Adderall. Have you snorted Adderall before? It's awesome to snort Adderall. There's so much of it I figured no one would notice. We still have tons to give out, I swear. It just helps get me through the day, really."

The train had very much already left the station, so I asked her to elaborate on what exactly is so hard about the day, seeing as "Any idiot can count, right?" I thought this was very clever of me.

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LAST MEAL/VE VISUAL COURTESY OF EMMA FORD

Best Special Section

Group 2

1st Place

Vanguard - PSU

Staff



PORTLAND STATE VANGUARD

VOLUME 78 • ISSUE 32 • MAY 20, 2024



Best Headline Writing

Group 3

3rd Place

The Advocate-MHCC

staff

NOVEMBER 15, 2024

ARTS AND ENTERTAINMENT **A**

INSIDE 'THE MEMO': A GLIMPSE BEHIND THE ABSURDIST COMEDY

Dina Ibrahim
The Advocate

As the holiday season approaches, the MHCC Theatre Department is wrapping up preparations for an engaging production of "The Memo," an absurdist comedy by Václav Havel that critiques bureaucracy, communication, and the craziness of corporate life.

This play is not only a satire about the challenges of a fictional language called Pydepe, but also a sharp commentary on how bureaucracy can dehumanize people – written by Havel, a dissident, poet and playwright who became president of Czechoslovakia, then the newly formed Czech Republic.

I had the opportunity to chat with two of the actors from the play, Joseph Sauer and Dorian Higuera, to learn more about their roles and the rehearsal process. Here's a peek into what goes on behind the scenes.

WHAT IS THE MEMO ABOUT?

At its core, The Memo tells the story of Gross, a company director, who must navigate an increasingly absurd situation when he receives a memo written in a new artificial language called Pydepe.

Created to streamline communication, the language only ends up making everything more complicated. Gross has to try to get the memo translated, but every step of the way, he encounters ridiculous layers of bureaucracy that prevent him from getting answers.

Sauer, who plays Ken Moocha, a bureaucratic figure at the company, explained that the play explores how bureaucracy can get out of hand.

"It's an anti-authoritarian piece that shows the absurdity of overcomplicated systems," Sauer said. "Sometimes, things get so detailed and rigid that they stop us from actually getting anything done."

Higuera plays the lead role of Gross and shared that the play is definitely a critique of authoritarianism.

"It's a commentary on how language can be manipulated to control people, and how bureaucratic systems can strip away the humanity of individuals," he said.

THE CHALLENGE OF PLAYING ABSURD CHARACTERS

Both Sauer and Higuera faced unique challenges while preparing for their roles.

The latter's character, Gross, is constantly thrown into absurd situations as he tries to make sense of the memo. The actor

SHOWTIMES

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7-9PM

described the experience as both difficult and fun.

"The hardest part for me was learning to move freely on stage," Higuera said, laughing. "I'm used to staying in one spot, but this play requires a lot of movement. It's also my first staged reading, so there's a bit of adjusting to do. But I'm really enjoying the process."

Sauer, who plays Moocha, the head of the company's translation department, says his character is a bit of a "bad guy" in the play.

"Ken is part of the system that keeps everything complicated. My character gets in the way of the main character, Gross, trying to get the memo translated," Sauer said. "It's easy to find funny moments because Ken is kind of a villain in a comedic way." Both actors mentioned that while the play is a staged reading, they are still working on blocking, costumes, and trying to make the characters feel real. Sauer noted that a lot of his preparation happens in the moment.

"The context of the scene is what helps me figure out how to play the character. I think of how to make him natural, funny, and believable in each moment," Sauer said.

RELATING TO THE PLAY'S MESSAGE

One of the things that makes The Memo so powerful is how relevant its message still feels today. Higuera said the play's absurd critique of bureaucracy is something that many people can relate to.

"I've personally experienced how frustrating bureaucracy

can be, especially when it comes to things like healthcare. It's so easy to get lost in all the paperwork and red tape, just like Gross does in the play," he said.

Sauer also sees a connection between the play and current events. "The way bureaucracy can prevent people from getting things done – whether it's in politics, business, or just in everyday life – is something we all understand," he said.

MEMORABLE MOMENTS FROM REHEARSALS

Despite the serious themes, rehearsals have been full of laughter and surprises. The actors recalled moments that brought the cast closer together.

One particularly funny moment happened during a scene where Higuera's character, Gross, is trying to get the memo translated. "I was so unprepared for a line, I just blurted out a very abrupt 'F***!' It caught everyone off guard and made the whole cast crack up. We all had to take a moment to recover before we could continue," he said.

Sauer also experienced some lighthearted moments.

"The rehearsals have been a lot of fun," he said. "We have a great cast, and our director, Zach Hartley, has done an amazing job guiding us. It's a real team effort, and I think it's making the play even more enjoyable."

A Personal Connection to Theatre For Higuera, The Memo is a return to theatre, after several years away.

"I stopped doing theatre for a while because of the bigotry and favoritism I faced in the industry," he shared. "But this production has been a breath of fresh air. I'm working with a cast and crew that's so welcoming and supportive. It's been a huge personal victory for me to get a role like this."

Sauer echoed Dorian's sentiments, emphasizing how important it is to work in an environment where everyone feels respected. "The cast really supports each other, and that's what makes this experience so special," he said.

WHY YOU SHOULD SEE THE MEMO

With its sharp satire, witty dialogue, and absurd situations, the play is more than just a comedy, it's a critique of systems that try to control communication and make life more difficult for people. Both actors are excited for the audience to experience the humor and the message.

"I hope people enjoy the show and laugh, but I also want them to think about the systems we live in and how they affect our daily lives," said Higuera. Sauer agreed, adding, "The play is funny, but it also has something important to say about bureaucracy and authority. It's definitely worth seeing."

'STONE SOUP': A SAVORY PRODUCTION

Angelique Cervantes
The Advocate

If you ever enjoyed the story of a hungry vagabond uniting a small village over a pot of stone soup, this play is for you.

Aliha Christiansen teaches children in grades 3 through 5. Several years ago, she had written a "Stone Soup" play for her students. But it wasn't until early summer of this year when the Theatre Department at MHCC was deciding what subject to develop that her mini-play would become a full-fledged pro-

duction –with a final College Theatre showing at 10:30 a.m. on Nov. 15.

Christiansen is a part-time instructor with the Mt. Hood Theatre program. The idea for the Stone Soup play came to her when it was decided that the story of Sisyphus rolling his stone uphill would possibly be the theme. The department needed material for the annual, autumn children's program as well.

Rolling stone – stone – Stone Soup! Thus the play came about.

The play's story is of a village of hungry people and their children. Each family has

the same soup every night, which the children complain about. One family has potato soup, another family has carrot soup, and so on. The stranger comes to town and through a series of events that include a talking dog and yelling parents, the town finally is tricked into donating ingredients to a pot of soup being cooked in the town square. With their bellies full, the townspeople begin to play music and dance. Joy has come to a previously untrusting and hungry village.

As the narrators talk, they take the time to define larger terms for the children in the au-

dience. Humor is sprinkled throughout. At the end of the play, a Q-and-A session allowed audience members to ask about the production and what is involved in each development, allowing for the introduction of background technicians to be highlighted.

The significance of the lesson of this age-old tale is not lost on Christiansen: People need community, and community needs people.

It is an important lesson for the young ones watching the play, and perhaps an even more important one for the adults.

Best Headline Writing

Group 3

2nd Place

The Clackamas Print

Staff



Best Headline Writing

Group 3

1st Place

The Clackamas Print

Staff


The Clackamas Print

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Fire Season blazes a new trail

May 25, 2024 / [Eva King](#) / Comments Off

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The cast of "Fire Season" gives their final bow. Photo By Evan Tichenor.

By [Eva King](#)
Arts and Culture Editor

"Fire Season" is spring term's Clackamas Community College theater production, and it's by far one of the most unique I've seen. Over the course of winter term 2024, eight students worked together to create stories relating to the theme of fire. Now, in the last half of spring term, the actors are bringing the script to life.

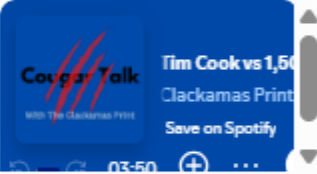
I had the opportunity to see the play for myself, and the actors really set the stage ablaze. The story follows an assortment of people, ranging from young to old, but they all share one thing in common. All of them were affected by various wildfires in the Oregon area.

Their stories are told in short vignettes, where we see the struggles they face and the way the fires affect their lives, both metaphorical and literal.

Jessie Jo Guttridge wrote four of these vignettes, under the title "Oregon Ouroboros." Each of them reflect a different wildfire that happened in the Oregon area over the years of 1902, 2014, 2020, and 2022. She also wrote "Paper Stars," which serves as an epilogue for the entire play.

Other vignettes include "Untitled" by Aidan Colvin, "Mind Inferno" by Daniel Edgren, "Spewing Fire" by Alyssa Colvin, "Flint and Stone" by Michael Meyers, "Flaming Memory" by Carina Cooper, and "Meeting Constituents" by Miranda James.

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Best Headline Writing

Group 2

3rd Place

The Pacific Index - Pacific Univ

Grace Bland

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Just Add Actors!



Pacific Index

September 20, 2024 3 minutes



Best Headline Writing

Group 2

2nd Place

Vanguard - PSU

Alyssa Anderson

Hot mess at Washington Park

When an innocent hike devolves into chaos

ALYSSA ANDERSON

IT WAS HOT, LIKE 100°F-in-the-depths-of-Hell hot. My weather app estimated the temperature to be 94°F, with a severe air quality warning.

Anyet, I decided this was the perfect day to go on an uphill hike armed with only one dwindling bottle of water, a few slices of pineapple from Safeway, and a \$2 joint I got on sale at my neighborhood dispensary.

If I had used my critical thinking skills, I would have just stayed home and watched old episodes of *W&A Grace* as God himself intended. But, alas, there I was comically ill-prepared and wheezing as I ventured onwards and upwards through the depths of Washington Park, my thirst growing stronger with each step. I had, regrettably, drunk most of my water on the train there.

The smoke was getting thicker the closer I got to the hill's apex, yet I refused to turn back. In fact, it didn't even cross my mind to turn around—at least not for a while. Perhaps it was pride, or perhaps it was the fact that I spent \$1.25 of my discounted Trillium fare to get there, and I couldn't bear letting my hard-earned money go to waste, but I refused to give up no matter how dizzy and disoriented I became.

This horrific journey of mine took place towards the end of last summer, when temperatures were reaching record-breaking highs most days of the week, and wild fire smoke clouded the skies more often than not.

A few weeks before this incident, I had awoken with a start only to find that I was suffering a pretty intense heart stroke—my skin beet red, breaths shallow, feeling as though my blood were boiling.

According to Google, I could have died that day. I spent the remainder of that day in the air-conditioned lobby of my building, staring into space and wondering if my brain had melted beyond repair.

It certainly felt like it.

You would think this experience would have inspired me to take more caution in the blazing summer heat, but no. Some people never truly learn from their mistakes. I like to think that my recently-boiled brain allowed my judgment to falter, resulting in the terrible ordeal I found myself in at the park. But I know I have no one but myself to blame for my foolish behavior.

Despite my ever-increasing panic, up and up I went, using all my energy to focus on the true-crime podcast I was listening to—one about murdered sex workers in Canada—that did nothing to quell my steadily-increasing anxiety.

At some point, I stumbled, catching myself seconds before I would have plummeted into a deep, rock-filled ravine.

The park was empty, since everyone else in the Portland area had enough sense to stay home that day. I shuddered, thinking about how long it would have taken for someone to find me had I fallen, and only then did I decide to turn around.

Dismissing of the ice cream cone I decided to treat myself to once I reached civilization, I finally ventured back down the desolate, smoky hillside. I told myself I would never tell a soul about this day, about how I nearly succumbed to smoke inhalation or heat exhaustion on a simple hike in a city park.

And yet, here I am writing about it for all to see. Perhaps that heat stroke did melt my brain after all, melting my sense of shame away forever.

That night, after gobbling down two-for-one ice cream cones from the corner store in my neighborhood, I took a cold shower and tucked myself into bed to watch several hours of *W&A Grace* with multiple fans pointed at me.

"This is where I belong," I said to myself. "Going outside is overrated."



Best Headline Writing

Group 2

1st Place

Vanguard - PSU

Anish Arumugam

GALACTIC CANNIBALISM

THE TRUTH ABOUT THE MILKY WAY MIGHT BE DARKER THAN SPACE

ANISH ARUMUGAM

IMAGINE A UNIVERSE WHERE GALAXIES—the colossal islands of stars numbering in trillions—are not just majestic neighbors but are also ravenous predators. This is the reality of galactic cannibalism, a process where a larger galaxy gravitationally rips apart and absorbs a smaller one, forever altering the celestial landscape.

One of the most significant mysteries in astronomy is the process of galaxy formation. The hierarchical merger model of galaxy creation is one way researchers explain how galaxies form. According to this model, when galaxies of the same size crash into each other, they join together.

However, unlike when two galaxies of the same size merge to form a new galaxy, we have seen something very interesting when different-sized galaxies collide.

It has been found that the bigger galaxy will “eat” or “cannibalize” the smaller one. The big galaxy will tear the small galaxy apart, taking in all of its stars, dark matter and energy and leaving behind a trail of stardust. This strange kind of cannibalism is quite common across the universe.

Jim Todd—the Director of Space Science Education at the Oregon Museum of Science and Industry and a Portland State alumni—explained how galactic cannibalism “is a common occurrence in the 13.8-billion-year history of our universe.”

“Galaxies, bound by gravity’s invisible strings, are constantly on the move,” Todd said. “When two galaxies get too close, the larger one’s immense gravitational pull begins to steal gas, dust and even stars from the smaller one, slowly devouring it over millions or even billions of years. This process can trigger bursts of star formation as the stolen material gets compressed, creating a cosmic firework display.”

Our own galaxy, the Milky Way, is no stranger to this galactic cannibalism. “Our Milky Way is currently consuming the Magellanic Clouds that are close to us, both the small and larger clouds,” said William Hackmore, PSU Alumnus and Planetarium Director and Astronomy Instructor at Mt. Hood Community College. The streams of gas and dust linking us to these celestial morsels are a testament to this ongoing galactic feast.

However, what happens to the galaxies involved in this cosmic clash? Kevin Davis, Planetarium Manager at Eugene Science Center, explained how “the larger galaxy usually retains its dominant structure, while the smaller one gets torn apart and its stars become part of the bigger galaxy’s body.” This galactic digestion also reshapes the larger galaxy, transforming a majestic spiral galaxy such as ours into a more elliptical one.

Understanding galactic cannibalism is an ongoing quest for astronomers. With advancements in technology, our ability to peer into the depths of space is constantly improving.

Telescopes, such as Hubble and the newly-



launched James Webb Space Telescope, provide unprecedented views of galaxies undergoing this cosmic ballet. As Davis highlighted, these observations reveal evidence of binary black hole mergers, further solidifying our understanding of these galactic collisions.

NGC 479 is a galaxy showcasing the characteristics of galactic cannibalism with its distinctly shell-like appearance. Todd mentioned the captivating Tadpole Galaxy, visible through the lens of the Hubble telescope, exemplifies the slow-motion dance of galactic cannibalism played out over millions of years.

“But you have to keep in mind, this is a very different timescale than what we [are on] are as humans,” Todd said. “We live by the minutes and the hours. These galaxy collisions occurred over millions and billions of years. It’s super slow-mo, but it’s happening.”

Two smaller galaxies, called Sagittarius Dwarf and Canis Major Dwarf, were shredded by the Milky Way galaxy. “It’s really torn apart,” Todd said. “There’s really nothing really left of these galaxies, but we see them in the background in the recent discovery.”

We know this because they’re moving in a different direction than the Milky Way. “They’re a different age, different makeup,” Todd said. “However, mainly their motion is going in a different direction than we are.”

The study of galactic cannibalism is not just about understanding the past, it also holds clues about our future. The Milky Way is on a collision course with the Andromeda galaxy, another galactic behemoth. Though this celestial head-on won’t occur for another five billion years, it serves as a stark reminder of our universe’s dynamic—and sometimes violent—nature.

Don’t lose any sleep, joked Todd. “It’s just that we’re basically going to pass through each other,” he said. “But we’re going to do a slow dance around each other. At that point, the sun will be gone. The solar system will be gone. There’s nothing left for us to watch at that time period. That’s a scary thought, but that’s the way the universe works.” The halo of the two galaxies has already merged now, but they’re so transparent that we can’t see the boundary.

The fascinating thing about galactic cannibalism is that it is a rich ground for new stars being born. What’s often referred to as starburst galaxies is all that dust, gas and material in the galaxies running into each other are being compressed by the shockwaves. The observations by Chandra—an X-ray observatory by NASA—are playing an important role in understanding starburst galaxies.

“Forget the image of stars gracefully orbiting around a galactic center. Instead, picture the arms of a spiral galaxy as a standing wave,

a traffic jam of cosmic material constantly stirred by exploding stars [or supernovae].” Hackmore said. “These shockwaves compress dust and gas, triggering bursts of new star formation within the arms.”

While stars and gas move within the galaxy, they aren’t actually traveling along the arms. “Think of it like cars navigating a traffic jam,” Hackmore said. “They’re not going anywhere fast, but the jam itself isn’t moving either.”

“Another common misconception [is] our Milky Way’s appearance,” Hackmore said. “Since we’re inside it, we don’t have a direct picture,” he said. “Those textbook images are actually educated guesses, based on other galaxies and our own internal mapping. It would take hundreds of thousands of years to capture a true image from far enough away.”

As we continue to explore the cosmos, galactic cannibalism remains a captivating area of research, filled with unanswered questions and hidden secrets. As galaxies devour other galaxies, the matter they accrue allows them to forge new stars. So basically, everything we are is due to an ancient act of galactic cannibalism. So, the next time you gaze up at the night sky, remember that the serene beauty you witness may be hiding a tale of conquest—a cosmic dance where galaxies rise and fall, devoured by their grander neighbors. ■

Best Writing

Group 3

3rd Place

The Commuter- Linn Benton CC

Ryland Bickley

ROLLING WITH THE *PUNCHES*

words by **RYLAND BICKLEY**
photos by **SARAH ROSE LARSON**

It should've been a highlight. In a Feb. 7 women's basketball game against Southwestern Oregon, Linn-Benton sophomore Muriel Jones-Hoisington stole the ball in the last minute of a tight first quarter and broke away towards the other side of the court. As she drove into contact near the basket, she suddenly collapsed. A dead silence fell over the home crowd in Albany.

"I was going in for a layup, it was a fast break," explained Jones-Hoisington. "I was trying to go in for contact, and while I was trying to do that, my knee just buckled and it felt like it was touching my other knee... then I heard a loud pop and I was down for the count."

The knee injury marked the last play of Jones-Hoisington's Linn-Benton career. It wasn't the way the sophomore point guard wanted to end her time as a Roadrunner. "It was definitely tough, because at that moment you just know something's not good," said Jones-Hoisington. "Just because this is my first major injury... So you know, it was hard for the first couple of weeks. I was very much in denial. I was like, you know, I'm not hurt, like what?" she laughed.

Jones-Hoisington gave her interview while standing despite a large brace on her injured knee and two crutches. A few minutes before, she had been trying to convince her trainer that she'd be able to drive again in a week, a claim he got a good laugh from. As a competitor, Jones-Hoisington admitted that it was difficult dealing with the injury news.

"You have that optimistic [feeling] like, no, maybe it just tweaked it really bad. And then when you get the MRIs back that's when it sets in," she said. Her path to recovery hasn't been easy – Jones-Hoisington learned that her injury was season-ending on the same day as a Linn-Benton away game, and she added that physical therapy can be "mentally exhausting" at times. "It's really sore... you're like, 'why won't my quad flex?' or 'why can my knee not bend?'"

Still, Jones-Hoisington continued to support her team

despite the injury, starting on the night it occurred. "I came out after I calmed myself down and [put ice on my leg] and walked to the bench to watch my teammates finish out the game," she said. The Beaks needed every bit of support they could that night, emerging with a 52-51 victory over the Lakers.

"Muriel has been a very important member of our women's basketball program over the last two years," said head coach Leslie Reinecker. "She was an impact player on the floor as our point guard and a valuable member off the court as well... Despite the personal challenges she has faced this season through injury, Muriel has handled it with class and remained supportive of her teammates by assuming a different team role. She is well-respected by all who know her and will continue her success in her next phase because of how she approaches things and how she interacts with others."

A two-year starter for the Beaks, Jones-Hoisington was a top scorer for Linn-Benton in both her freshman and sophomore seasons. "It's been amazing. I feel like my whole basketball career I've always been a leader, as a point guard especially," she said. "But this year, it's been a lot... I am the sophomore now and the point guard – it was definitely a bigger role that I had to step up to. And it was amazing. The girls were amazing to play with. It was really easy to tell them how to fix certain problems that were going through the game and just being able to fluidly work with them."

Jones-Hoisington's leadership remained strong despite her injury. But the team still clearly missed having one of their top players on the court. Linn-Benton left the Activities Center on February 7 with a 12-5 record, hoping to make a late-season playoff push. However, they finished the year 16-10, missing the postseason. After a Sweet 16 appearance and a 21-7 record the year before, it was a disappointing end to the season for the Beaks. To make matters worse, Jones-

Hoisington's

injury was a major blow to what was already a small sophomore class on the women's team in 2024.

"That was really tough," said Jones-Hoisington. "I feel like on our part, that's what we've been battling all year. You have a lot of freshmen coming in, and it's definitely a different game, from high school ball to college ball... you have some people stepping up that have never really had to step up."

"It was difficult but I think we still persevered. Trying to have fun with it, just trying to push through trying to end our season," she said.

Reinecker added that losing Jones-Hoisington was difficult for the team in more ways than one. "Obviously, losing her for the season had an impact on how the team played and altered some things on the court... But, the biggest impact I believe came from her teammates' concern for her well-being. It is a difficult thing to watch a friend go through something like this and not be able to do anything about it, but I think both Muriel and the team handled things in the best way possible."

Although the season didn't end in the playoff spot the Roadrunner women were hoping for, Jones-Hoisington, along with four other departing sophomores in Brooklynn Walters, Laney Snelling, Hallie Romig, and Cienna Hartle, helped lead Linn-Benton to two consecutive winning seasons and plenty of great memories on and off the court. For Jones-Hoisington, her next stop will be Warner Pacific University in Portland, where she intends to join their nursing program and take a redshirt year before playing healthy again in the 2025-26 season.

"I think this sophomore class is

made up of some wonderful people that we were happy also played basketball," said Reinecker. "Overall, this team had good chemistry and became friends off the court... I believe these sophomores are going to be successful in all of their next moves and I'm excited to see what they have planned in the future."

It takes a deep breath or two mid-sentence to read off the full list of T.J. Zimmermann's career accolades at Linn-Benton. The sophomore forward on the men's basketball team was named first-team all-NWAC South in 2023 and 2024, a junior college All-American, the NWAC Freshman of the Year, as well as the second all-time leading scorer in school history.

However, his road to get there wasn't as linear as you might expect.

"To be honest, going into [playing basketball at Linn-Benton], I didn't really know what things were going to look like for me having not



Best Writing

Group 3

2nd Place

The Advocate-MHCC

Cortlan Souders

OCTOBER 4, 2024

FEATURES



SUMMER REFLECTIONS



Ken Perez
The Advocate

Sure, education is pain, but it is not as excruciating as carrying a 500-pound piano up three flights of stairs while it is 108 degrees outside. Also, you must carry it with some dude with jail tattoos, who is calling you a bitch the whole time.

Regardless, this summer was honestly one of the best summers I have ever had in my life. I scrambled and got the first job I could find. I ended up driving to a warehouse every morning to meet up with a bunch of twenty dudes, get in a box truck and do some very serious

heavy lifting.

I honestly lucked out and was part of a great moving company. It was a great change of pace. No emails, no syllables, no group projects with disinterested classmates, and no GPAs. All the moving company required of me was to show up on time every morning, lift heavy furniture and boxes, and STFU. It was like a brain vacation all summer long. I needed it. All I had to do was lift heavy things, listen to music with the homies and be nice to the customers so they tipped us better. I got to shed some college baby fat and build some muscle.

Meeting the moving crew was awesome because I got the opportunity to be around a lot of gripping individuals. I got to be around ex-gang bangers, guys that liked to drift cars, a guy looking to join the Marines and some dudes who worked 60 hours a week just to feed their kids at home.

That was a strange position for me to be in. I honestly thought I would hate working as a mover over the summer, and I thought I would hate the other movers even more.

I was dead wrong, and I am happy I was! The crew I worked with really saw I was trying to bust ass and keep myself

above water so I could come back to school this fall. They supported me and taught me moving techniques so I could be successful.

I got to go on a rafting trip where I caught my first trout!! I literally got to go to Arizona, a part of the country I had never seen before. I was even gifted with an awesome dog, a Yorkshire terrier mix, who I now get to chill with every day!

"Moving is a mental game; if you want today to be the worst day of your life, then it can be."

- some guy named Mike

With a rake, hedge clippers, wheelbarrow, and a struggling electric chainsaw, I found tranquility.

Having nearly four months of summer ahead of me before the start of Fall Term, I debated countless ways to spend my time this summer.

Despite the ample amount of time spent hanging with friends, shopping, and traveling, my anxiety remained at a record high. I had so much time to myself with my brain on full force, ready to sabotage my recent accomplishments and future goals. I felt useless, like I was unable to achieve anything, and I needed something to relieve my anxiety and stress quickly before things got worse.

It was then I re-

membered that I planned to work on and renovate an old, overgrown garden my grandmother used to tend. Working outside has always lifted my mood and cheered me up, so giving myself a project to focus on over the summer could mitigate the tricks my brain played on me. So, I slapped on my gloves, snatched up my tools, and went to work on the old garden.

The space I was going to work in isn't that large at all. But black berry bushes loomed across the tiny shed that was now partially engulfed by the prickly beast. Gnarled tree branches twisted back into the ground, along with many of the trees themselves being rotten from the core. The area was so overgrown that no amount of sunlight could penetrate.

My grandmother's once pride-and-

joy was now a perfect backdrop for a post-apocalyptic movie, where plants had taken over the planet vigorously. This project was going to take a lot of blood, sweat, tears, and many hours of pedicasts to accomplish. It was perfect.

I went right to work. I started first with all the hanging branches that were touching the ground, and was able to chop down some of the smaller dead trees. I then brought out the lawn mower and shredded all the pesky ground-cover that was riddled across the dirt. After I could see what I was stepping on, I went to work on saving all the plants my grandma planted decades ago that were still there. Hacking out the vile thorns and weeds to reveal beautiful rhododendrons and roses brought immense joy to me.

Chuckling logs, raking 7-foot piles

of debris, and wheelbarrowing it all onto our growing fire pit allowed so much stress and anxiety to blow away. Getting dirty and breaking a sweat from good clean work was so liberating.

All these weeks at the garden gave me a chance to take a breather on life and allowed me to set things straight in my mind. This discovered passion gave me a sense of purpose to bring back the image my grandmother had all this time of her garden. There's still a lot of work to be done, but being able to see everything so clearly now is encouraging. I plan to maintain the garden, and hopefully restore the beauty it had so many years ago when my grandmother cared for it.



Cortlan Souders
The Advocate



Hannah Chalmers
The Advocate

It's hard to believe Brit Girl Summer has come to an end and Feral Girl Fall is in full effect, but I digress!

Experiencing "summer break" as a full-grown adult has been a surreal experience. I had grown accustomed to the grind of working year-round, without much time to pause and reflect on my life.

A few months before summer break, my partner and I separated, so aside from a handful of interesting dating experiences (a sto-

ry for another time, perhaps) I spent a significant portion of this break alone.

Having the opportunity and space to do a LOT of reflecting and contemplating this summer was both challenging and empowering. A lot of epiphanies were had, and an uncomfortable amount of necessary personal growth took place.

I'm grateful I had the support and flexibility to stay at home with my daughter for most of it, too. Part of me misses the consistency of year-round work, but being able to make my day up as I go

along is a luxury I'd certainly enjoy more of. My mindset of needing to Girl-Boo my way to the sun was challenged, and I discovered a softer, slower side of myself that I quite enjoy.

Back in school once again, I'm excited to see what the rest of this year has in store for me! My dreams of pursuing a creative career remain unwavering – perhaps I am just reframing my ap- preh-

This summer, I had planned to enjoy some time free from schoolwork, but when one of my art pieces came out of the raku kiln looking much differently than I had planned, I was inspired to learn glazing. I abruptly enrolled in a ceramics course, a week or so before the end of Spring Term.

This course was far more satisfying than I ever expected. I successfully completed 45 pieces. Some could be classified as excellent; many are obviously "my first works" and

showcase how much I learned over the 10 weeks. We all start somewhere!

My Mt. Hood instructor, Natalie Warrens is a skilled and knowledgeable teacher who is a successful artist in the community. She loves what she does and the joy she gets from the process of creating is infectious. She would offhandedly mention some aspect of the ceramics craft, frequently related to the curious alchemy behind glazing and firing, which would inspire me to say "Ooohhh... I want a class on that!"

The ceramics program here at

MHCC has a great reputation. It's not uncommon to find students have come from far away to study with our instructors. This results in many of the courses being full, with long waiting lists, and so they can be challenging to get into during the "regular" school year.

In taking the summer course, I felt less pressure, due to fewer people being around on campus. Additionally, with the long daylight hours it felt quite relaxing and I still had plenty of time to go out and enjoy other summer activities.

As a recovering stress-alcoholic, I also took advantage of the mental health counseling available to MHCC students. The process helped me to recognize that all the pressure I experienced around performance was internal, and I could let it go as patterns no longer helpful for my life experience.

All in all, it was such a good experience for me that I may be taking summer art courses for many years to come.



S. Cousins
The Advocate

Best Writing

Group 3

1st Place

The Advocate-MHCC

Tony Acker

FEBRUARY 9, 2024

NEWS



OPINION: PORTLAND SLIPS UP WITH STORM RESPONSE

Tony Acker
The Advocate

As we all struggled through the bitter cold weather during the blizzard that walloped Portland, Oregon from Jan. 13 through the weekend and well into the following week, some of our neighbors weren't so lucky.

For those who don't even have four walls and a roof over them to fight off the wind, snow, cold, and wet it was especially brutal. Those who had to venture outside of their homes for work or travel faced tremendous peril. What we know now is that in all, 11 lives were lost during the maelstrom of ice and gnawing temperatures well below freezing. And while some of the tragedy was beyond control, the city of Portland's response to the blizzard was frankly shameful regarding those most vulnerable to the storm.

At least four individuals died of hypothermia during the storm's initial blast in Portland, official records show.

Portland officials had devised a shoddy plan to assist in the aftermath of a bitter storm, despite past winters proving that we need better preparations. Warming shelters and street outreach crews were implemented with limitations to mitigate the occurrence of winter.

Ahead of the storm, on Jan. 8, city officials made strict agreements on contingency plans that limited the city's ability to accommodate enough people through shelters in buildings or temporary housing. Portland officials stipulated that the city would only provide city buildings as shelters on the agreement that Multnomah County would hire security guards:



Photo: Jenny Kane, AP

no guards, no shelters.

By Wednesday, Jan. 17, most of the arranged 10 warming shelters that were

"IN THE DEAD OF WINTER, THE CITY OF ROSES SEEMS TO LOSE ITS PETALS, AND TRUTH BARES ITS THORNS."

open, whose capacity was set to care for 340 individuals, were shuttered and our houseless neighbors were swept into the cold. Meantime, Clackamas County shel-

ters stayed open to accommodate as many of our community members as possible through the bitter storm, as well as emergency shelters in other nearby counties.

Transportation plans to assist people in need were also canceled by the city, abandoning the most desperate to navigate the icy chaos in hopes of surviving the cold on their own. In the dead of winter, the City of Roses seems to lose its petals, and truth bares its thorns.

How will Portland officials, such as the mayor and city council members, be held accountable for the loss of life during the storm? How will they prepare the city and its population for the next storm? And how can we, personally, do better for our neighbors?



METRO STORM FATALITIES, HEROICS

Tony Acker
The Advocate

The storm took a steep toll in and around Portland, whether people were houseless, or not. At the end of the initial windstorm Jan. 13, three people had already perished. In Lake Oswego high winds caused a tree to fall on a house, killing an elderly gentleman. In Southeast Portland, one person was killed and two others escaped with injuries when a tree fell on an RV, bringing down powerlines that caused a fire that quickly engulfed the vehicle.

Perhaps the most heartbreaking loss and trauma happened after a second blast of freezing rain days later.

On Jan. 17, near Northeast 112nd Avenue and Siskiyou Street, an electric power line was brought down by a fallen tree limb onto an SUV a family had just loaded into, sending sparks and flames. In a panic, a young mother, her boyfriend and brother slipped on ice and made contact with the downed wire and were electrocuted.

A young neighbor who witnessed the incident, Majiah Washington, 18, called 911 but then rushed to pull the dead mother's 9-month-old son to safety. She was lauded as a hero, after a news conference with Portland Fire & Rescue officials.

TARGETED RESPONSE TEAMS FIGHT FATALITIES

Tony Acker
The Advocate

The rise of fentanyl addiction and related deaths is undeniably noticeable, and has personally affected many of us. Within the houseless communities and party scene, fentanyl deaths are leading killers. Various other street drugs are showing up laced with fentanyl, which can easily lead to overdose and death at worst, and feed addiction, at best.

Now, Portland Fire & Rescue (the city's fire department) has added a narrowly targeted response team to help save lives from being snuffed out by this poison flooding cities across the country. Funding for a one-year pilot program to help the opioid crisis

crew serve the community better is coming through a grant by CARE Oregon.

That it amounts to a paltry \$389,577 highlights the stark contrast in priorities: A local starter home sells for more than what we allocate to combat a life-threatening epidemic. Despite the grim reality of the mounting fentanyl epidemic, the allocation of resources remains shockingly low.

In Portland, the Community Health Assess and Treat team (CHAT) will be able to administer Narcan to save lives in emergencies, and buprenorphine to help control opioid use disorder. The Medication for Opioid Use Disorder Program operates under the belief that treating the symptoms of opioid disorder will help save lives and steer people onto a path of sustainable re-

covery. CHAT teams will direct individuals to addiction treatment resources in the area such as drug counseling and after-care services.

The grant from CARE Oregon covers program expenses until the summer of 2025 when the pilot program will be assessed and judged on its efficacy.

Unfortunately, but unsurprisingly, additional funding for the program by the City of Portland itself will not be on the agenda. In fact, Portland Fire & Rescue is facing the likelihood of serious budget cuts.

However, the Portland City Council has said it believes in this outreach program and will support it, helping to connect affected people to appropriate services during 911 calls.

A LOCAL STARTER HOME SELLS FOR MORE THAN WHAT WE ALLOCATE TO COMBAT A LIFE-THREATENING EPIDEMIC. DESPITE THE GRIM REALITY OF THE MOUNTING FENTANYL EPIDEMIC, THE ALLOCATION OF RESOURCES REMAINS SHOCKINGLY LOW.

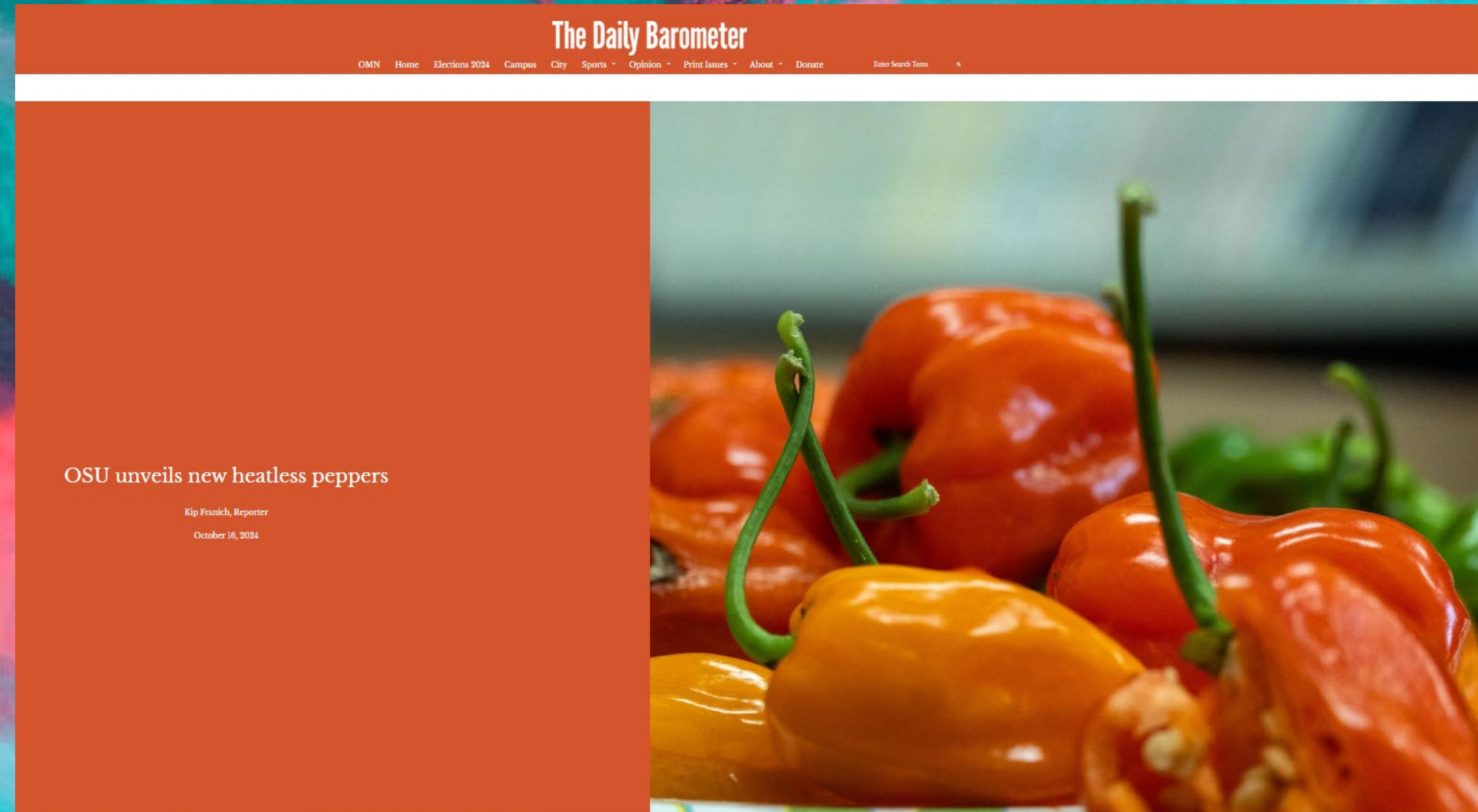
Best Writing

Group 2

3rd Place

The Daily Barometer

Kip Franich



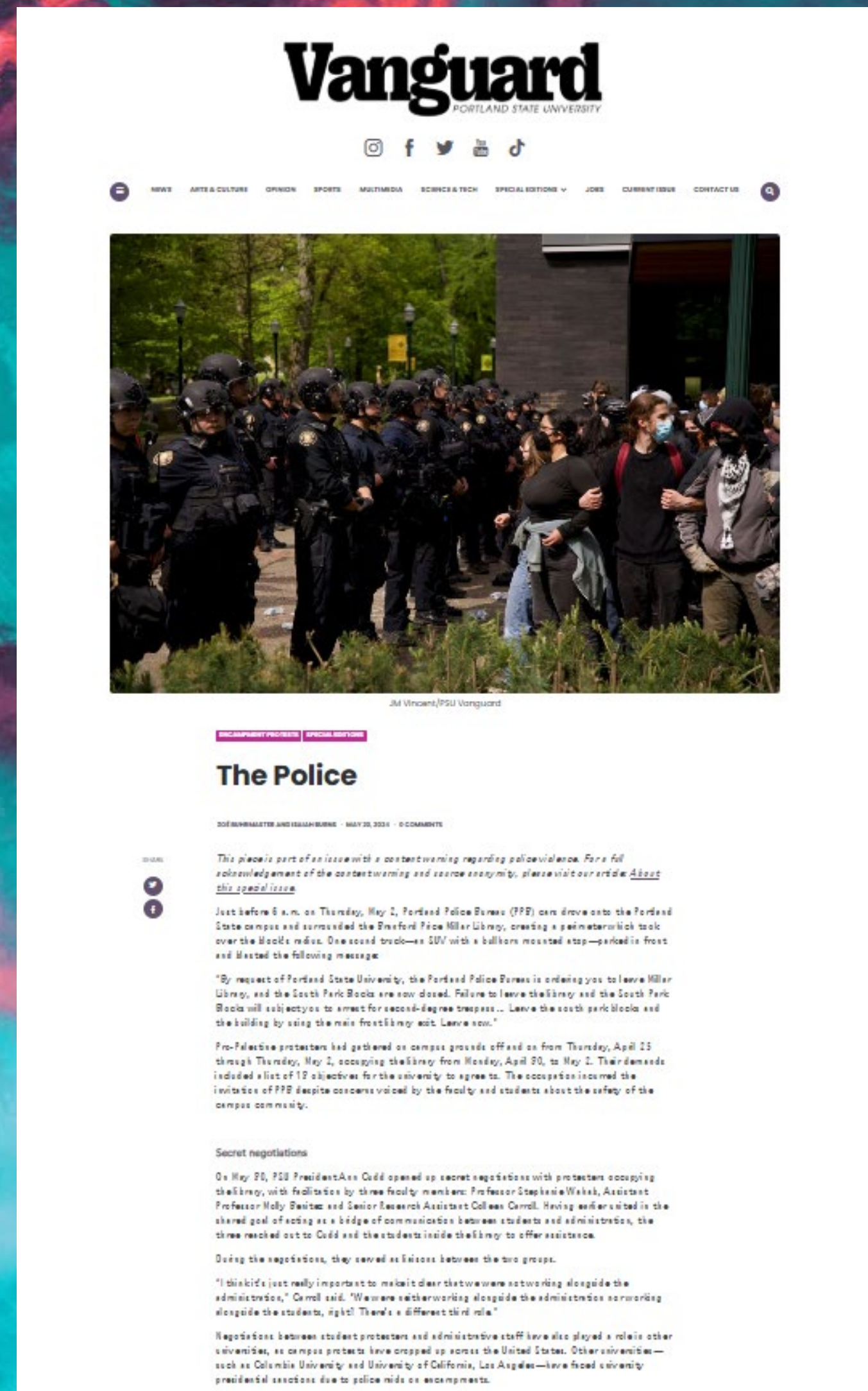
Best Writing

Group 2

2nd Place

Vanguard - PSU

Isaiah Burns



Best Writing

Group 2

1st Place

The Pioneer Log

Maya Mazor-Hoofien

The Mossy Log



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Home / 2024 / December / 6 / Trump always posed greater threat than Harris

Opinion

Trump always posed greater threat than Harris

Maya Mazor-Hoofien December 6, 2024 5 min read



Vice President Kamala Harris draws ire

Pres-elect Donald Trump goes unnoticed

At The Mossy Log, we put a lot of effort into covering the whole of Lewis & Clark. We try to take a fair, comprehensive cross-section of campus life and to represent a diverse array of experiences and opinions.

Like many publications, we spent the better part of this semester figuring out how to cover the 2024 general election. We updated our style guide with proper formatting and usage of political terms, came up with interesting angles to measure the temperature in the community and took great care to create an artifact by freezing this particular moment in time into our archives.

As copy chief, I read a lot of opinions. Subjects we quoted, events our reporters attended, opinion articles we published; it is part of my job to read every single word we publish. In doing so, I found myself increasingly frustrated with a recurring trend among our community members, and thus in our coverage of them.

It is no secret that LC leans considerably to the left, but there was no outpouring of support among students for the Democratic candidate in Vice President Kamala Harris. There was certainly even less support for former candidate and current President Joe Biden, but, for the diversity-touting coastal elites that we are, I noticed a surprising lack of celebration of Harris, who would have brought a laundry list of "firsts" to the office.

Even more surprising to me was a curious absence of criticism of then-former President, now President-elect Donald Trump. We did not publish any quotes outright endorsing Trump (not for lack of willingness on our part, but rather for lack of quotees expressing as much), but people we interviewed tended to have a lot more criticism of Harris, even if they preceded it with a lukewarm renunciation of Trump before diving into the real issues.



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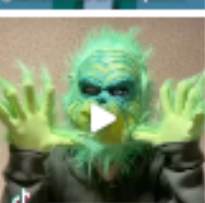

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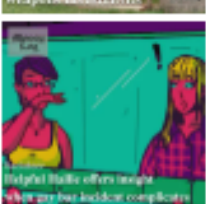
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Quinton Prudhomme

The Clackamas Print

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College cuts fall play for first time in theater history

December 3, 2024 / Quinton Prudhomme / Comments Off

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By Quinton Prudhomme
Co-Editor-in-Chief

For the first time in 50 years, Clackamas Community College did not put on a mainstage fall play.

The lack of a fall play is the latest in a long list of problems hitting the CCC theater department since the 2022 departure of theater instructor Jim Eikrem.

Eikrem was fired after walking into the women's dressing room unannounced while actors under the age of 18 were working on the play "Number the Stars."

Various other complaints were lobbed against him, including improper firearm safety on campus and making two female students rehearse a wrestling scene for the show "Number The Stars" for a prolonged period of time.


Eikrem, who was a full-time faculty member represented by the full-time faculty union, challenged the dismissal.

An independent arbitrator said Eikrem was owed his job back, according to an agreement between the college and Eikrem that The Clackamas Print obtained through a public records request.

But the college ultimately paid Eikrem not to return to work. According to the public records, the college paid Eikrem \$95,000, plus back pay and an early retirement bonus.


The college's total payment came out to just over \$200,000, according to an email obtained by The Print.

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The Commuter- Linn Benton CC

Kacey Montgomery

CS PROGRAM **CUTS:**

THE END OF THE COMPUTER SCIENCE PROGRAM AT LBCC

words by KACEY MONTGOMERY

photo by SARAH ROSE LARSON



▲ Sisi Virasak

Gregory Stutheit is an electrical and computer engineering student with dreams of developing audio manipulation and production equipment for music studios.

He started his education journey at LBCC because he knew it would take him a long time to get his computer science degree, but with the support the college has been known for he knew he could make it happen. Like many students, Stutheit is juggling work, school, and an extracurricular club.

With two terms left before computer science is slated to end, Stutheit and fellow computer science students can't help but feel like they're being left high and dry.

"After they cut the computer science program, it feels like it's going to take 10 years for me to get a bachelor's degree at my learning pace, if at all," said Stutheit.

Last school year, LBCC's administration announced budget cuts that slashed a handful of impactful programs and positions, including the faculty librarians in the main campus library, adult basic skills, criminal justice, as well as the computer science and computer information systems programs.

In its final year, the computer science (CS) program has 91 students with a major declared in either computer science or computer information systems, seven faculty members, and is offering 20 classes this winter term. Seven of those classes were full with waitlists brimming with students hopeful to get in.

The CS faculty values teaching the hungry, driven students who enroll at LBCC, providing mentorship and opportunity to those students trying to pick themselves up by their bootstraps, and bringing equity into tech classrooms and career spaces of our community.

Computer science instructor Sisi Virasak's voice wavered as she explained why the CS program is unique and important to the Linn-

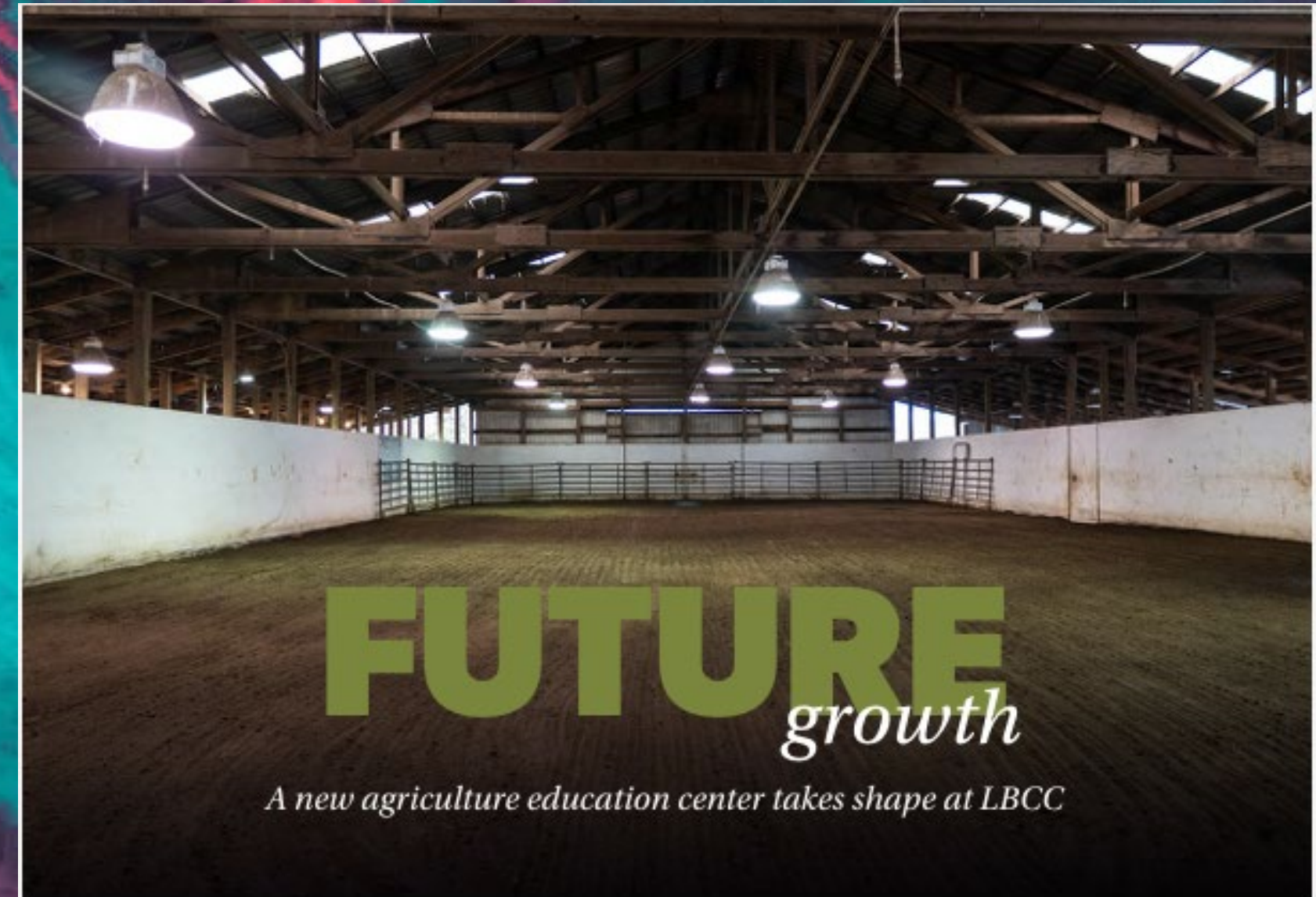
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The Commuter- Linn Benton CC

Sarah Rose Larson



words and photos by SARAH ROSE LARSON

Nestled someday soon among grass seed farms of the Willamette Valley, a brand-new Agriculture Education Center is the focus of a new chapter being written for agricultural education at LBCC.

Linn-Benton Community College is moving forward with construction of the Agriculture Education Center, made possible by \$16 million in funding. It represents a significant investment in agricultural education at Linn-Benton and Oregon's agricultural industry. The new center, located half a mile south of the Albany campus on Looney Lane, will replace LBCC's current aging and cramped facilities.

The Agriculture Education Center will include a new animal science classroom with wet lab, a significantly larger indoor arena, student lounge area, and a 40-stall horse barn with runs. In addition to these upgraded facilities, it will have cattle, sheep, and swine barns.

"This (current) facility is just way too small, so we only have one species of livestock," said Jenny Strooband, department chair of Agricultural Sciences.

Dr. Chris Wickcliffe of Cascadia Equine had originally purchased the land on Looney Lane to establish and grow his own equine center. According to LBCC Foundation Director Steven Broncheau, Wickcliffe offered to sell the property to LBCC in 2019. The college's staff and administration already had hopes of

building a new ag center and the property fit well with that dream.

"It kind of fell into our lap," Strooband said.

To purchase the property, the college went through a grant process from the state. This resulted in \$8 million from the state to go toward the property. To receive grants like this, community colleges have to match the funds, meaning Linn-Benton needed to find another \$8 million.

"Community colleges in Oregon take turns to ask for state-appropriate funds for construction, and in 2019 when LBCC's opportunity to apply opened up, the college submitted a request for \$8 million in state appropriation funds," said Broncheau.

Linn and Benton County voters approved a \$16 million bond earmarking the matching \$8 million, with the rest going to Periwinkle Childcare Development Center and improvements to other college facilities.

"With amazing community support from the 2022 bond election, we are able to expand our programming and services," said Linn-Benton President Lisa Avery.

The Animal Science Department was one of the first departments at the college when it opened in the 1960s. It has never had a lab to study cattle, sheep, and swine.

"My colleagues have spent all these years having to travel from farm to farm to farm to farm and make use of other people's livestock, which is really hard," Strooband said.

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News

Oct. 7 anniversary elicits contrasting responses

Olivia Fendrich October 18, 2024 8 min read



Olivia Fendrich / The Mossy Log



Olivia Fendrich / The Mossy Log



Olivia Fendrich / The Mossy Log

On Monday Oct. 7, students who walked past the Glade on their way to and from Lewis & Clark's academic campus encountered an installation featuring 95 signs hammered into the ground. The display memorialized the hostages taken from Israel who are still held in captivity by the militant group Hamas.

In a separate development, on the morning of Oct. 7, flyers were distributed throughout LC's

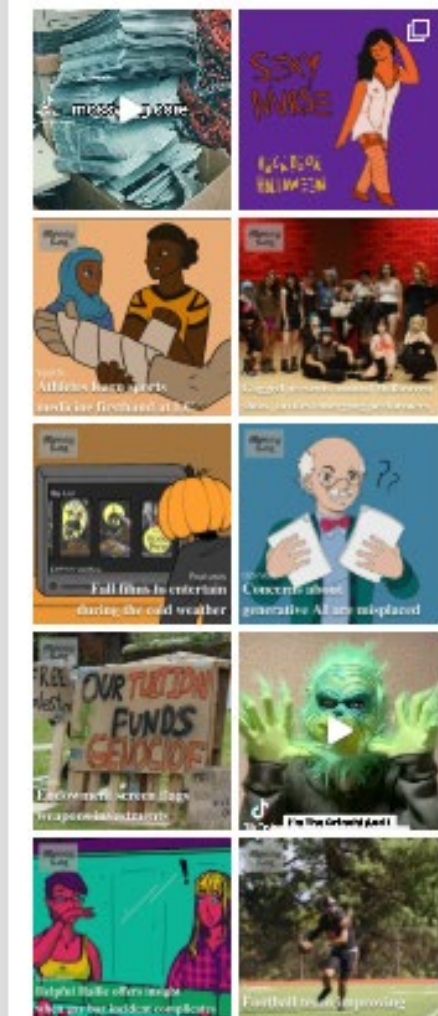
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 Robin Linares, Staff Writer · May 4, 2024 · 3 min read

Students occupy university buildings, demand divestment from U.S. Defense Industry



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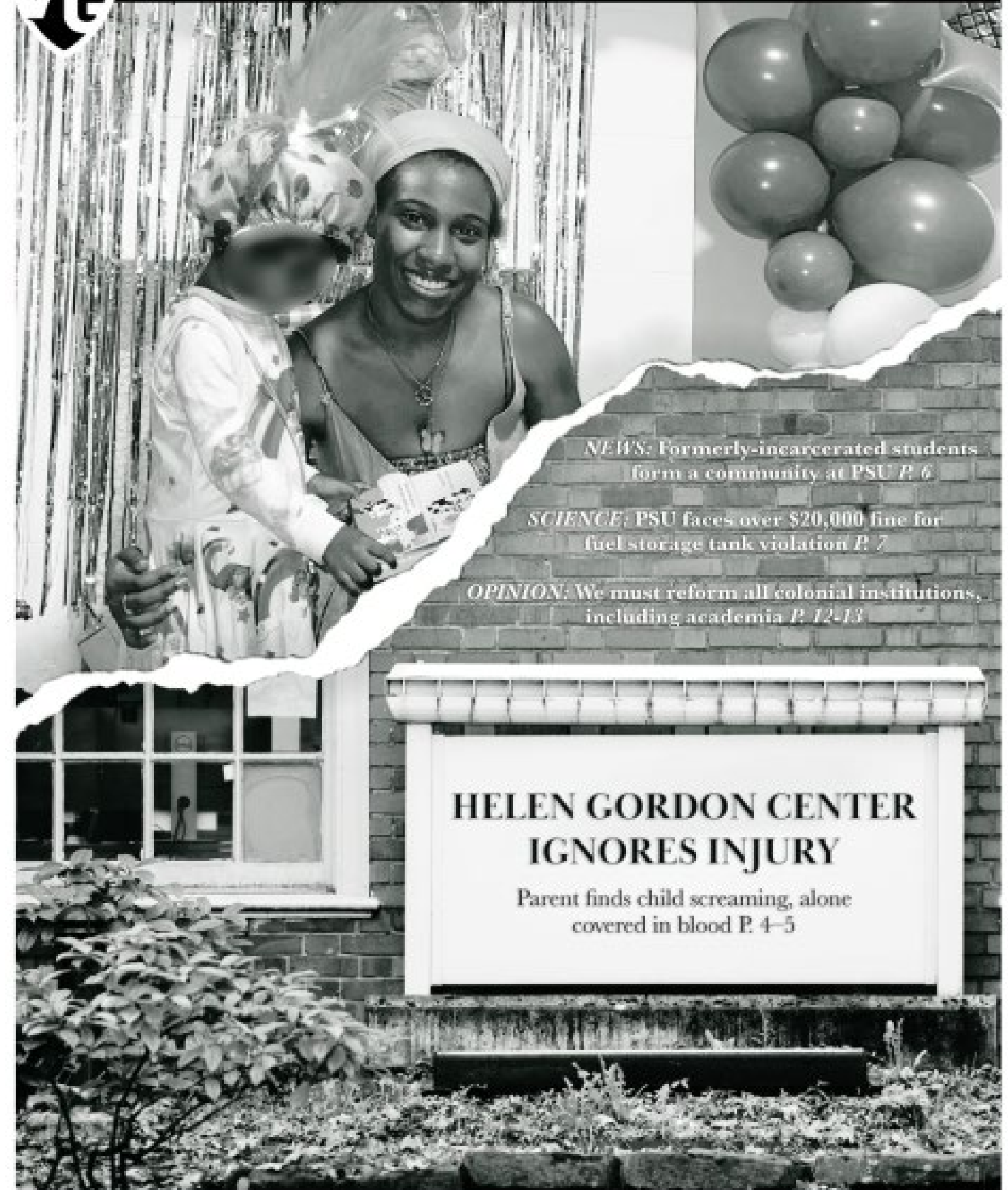
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PORTLAND STATE VANGUARD

VOLUME 78 • ISSUE 35 • JUNE 3, 2024



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The Advocate-MHCC

Andrew Hull, Ken Perez, staff



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Gabriel Lucich


The Clackamas Print


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Cyber attack causes college to cancel classes

January 21, 2024 / Gabriel Lucich / 2 Comments

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Cyber attack closes college

By Gabriel Lucich

Managing Editor

It's not often that the Oregon City Police Department, the State of Oregon, the Federal Bureau of Investigation, Department of Homeland Security and private business converge on an event that impacted the staff and students of Clackamas Community College.

A cyber attack that began Jan. 18 changed all that.

College information technology employees received emergency notifications about an intrusion into CCC's network servers; it was the first of several attacks against the college network that took place into the early hours of Jan. 19. The team responded quickly and began isolating the servers that were under attack. Support personnel swiftly determined that the IP address of the hack came from outside the country. Upon notification of the attack, SureFire, the college's cybersecurity contractor, Homeland Security and the FBI were notified to provide additional support in the matter.

While the origin of the hack was traced to a Russian IP address, and the infected servers were looked at, not all information about the breach was known until the investigation played out.

On Monday, January 22, the college administration held a meeting on Zoom, to share as much information as possible. While 300 people attended, many more were left in the dark due to communication issues caused by the hack.


"We do not know at this time what data was compromised," said college President Tim Cook during the Zoom session.

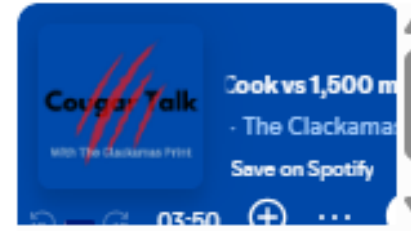
The college activated its Incident Command System to deal with the emergency, creating committees of employees to work through the weekend and deal with different elements of the hack.

"Our first concern was, of course, the students," said Dennis Marks, the Director of College Safety.

Many systems at the college were affected. Campus WiFi went down, as did the voicemail system. Even the copy machines were on the hacked network and couldn't be used.

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The Advocate-MHCC

Andrew Hull, Ken Perez, staff



Illustration by Cortlan Souders

MHCC WORKING ON BOND COULD BE ON THE NOVEMBER BALLOT

Andrew Hull
The Advocate

As we inch toward this year's November general election, voters in East Multnomah County and a portion of Clackamas County may find a new bond measure on their ballot. Still in the planning stage is a general obligation bond for capital improvements – construction and renovation – at Mt. Hood Community College.

This isn't the first time such a bond has been proposed. In the mid-1960s, voters approved a \$6.5 million bond for the college's initial campus construction. A similar bond was approved in 1974. Nothing has followed since, with a half-dozen election failures over the next four decades.

Now, the college is once again asking the surrounding community for support in passing a new bond – paid for by a modest increase in property taxes for each property owner in the large MHCC district that runs from Portland International Airport to Mount Hood itself.

With a walk through the Gresham campus, one can easily tell that the college was built in the '60s. With its brutalist, concrete architecture and open design that relies heavily on exterior doorways and walkways, the college is due for a much-needed update. That is why the MHCC District Board of Education and college administration are preparing to send the measure to voters.

The Board's draft plan outlines three main

areas to which the proposed \$131 million bond would contribute.

First, the college wants to "PREPARE students for success" with about \$66 million in targeted improvements. About \$4.5 million of bond money would "fund the re-purposing of existing space to create a Center for Health Professions to improve collaboration, training, and cross-disciplinary learning," says a bond pamphlet obtained at a recent Board meeting.

Besides the new health learning center, \$25 million would be used to modernize and upgrade science labs and other classrooms.

About \$31 million more would go toward security and safety improvements. Nearly half, \$15 million, would bring the campus up to current standards "regarding security and emergency response." The money would tackle the lack of security cameras, the inability to fully lock down the campus, and the limited number of ways to announce a lockdown or emergency to students.

Also, many doors must now be locked manually by staff members and cannot remotely be locked, something the funding would address.

The other \$16 million would be spent retrofitting the Gresham campus to be more earthquake-ready, a major concern in the Pacific Northwest.

The draft proposal outlines \$47 million to "INVEST in needed long term repairs" and more "to protect college assets." Roughly \$15 million would be used to improve student learning spaces and accommodations on cam-

pus. These improvements include renovating the student study and library spaces, as well as creating what the college calls "student activity nodes" where students have sufficient places to study and congregate.

Given the college's aging infrastructure, serious maintenance and repair backlogs exist. The plan would allocate \$12 million for everything from roof, window, exterior, plumbing, HVAC and electrical work to removing asbestos and ramping up Information Technology. About \$9 million of this funding would go to repairing parking lots, roads, sidewalks, and other utility work. As students know well, food on campus has been lacking since options were shut down due to the COVID-19 pandemic. The bond leadership team contemplates the possibility of more food services on campus, using some portion of the funding.

Finally, under the heading of "CONNECT the college with our community," leaders have suggested \$13.5 million be used to improve Mt. Hood's athletic facilities, as well as accessibility across the entire campus.

Around \$10.5 million would go towards Title IX improvements of locker rooms and the softball field and infrastructure, including the press box, concessions, and upgraded dugouts. An estimated \$4 million would be allocated for construction of a retractable dome over the 50-meter outdoor swim pool in the Aquatics Center.

And lastly, \$6 million would go to improving existing elevators and restrooms to accommodate all types of students and faculty needs,

including single-use, all-gender or family restrooms, and lactation rooms.

RECENT BOND HISTORY

- 2022 Portland Community College, \$450 million: passed
- 2020 Portland Public Schools, \$1.2 billion: passed
- 2017 Portland Public Schools, \$790 million: passed
- 2017 Portland Community College, \$185 million: passed
- 2017 Mt. Hood Community College, \$75 million: did not pass
- 2016 Gresham-Barlow School District, \$291 million: passed
- 2015 Reynolds School District, \$125 Million: passed
- 2014 Clackamas Community College, \$90 million: passed
- 2008 Portland Community College, \$374 million: passed
- 2006 Mt. Hood Community College, \$58.8 million: did not pass
- 2002 Mt. Hood Community College, \$68.4 million: did not pass

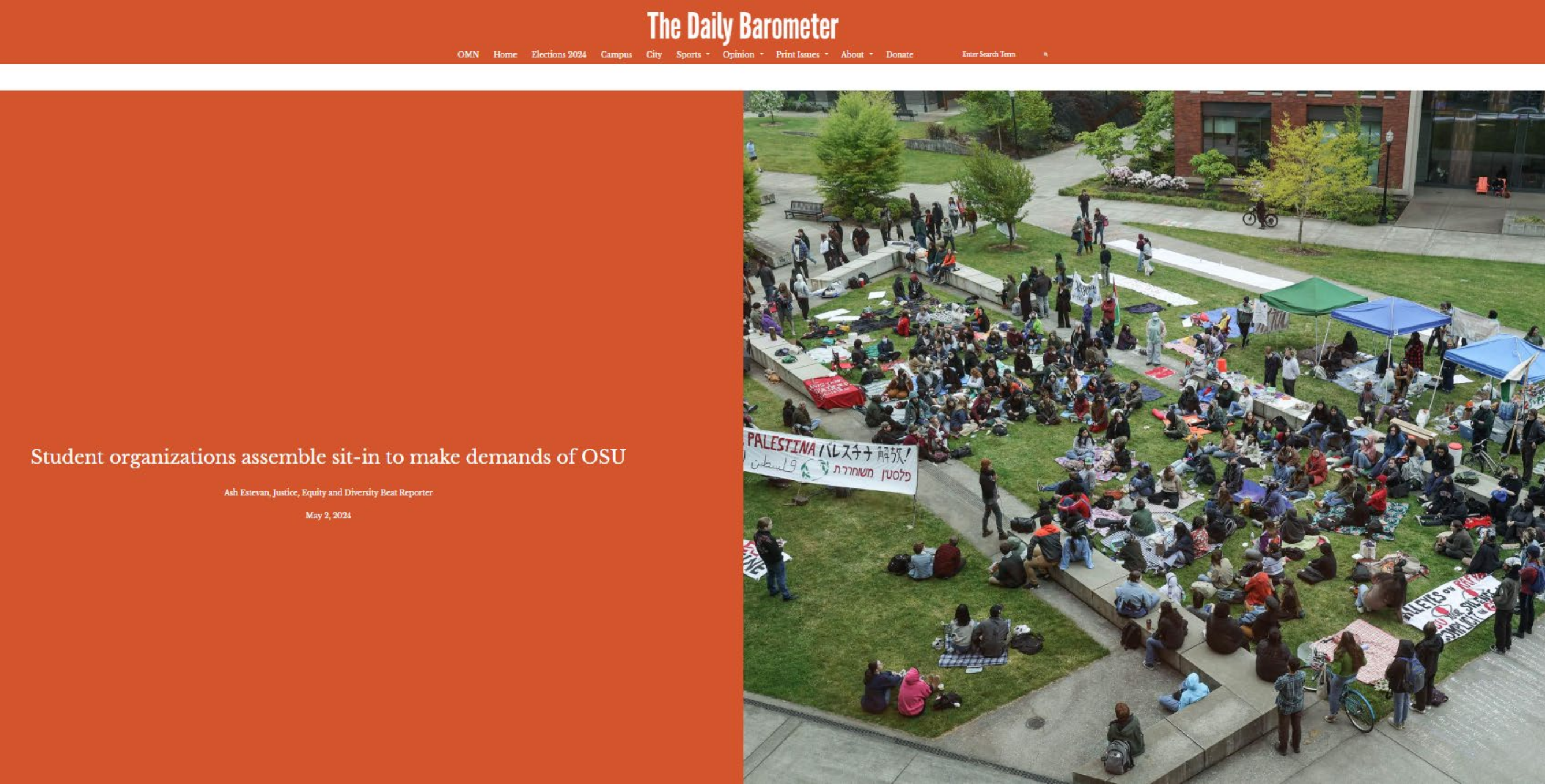
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The Daily Barometer

Ash Estevan, staff



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Kip Franich, Hailey Cook, Audrey Saiz

The Daily Barometer

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Lily Middleton

The Coalition of Graduate Employees commenced a strike on Nov. 12 after negotiations with the university did not meet their expectations.

CGE commences first union strike at Oregon State University

Kip Franich, Reporter

November 12, 2024

Negotiations between Oregon State University and the Coalition of Graduate Employees over Veterans Day weekend officially came to a standstill, prompting CGE to stage a walkout Tuesday morning.

Through striking, CGE President Austin Bosgraaf said he hopes to show “a unified message to the university through the withholding of our labor and through the showing of our presence.”

Bosgraaf said that the CGE wants to encourage OSU to re-prioritize the way the university is spending the money they get from tuition.

“We’ve been receiving reports from the (American Association of University Professors) that the university has been moving a lot of money out of instructional and educational support and into administration salary, and so we are hoping to encourage them to move some of that money back,” Bosgraaf said.

CGE, which has been pushing for a 50% increase in minimum salary as well as a change in the periods of terms of agreements rejected OSU’s final offer of—according to an email sent by Provost Edward Feser— “an increase of minimum salaries in year one by 10%, translating to an hourly wage of \$27.93 and an additional 2% increase to the minimum salaries in years three and four,

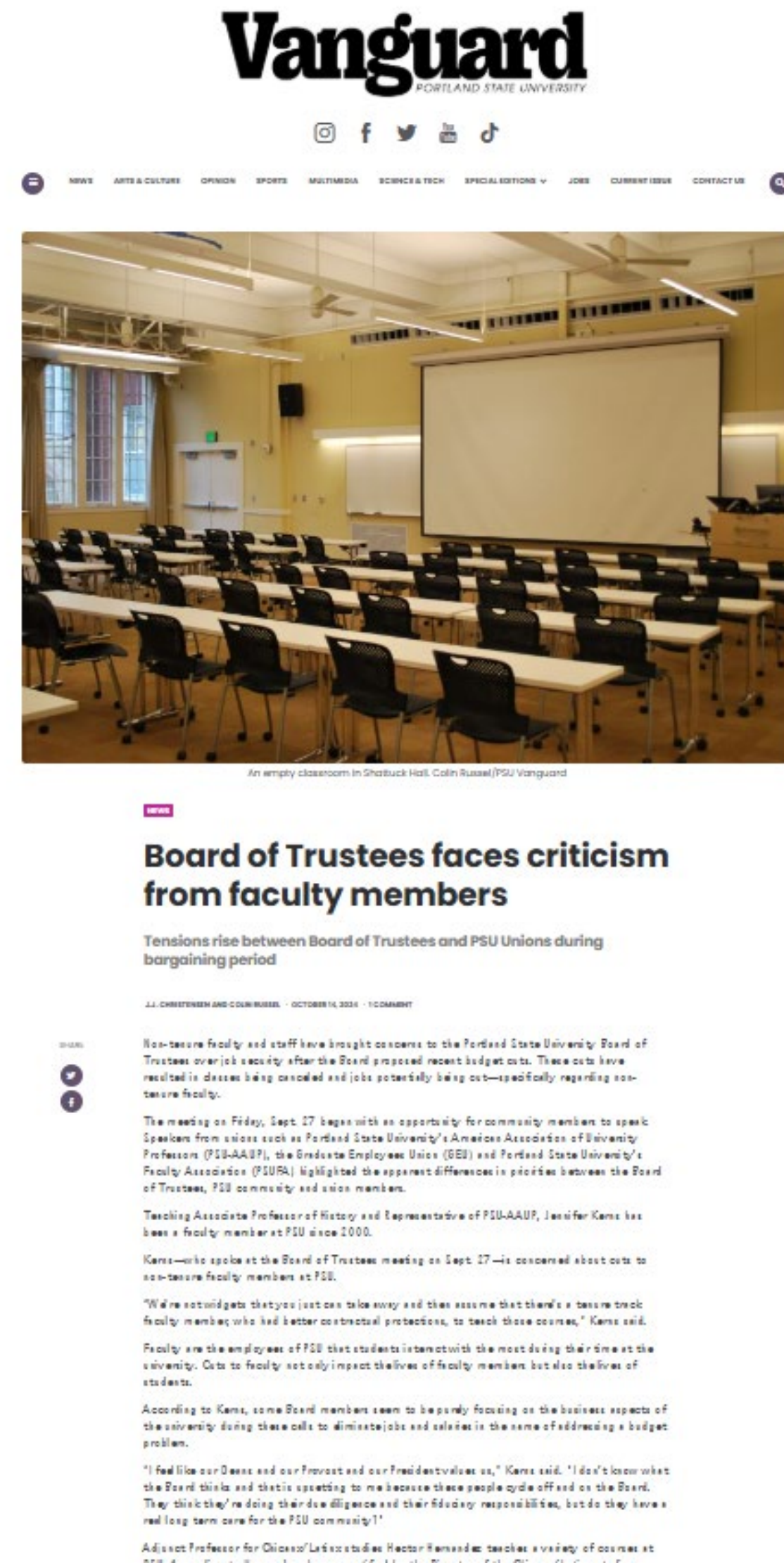
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Gabriel Lucich

The Clackamas Print

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New sculpture in the Wacheno Center asks visitors to consider war and peace

June 5, 2024 / Gabriel Lucich / 1 Comment

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Photo by Erik Paul.

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By Gabriel Lucich
Managing Editor

Clackamas Community College has a new sculpture in the Wacheno Center. Titled "Swords into Plowshares," the metal artwork outside the Veterans Office was the result of a team effort

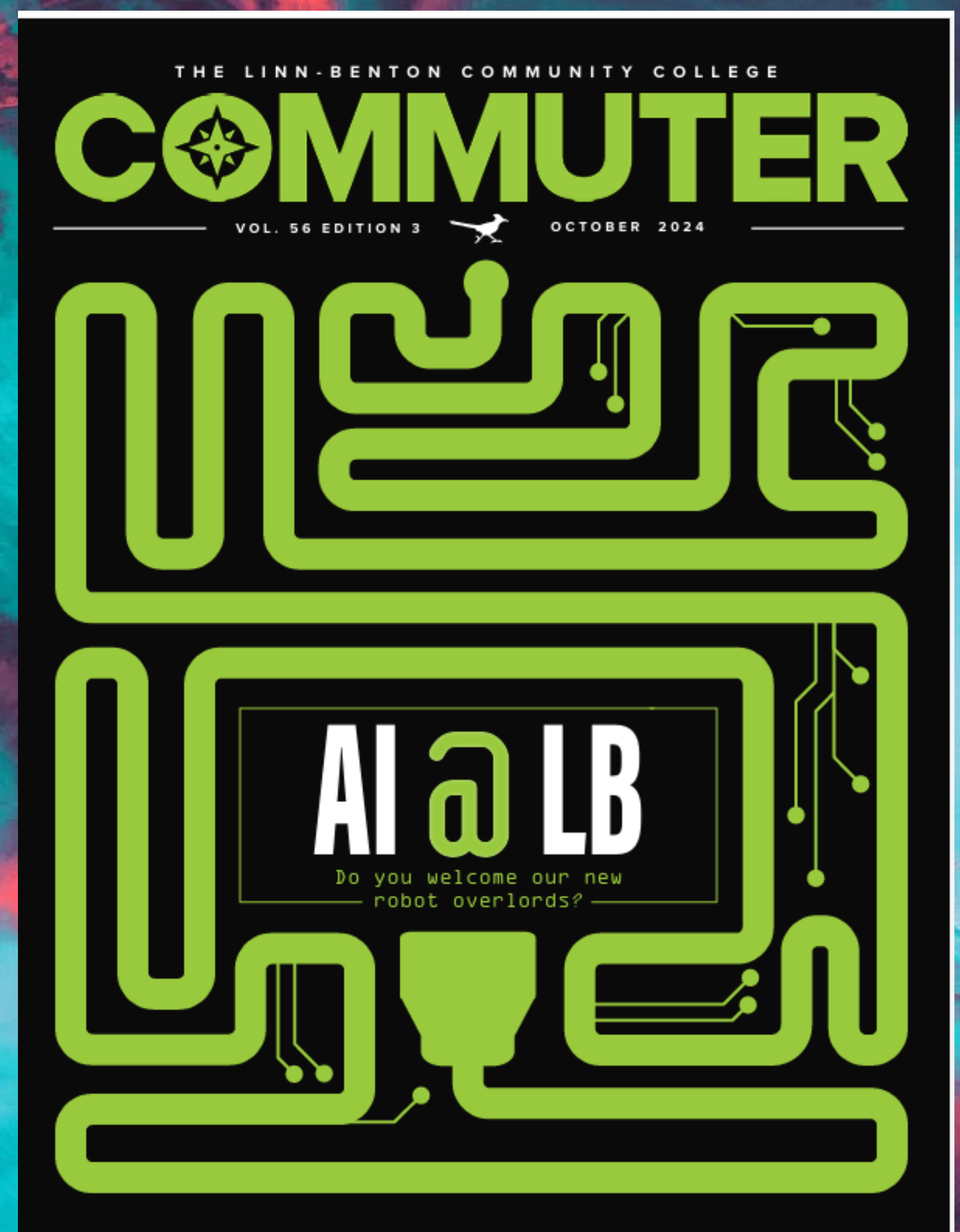
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The Commuter- Linn Benton CC

Ryland Bickley



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The Commuter- Linn Benton CC

Anthony Drews

Artist Spotlight:

Crafting a Kaleidoscope

with Bill Whitley

words by **ANTHONY DREWS**
photos by **SARAH ROSE LARSON**

On the surface, Bill Whitley looks and lives the part of your average Oregonian. He is soft-spoken and unassuming, with a button-up shirt and jeans, black-rimmed glasses, slightly graying hair, and a neatly trimmed salt-and-pepper beard. His office is plain and simple, neatly organized, painted with muted pastels that don't offer much in the way of decoration or distraction. He apologized as he fumbled with the camera at the start of our video call, stating that he had never really gotten used to the remote setup that had become necessary with the start of the Covid pandemic.

This is not the air you may expect from an internationally-renowned composer, whose work has been featured everywhere from the local radio waves to the orchestra halls of Europe.

Whitley comes from a musical background, growing up in the Pacific Northwest as the child of two musicians. A long educational journey took him from local universities all the way to the prestigious Berklee College of Music in Boston. He has recently returned to his geographical roots and is currently a part-time instructor at Linn-Benton Community College, teaching courses like musical composition, aural skills, and music theory.

However, a spark lit up his eyes as we began to discuss his work outside of the classroom. Evidenced by the excitement in his voice, this is clearly his passion. "I was surprised that they were all questions about my composing career, which is kind of nice," he remarked about the outline I had prepared. "Usually people want to know the teaching part of it!"



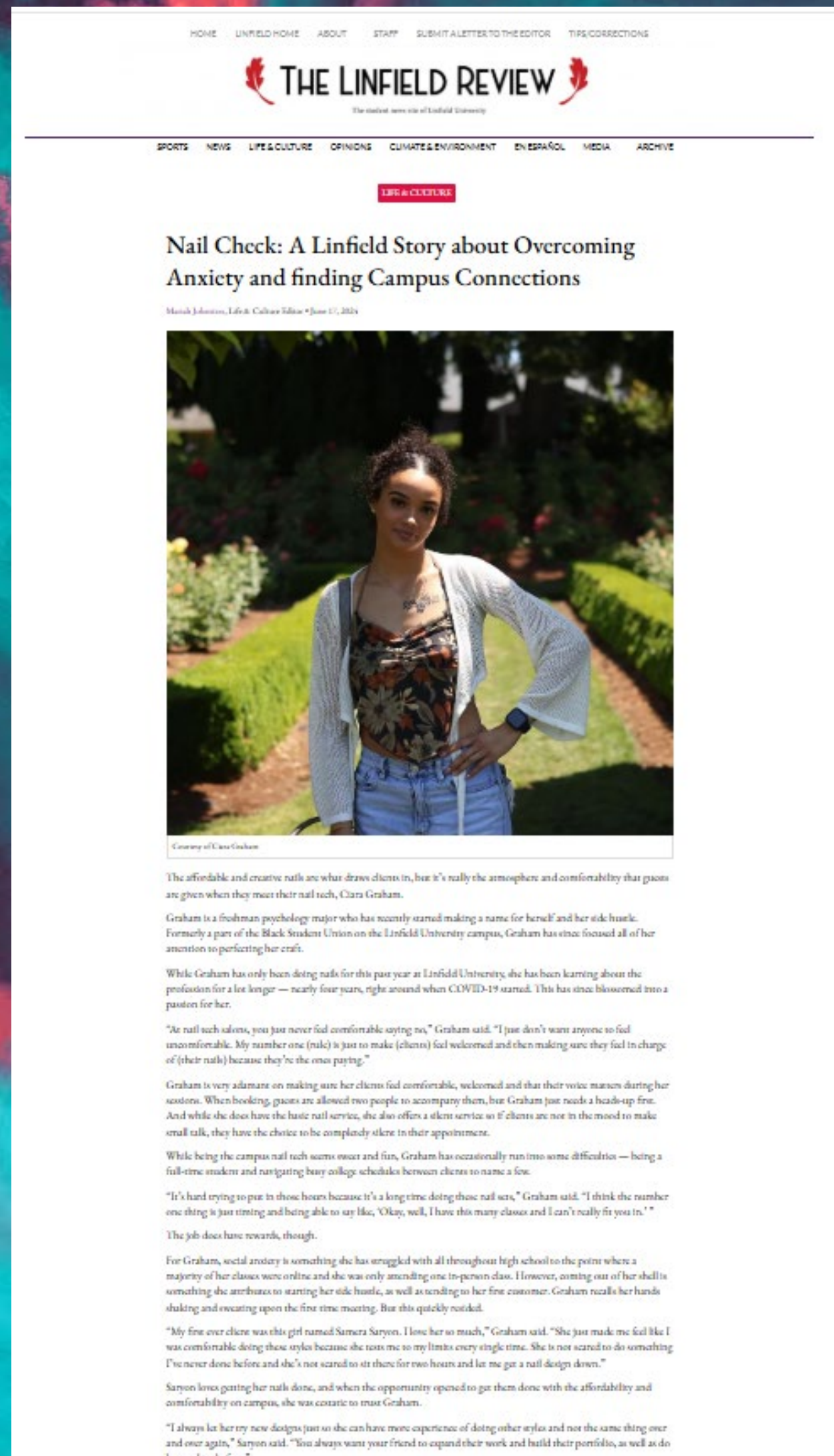
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The Linfield Review

Mariah Johnston



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Vanguard - PSU

Adriana Stanzione



PORTLAND STATE VANGUARD

VOLUME 78 • ISSUE 29 • APRIL 22, 2024

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NEWS: PSU experts discuss Measure 110 rollback and community impact P. 7

OPINION: People voted in Measure 110; Kotek shouldn't unilaterally roll it back P. 8

ART OR VANDALISM?



'Street art and graffiti are evidence of humanity of our presence here' P. 4-5

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Emily Rutkowski

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Transitioning NCAA's Transgender Rules Long- Distance Runner Joey Grafton Sets the Pace



Pacific Index

April 4, 2024 8 minutes



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Maisy Clunies-Ross

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Maisy Clunies-Ross, Staff Writer · Nov 13, 2024 · 4 min read

Not so pretty in pink: Why Victoria's Secret's progressive rebrand will never be successful



A woman reflects on the state of society, Victoria Secret's role in upholding impossible body standards, and which bra will go best with her top. Art by Alyssa Diggon.

After a five-year hiatus, the Victoria's Secret fashion show finally returned on Oct. 15, 2024. The runway was awash in pink, the angels' wings were huge, every eye was smokey, and [every garment was shiny and sheer](#). In some ways, the show was a classic return to form, with its bright sparkly visuals and iconic angels like Adriana Lima and Tyra Banks. However, in other ways the show was groundbreaking. 2024 included the show's [first all-female music lineup](#), featuring fan favorite first namers: Lisa, Tyla and Cher. The show was also [more diverse than ever before](#), including trans models for the first time, a wider variety of sizes and body types, older women, and women of color with natural hair. All of these elements seemed to set the show up to be hugely successful; it was carefully crafted to appeal to young audiences and older fans alike. All of the models looked beautiful, all of the performances were breathtaking. And yet, the show seemed to be primarily met with skepticism. Why?

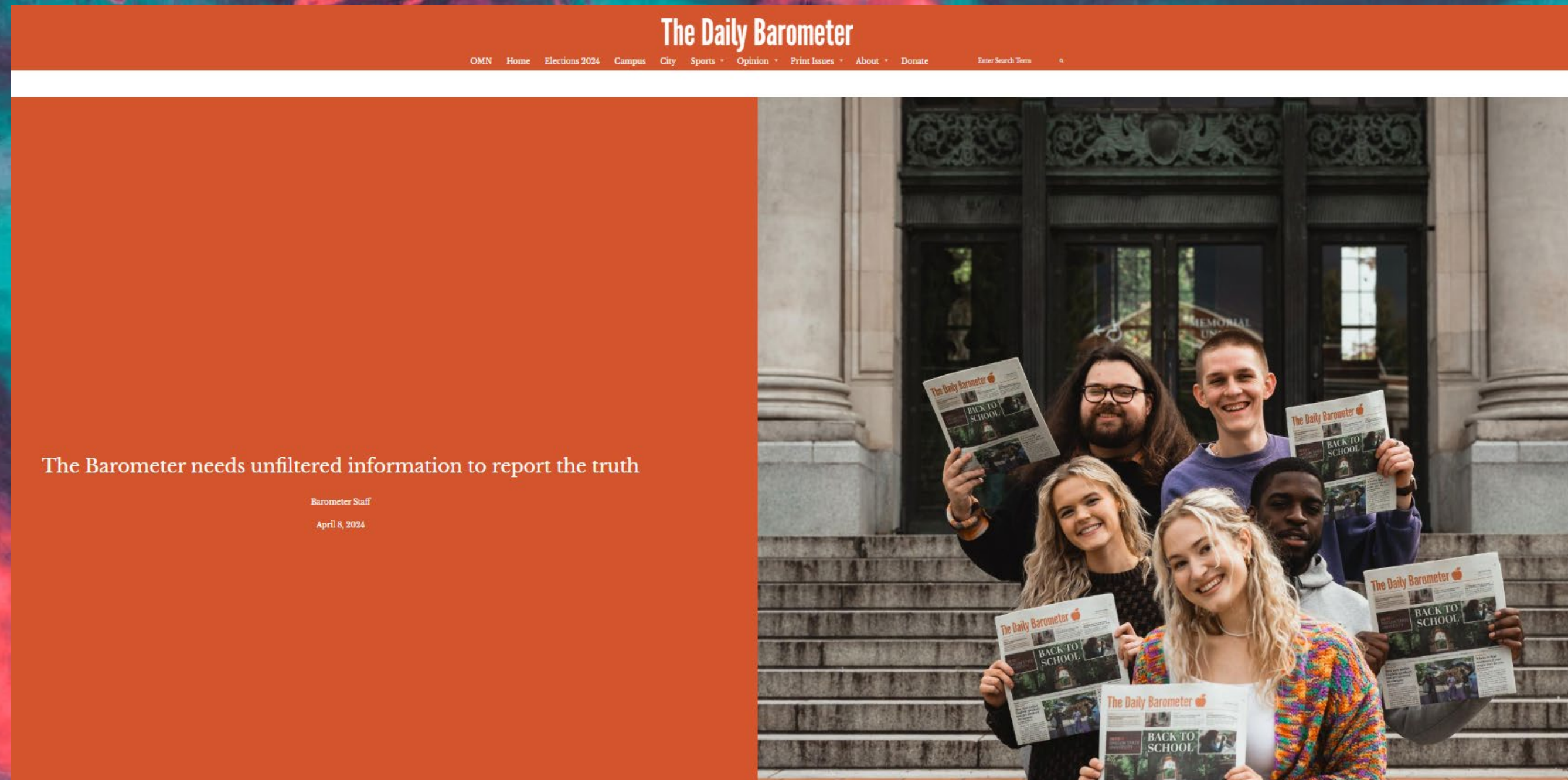
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Maisy Clunies-Ross

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 Maisy Clunies-Ross, Staff Writer · Nov 27, 2024 · 4 min read

Opinion: BookTok and the future of media literacy



Reading is so outdated these days Art by Alyssa Diggdon.

In the increasingly fast-paced and hyper-commodified digital age, where nuance has been traded for rage bait, where long-form storytelling falls at the feet of slime and Subway Surfers, books become a rare respite. Not so, on BookTok. Booktok is a growing community on TikTok and other social media platforms, which primarily consists of creators holding up stacks of their favorite books, with brief quotes or summaries to recommend them to viewers. There are hauls, reading vlogs, skits and book recaps. In many ways, BookTok is a beautiful development.

It's a huge community, [amassing 107 billion views globally](#) and [40 million posts](#) as of 2024, all bonding over their shared interest and encouraging each other to read more and speak openly about their passion. BookTok has encouraged many young readers to pick up thoughtful and well-crafted books like "Pride and Prejudice," "To Kill a Mockingbird" and "The Secret History" that they may have otherwise disregarded. BookTok is also primarily made up of women, providing many with the opportunity to talk about literature without fear of being lectured or belittled.

Best Sports Story

Group 3

3rd Place

The Commuter- Linn Benton CC

Ethan Birmingham

serving up **SUCCESS**

2024 Volleyball Season Preview

words by **ETHAN BIRMINGHAM**

photos by **SARAH ROSE LARSON**

With a new school year underway, a new challenge approaches one of Linn-Benton's premier athletic programs. In the 2024 season, LBCC volleyball will begin its quest to win a fourth consecutive NWAC Championship.

Last season couldn't have gone much better for the Roadrunners. The team achieved a remarkable three-peat of NWAC Championships and capped off an undefeated 36-0 season with a four-set win over North Idaho College for the conference title.

Linn-Benton's third successive volleyball championship made them just the fifth school in NWAC history to win three in a row. The Roadrunners also became only the third squad in the past 20 years to win the NWAC title without a single loss.

The team now sets their sights on the new season, looking to make even more history. If Linn-Benton wins their fourth straight championship, they will become just the second school in NWAC history to do so, following in the footsteps of Blue Mountain Community College (2012-15).

The statistics are in favor of the Roadrunners repeating once more. Linn-Benton entered the season on a conference-best 55-match unbeaten run and has not lost a league match since the 2020 season. A preseason poll among NWAC coaches ranked the Roadrunners as the best team heading into the season, with 17 out of 18 coaches having Linn-Benton listed first in their rankings.

Despite the hype entering the season, the team will still have to work around many departures from last season's roster. Linn-Benton lost five sophomores who had been on the roster for the team's 2022 and 2023 championship runs, including Grace Boeder, the reigning NWAC Athlete of the Year. With two members of last year's freshmen class also not returning, the Roadrunners will only retain seven members of last year's team.

The players returning to the team for a second season are setters Avery Hughes and Mesh Carley, outside hitters Brooklyn Willard and Maddy

Hellem, opposite hitter Rowan Reilly, middle blocker Grace Luttrell, and libero Kinsey Brelage.

The number of players rejoining the team may seem small, but their impact will be quite the opposite. Hellem and Luttrell were recently named to the 2024 American Volleyball Coaches Association's Two-Year College Players to Watch List. The pair of players will look to lead the way for the Roadrunners as the squad welcomes in nine incoming freshmen.

However, leadership hasn't been a problem for the Linn-Benton volleyball program in a long time. This season marks head coach Jayme Frazier's 31st in charge of the Roadrunners. Frazier is the three-time reigning NWAC Coach of the Year and has led the program to the postseason in 19 consecutive seasons.

"We just focus on effort, work ethic, and supporting one another. No matter if you're on the bench or on the court as a starter. I believe that the players understand that when they come in, there's a culture of support and trust," said Frazier. "Everybody contributes. I'm hopeful that even players off the court on game day know we're only as strong as all 15 of us."

Frazier, who is already a Linn-Benton icon, is establishing herself as a coaching icon for volleyball. Last season, Frazier earned her 700th career coaching win for the Roadrunners. Upon achievement of the impressive feat, LBCC Athletic Director Mark Majeski praised Frazier as "among the coaching elite in any sport at any level." Despite the milestone, Frazier remains focused on ensuring the 2024 season can be as good as the last.

"Offensively and defensively, we're kind of pulling it together quickly. We use all six of our players who are out there; we're not relying on just one player," she said. "If someone's not quite ready, we're working on it, we're going right back to practice, and we're making sure that they're ready."

The Roadrunners' next two home matchups will be against Mt. Hood Community College on Sept. 25 and Southwestern Oregon Community College on Oct. 4. Both will begin at 6 p.m. ✦



Best Sports Story

Group 3

2nd Place

The Advocate-MHCC

Mackenzie Chappell

NOVEMBER 1, 2024

SPORTS **A**

MHCC VOLLEYBALL STARS

Standouts from this season

Mackenzie Chappell
The Advocate

There are many different labels that can be used to describe Molly McCoy: volleyball player, setter, No. 8, captain, student-athlete, and many more.

But beyond these titles and the many feats she has accomplished so far, she shines as a leader, a role model, and, most of all, as a friend.

McCoy is a sophomore setter on the Mt. Hood Community College volleyball team, which has had an impressive season so far. Individually, she has already surpassed 1,000 career assists, won a "Setter of the Week" award in the Northwest Athletic Conference (NWAC), and is a two-time captain for the Saints.

McCoy's teammates describe her as: "funny, kind, hardworking, and passionate." She is very close with all her teammates, both in and out of volleyball. McCoy's teammates have chosen her as a captain two years in a row now, and trust her as a leader.

Head Coach Kirsten "Kirt" Day had this to say about McCoy: "In our match against Linn-Benton on September 15th, Molly secured 1,000 assists in her less than two-year career here at Mt. Hood. This is an exceptional accomplishment for any setter, especially when a season has just started. Molly is one of our captains of the team, and she leads with enthusiasm and by great example."

McCoy is from Beavercreek just south of Oregon City and went to Oregon City High School. She played on the Northwest Elite Volleyball Club ever since the club was first coming up, and that club helped her to become the player she is today. McCoy's time at Northwest aided her in her leadership skills, volleyball fundamentals, and really helped her to keep her love for the sport.

McCoy played for the top Northwest Elite team in her last year of club alongside fellow Mt. Hood player, No. 1, Ashlyn Watt. Both ended up committing to the Saints after coming to an open gym session prior to the 2023 season.

McCoy's mother, Tammy Hatcher-

McCoy, also played volleyball in college and played the setter position, as well! The apple doesn't fall far from the tree, as McCoy continues to make her mother and the rest of her family proud.

FINAL PUSH

The Saints had a good start in their preseason matches, with their final non-conference record being 11-8. The volleyball team also had a historic "NWAC Crossover" Tournament win in pre-season, beating some top ranked teams.

Now there are just four matches left, and Mt. Hood is battling to grab one of the four playoff spots in the South Region of the conference.

The Yoshida Events Center action include matches against Umpqua Community College this Friday, Nov. 1, and the regular season finale against Clark College on Nov. 8. Both matches, where McCoy and Saints co-captain Nyah Johnson will lead the way, start at 6 p.m.

Molly McCoy



Photo by Jeff Hicks

Ashlyn Watt

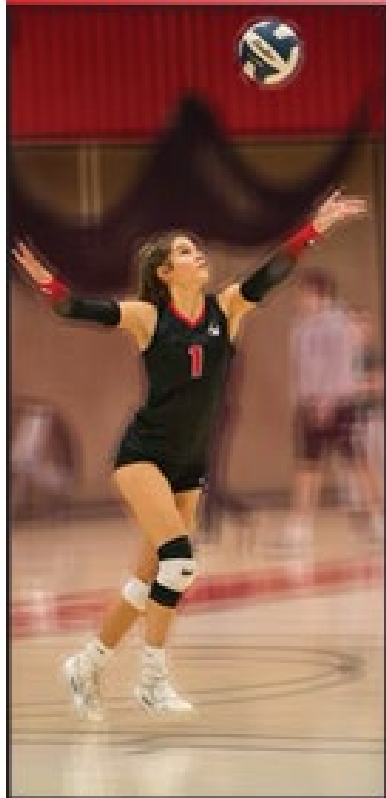


Photo by Jeff Hicks

Mackenzie Chappell
The Advocate

Sophomore libero Ashlyn Watt has had an absolutely incredible season so far for the Mt. Hood volleyball team. Coming from a small, 1A-division high school, she has never been able to attract the attention she is finally now receiving.

Watt has been named the Northwest Athletic Conference and its South Region Defensive Player of the Week nearly every single week this 2024 volleyball season – not to mention the many times she earned the same awards last year during her freshman season.

She has accomplished 1,000 career digs, which is an incredible feat. Her stats just this season have also been nothing short of phenomenal: She has been at the top of the NWAC leaderboard in digs-per-set all through the 2024 season and is leading in total digs by over 200.

On top of all of this, she is a supportive teammate, an amazing friend and person, and continues to set incredible standards and examples for everyone around her.

Watt herself often says she wouldn't be able to accomplish what she has without the incredible support of her Saints teammates, and says she loves them all so much.

In an article posted to NWACSports.com,

MHCC Head Coach Kirsten "Kirt" Day says this about Watt: "Ashlyn is truly a force to be reckoned with. She is without a doubt the best libero I have ever coached. She reads and anticipates the hitter's play so well and reacts quickly without regard of her body. She is one of a kind and we are very lucky to have her."

For those who may not know, a libero is sort of a super-sub, who replaces (and is replaced by) only a single player in any set within a match. The libero is considered a back-line player who cannot spike or hit any other "attack" shot while in the game.

Watt has achieved numbers that are extraordinary, especially for athletes at the junior/two-year college level, and has set records and new standards here at Mt. Hood.

She has been nominated to be an AVCA (American Volleyball Coaches Association) All-American twice now, which may be her greatest possible achievement yet, but who knows what she might come?

The Saints star is from Oregon City, and attended North Clackamas Christian High School. She is an all-around athlete, as she competed in swimming and track alongside her volleyball career throughout her high school years, playing on varsity for volleyball all four years. In the latter sport, she earned all-league first team her sophomore, junior, and senior year and was also a two-time defensive MVP.

Watt also played club volleyball for Northwest Elite alongside MHCC teammate Molly McCoy. Watt was on the top team of NWE each year she played, and looks back on her club experience with great gratitude and pride.

The duo both ended up committing to play volleyball at Mt. Hood after coming to an open gym session, prior to the 2023 season.

Only four matches remain in the regular season, with home contests against Umpqua Community College and Clark College on Nov. 1 and Nov. 8.

Volleyball schedules are found under the "Athletics" tag on the MHCC home website, or on the MHCC Volleyball social media accounts.

HOME GAMES

Umpqua Community College:
Friday Nov 1 @6pm

Clark College:
Friday Nov 8 @6pm

Mackenzie Chappell is an Advocate staff member, a member of the volleyball team and its social media manager.

Best Sports Story

Group 3

1st Place

The Commuter- Linn Benton CC

Brenda Autry



Over the last few years, high schools have seen an exponential surge in the number of girls participating in wrestling. In fact, girls wrestling is one of the fastest growing sports in the country. In April 2023, the Oregon School Activities Association unanimously voted in favor of making girls wrestling an official high school sport starting with the 2023-24 school year.

This decision will provide girls wrestling teams with more funding, sanctioned events and it gives the girls a feeling of validation in doing what they love.

"When we started having girls on the team, they had to wrestle boys so they were out muscled. They took a back seat and never really got to grow," said West Albany High School's Head Girl's Wrestling Coach Bryan Barker. "Now we feel worthy. Girls actually have equal opportunities now."

Though girls wrestling wasn't officially sanctioned before last year, girls have been wrestling as a club sport, or an extension of the boys team for years. And every year, more girls join.

"Back in 2015 we had just two girls, now we have 22," said Coach Barker.

This increase is typical across the state. Jessica Lister, the head coach of Hood River High School's girls wrestling team, has experienced the increase in a unique way: "I wrestled all through high school at Hood River, and we had just four girls when I graduated in 2015. Now that I'm coaching, we have 16."

Some schools in the state have had a full roster for years. Thurston High School has consistently had 30 or more girls on the team for the last six years. Head Coach Mike Simmons said, "We were one of the first in the state to have a full girls team, and this year we have 38."

Wrestling is unique from other sports in that athletes don't have to try out to be a part of the team, they just have to show up and try. But wrestling is a very demanding sport and not all the athletes who start the season finish it. WAHS wrestlers practice five days a week for over two hours at a time, and are expected to run and weight train in addition to team training.

"I like the feeling of accomplishment because wrestling is so hard," said Josie Gaitaud, WAHS

varsity freshman.

"I like to work hard," said Lacie Manning, WAHS varsity freshman. "When I win I feel like it was worth it to feel like I was dying. I know I worked really hard and I feel powerful."

Wrestlers are divided into novice, JV and Varsity teams. The teams practice in different rooms, but all the male and female wrestlers on each team train together.

"The girls do the exact same training as the boys do," said West Albany's Head Wrestling Coach Casey Horn.

Coach Simmons from Thurston agreed saying, "I don't have boys and girls, I have wrestlers. They are treated the exact same and I think they appreciate that."

Wrestlers in their first year or two compete on novice or JV teams while they learn the skills necessary to try out for a varsity slot. There are 14 slots available on the girls varsity team, one for each weight class (100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, and 235). The WAHS girls varsity team has 11 of these slots filled this year.

Best Sports Story

Group 2

3rd Place

The Collegian-Willamette Univ

Arlo Craft



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Arlo Craft, Staff Writer · Oct 23, 2024 · 4 min read

Willamette Chess Club stirs from its slumber



Mitch Septoff ('26) ponders his next move in Ford 302 on Oct. 15, 2024. Photo by Keenan Yoshizawa.

As Salem finally made up its mind to participate in autumn this month, Willamette's Chess Club woke up from hibernation. The third floor of Ford Hall, primarily populated in the evening by debate kids and the studios, is now the biweekly home of campus chess enthusiasts. Chess Club was active in 2022, but went dormant last year after its previous members graduated the university.

Enter chess enthusiast Garrett Thornhill ('26). "I kept looking for a chess club and there wasn't one," he said. "I saw it on the website but ... it was inactive, so I wanted to start it because I wanted to play over the board, actually, and not just online." As the new Chess Club's founder and general manager, he's getting the opportunity to do just that.

Thornhill started playing online chess last fall; he described it as addictive. "There's these online chess sites where you click two buttons and you instantly get a game. ... I got really, really into it over time."

He's not the only one. Following the release of *The Queen's Gambit* in 2020, when, coincidentally, everyone was stuck inside, chess garnered quite a [spike in popularity](#), especially online. Despite the easy access, however, online chess doesn't pack quite the same psychological punch for players who prefer chess "over the board."

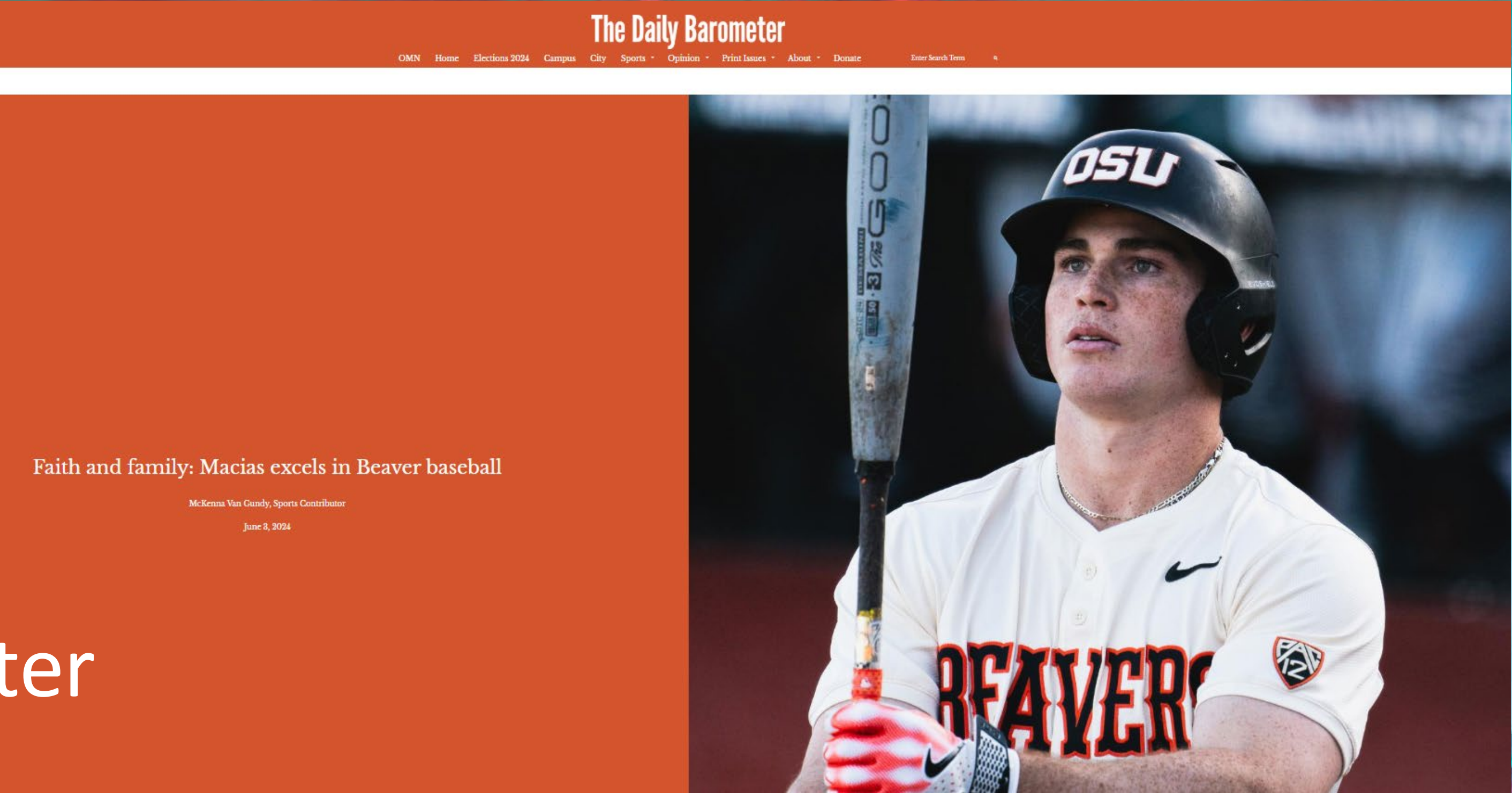
Best Sports Story

Group 2

2nd Place

The Daily Barometer

McKenna Van Gundy



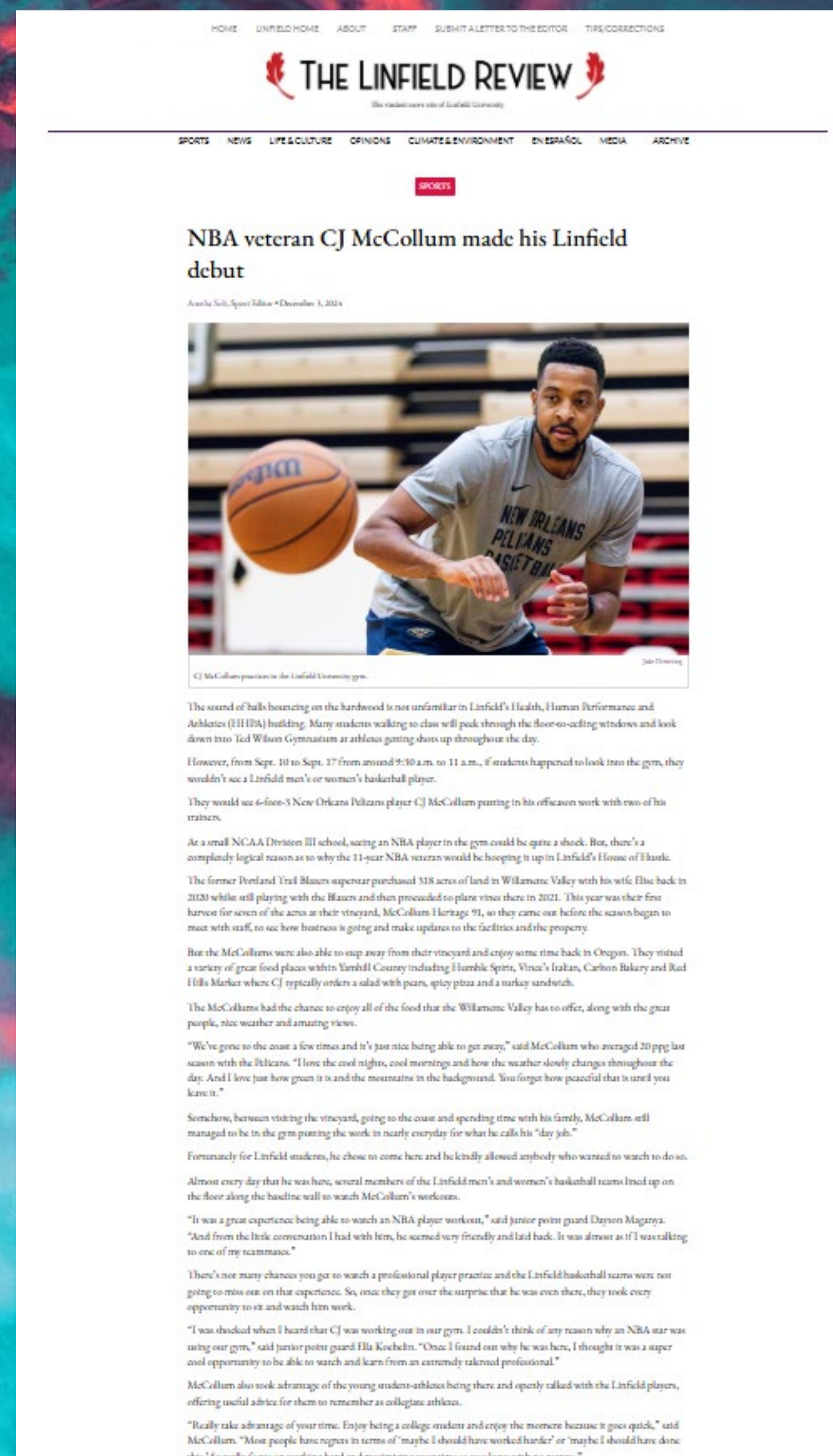
Best Sports Story

Group 2

1st Place

The Linfield Review

Amelia Solt



Best Review

Group 3

3rd Place

The Commuter- Linn Benton CC

Mika Winder



Sugar J's:

Reinventing Ice Cream
words and photo by MIKA WINDER

BUSINESS: Sugar J's Ice Cream Workshop
LOCATION: 226 2nd Ave. Albany, Oregon
OVERALL RATING: ★★★★★

7n 2023, CNN Business reported that American ice cream consumption had gone down by nearly a third since 1986, and it's no surprise that this statistic is reflected in the disappearance of "old-fashioned" ice cream parlors across the country. The new Sugar J's Ice Cream Workshop in downtown Albany is a modernized take on the traditional concept, but can it live up to expectations?

After several months of work to transform the long-empty building next to the current Greyhound Tavern and Bar into a colorful and modern ice cream parlor, the Albany branch had its soft opening on Aug. 14. The Corvallis location has been open and thriving since July of 2021, earning a 4.8 rating on Google with 220 reviews, so the Albany branch has big shoes to fill.

One of the main appeals of Sugar J's is its diverse and unique list of flavors, prioritizing quality and novelty over quantity. With the recommendation of the server at the time, I chose the London Fog flavor in the extra small size – which was still a reasonable amount of ice cream. The prices are a little high, but given the specialty flavors and the atmosphere, it's worth the splurge for ice cream lovers. The London Fog flavor looks just like the drink, with a pale brown base that has a few visible specks of tea leaves or vanilla. It has a mild, sophisticated flavor with a sweet and creamy base undercut with the earthy scent of bergamot and dried citrus. It would be delicious in the affogato option or enfolded in one of Sugar J's freshly made waffle cones, but it was also refreshingly simple on its own.

In terms of atmosphere, the Albany location is similar to the Corvallis branch with a mix of natural wood benches and pops of color and geometric shapes on the walls and the counter. Small touches like the color-changing spoons and rainbow light fixture make the experience more memorable and unique. I always love to see a business with a strong personal aesthetic, and Sugar J's commits well to its color palette and textures without being overwhelming or sickly sweet. There are multiple murals as well, which make the space feel even more integrated with the color scheme and fill the wall space. There are parts of the interior design that do feel a bit unfinished, especially the area to the left of the door where there are no tables or furniture save for the water station. The space is pretty large, which can lead to a feeling of emptiness and industrialism when it isn't filled or sectioned into smaller areas. I think something like this could easily be solved in the near future, however, and the existing decor creates an environment that is cute and upbeat but not childish.

Ultimately, Sugar J's proves that traditional ice cream parlors are possible to reinvent for the modern age while still keeping a personal flair. Its greatest strength is the ability to appeal to the entire family with the usual options for children along with more sophisticated flavors for parents, or anyone who wants to treat themselves. If you're looking for a way to indulge this weekend, Sugar J's Ice Cream Workshop might just be the cream of the crop. ✨

Anthem of the Month

Monthly music recommendations to keep you inspired.

**Dreams**
Fleetwood Mac

OK, the lyrics to this one aren't as uplifting as our usual picks for Anthem of the Month. But "Dreams" perfected the art of chill fall vibes. It's a timeless track from a legendary classic rock group (and from one of the greatest albums ever made!).



The Commuter Recommends:

LBCommuter



**Dreams - 2004 Remaster**
Fleetwood Mac

...

**Everything That Goes Wrong In A Movie**
Common Koi

...

**Husk**
Men I Trust

...

**Just like Heaven**
The Cure

...

**Got My Mind Set on You**
George Harrison

...

**Arabella**
Arctic Monkeys

...

**Send People**
Zack Viner

...

**She's Electric**
Oasis

...

**What's Up?**
4 Non Blondes

...

**Goes w/o Saying**
Frog

...

**Glue Myself Shut**
Noah Kahan

...

COMMUTER | 29

Best Review

Group 3

2nd Place

The Commuter- Linn Benton CC

Ryland Bickley

ALBUM REVIEW

ALBUM: Wall of Eyes
BAND: The Smile
PRODUCER: Sam Petts-Davies
OVERALL RATING: ★★★★★



review by **RYLAND BICKLEY**

In The Smile's music video for their song "Friend of a Friend" – directed by Paul Thomas Anderson – Thom Yorke and his bandmates perform in front of a crowd of children. As the song plays, some in the audience dance, one seems to roll his eyes, while others seem mesmerized by the trio's hypnotizing sound.

Yorke's lyrics are vague as ever but seem to stitch together a picture of life during the pandemic, while eerie strings fade in and out. The song ends, and as the children break into cheers, Yorke cracks a rare smile as the video fades to black.

There's something striking about The Smile, the side project of two Radiohead members in Yorke and Jonny Greenwood as well as jazz drummer Tom Skinner, performing in such a simple setting. There's no stage, elaborate light show, or roaring crowds as the typical Radiohead concert would feature. It's clearly intentional – The Smile is a more laid back version of Radiohead, free of the expectations that come with being one of the most influential rock groups of the past 30 years.

The Smile's excellent 2022 debut, "A Light for Attracting Attention," made that clear, lacking the cohesiveness and grand nature of late Radiohead material. But it was still easily the most fun listen from Yorke and co. since Radiohead's "In Rainbows" in 2007.

Thankfully, The Smile's latest release, January 26's "Wall of Eyes," continues that trend. It's expertly produced and more moody than The Smile's previous album, but it never loses the rough edges and free-flowing nature that made their previous record such a treat.

"Wall of Eyes" begins with its title track, which fades in with an acoustic bossa nova sound, juxtaposed with a 5/4 groove and distorted percussion in the background. Yorke's haunting falsetto and a gorgeous string arrangement by Greenwood add a heavy sense of melancholy. It's the first track of many on the project to end with a prolonged, almost ambient outro as the song unravels with dissonant guitar chimes. It's the perfect opening track – representative of the feel of the album to come: a warm hug from someone holding a knife.

What follows is perhaps the biggest left turn of the album, "Teleharmonic," built around a synth-sounding guitar effect and the closest thing a Radiohead-adjacent project will ever get to a reggaeton beat. It's more hypnotic than danceable, however, as Yorke's heavily layered vocals weave through instrumentation that can best be described by the album's psychedelic artwork.

The band lets Jonny Greenwood loose on the following two tracks, and his angular riffs dance around Tom Skinner's sophisticated, jazzy backbeats. The loud guitar that opens "Read the Room" immediately clashes with the last dreamy notes of "Teleharmonic," and Yorke's nasally vocals at the start are easily his weakest on the album. But the song's chaotic atmosphere is instantly intriguing, and its outro, a distorted riff in 11/8, is lots of fun.

On "Under Our Pillows," the band follows a similar route but soon pivots to a swirling outro in the final minutes. Skinner's driving beat and a great bassline from Yorke keep the song's momentum while Greenwood's delay-heavy guitar is hard-panned in both ears. It's an excellent song, but tracks such as "The Opposite" and "Thin Thing" from the band's previous album scratch the same itch in a more compact, accessible way. But on "Wall of Eyes," The Smile seems more interested in constructing soundscapes than anything resembling a radio single, which is reflected in the average track length of five minutes and 40 seconds.

That vision is realized best on the album's closing four-track run, which includes two excellent, meditative

tracks in "I Quit" and the album closer "You Know Me." Both songs take their time as they slowly build with subtle instrumentation. The soaring string sections, muffled piano chords, and Yorke's soft vocals aren't immediately catchy, per se, but they're expertly engineered for unwinding after a long day with eyes closed and headphones on – comforting, and free from the sinister undertones that permeate much of the tracklist.

The best two songs on the project are the aforementioned "Friend of a Friend" and the album's lead single, "Bending Hectic." The former is almost Beatles-esque in its bouncy rhythm section and piano-heavy instrumentation, but it's a Thom Yorke song after all, and that comes with mixed time signatures and a chorus that ends with delay-heavy vocals. But the track's progressive elements don't feel forced at all, with an inviting melody and mixed meter that sounds entirely natural – as if the length of each bar was individually fine-tuned. It's the perfect mix between experimentation and good-old-fashioned songwriting, balanced skillfully by one of the greatest musical minds working today.

While "Wall of Eyes" is full of gems, "Bending Hectic" shines the brightest. The first five-and-a-half of its eight-minute runtime are standard The Smile fare – that is, a beautiful melody accented by eerie guitar work by Greenwood. But it's soon interrupted by a 30-second dissonant orchestral build that's only broken once Greenwood stomps on his distortion pedal, ushering in a massive final chorus. Sure, the lyrics depict a car crash "down an Italian mountainside," but the music is easily the most outrageous fun the band members have recorded in years. It's emblematic of everything The Smile seems to stand for: veteran musicians letting loose and making the art that they want to create.

Like most of Radiohead and The Smile's earlier work, "Wall of Eyes" isn't the most immediate collection of songs. But give them time to grow. It might've been a January release, but "Wall of Eyes" should already be a strong contender for one of the best albums of the year. ✨



Best Review

Group 3

1st Place

The Advocate-MHCC

Cortlan Souders



ARTS AND ENTERTAINMENT

ADVOCATE-ONLINE.NET

ALBUM REVIEW CHROMAKOPIA



Photo Credit: Billboard Amanda Edwards/GI



Photo Credit: Columbia Records

Cortlan Souders
The Advocate

Riding on the success of his album "Call Me If You Get Lost" from 2021, and running a victory lap after an extended version was released in 2023, Tyler The Creator has yet again dropped a surprise album – a 14-track work called "Chromakopia."

While "Call Me" was full of braggadocious bars and hard-hitting anthems that celebrated the success and riches he's accomplished, Chromakopia does a complete 180. Tyler paints vivid pictures of the darker qualities of his success and fame, while giving introspective stories that relate to his hardships.

Starting with the lead single "Noid," Tyler professes his fears of being so successful. Dealing with para-social fans berating him constantly, stressing whether his relationships are only there for status and wealth, fearing accidental pregnancies, and dealing with the paranoia that he is always being watched, he wishes for a life of seclusion and peace.

The fear of an unplanned pregnancy comes to fruition when the song "Hey Jane" displays two narratives, both from the perspective of Tyler and the woman he had relations with. He raps that even though he doesn't know the woman too well, he wants to be there for her and support her when she deals with bearing their child. However, the woman expresses her need for peace and independence and wants to secretly carry the child alone. She exclaims this situation has happened to many women, such as the mothers of both her and of Tyler, who cared for their children alone when they were young.

Another notable and tear-jerking song is the ballad "Like Him,"

where Tyler sings about the fears of growing up and becoming just like his estranged father, whom he never met. He was always told by his mother while growing up that he looked and acted like his father, and felt that he was "chasing a ghost" all his life. He felt much resentment towards his father for leaving, such as in the track "Answer" from his album "Wolf," where he spews words of hatred and pain, but in the end, only wants one conversation with him.

It's not until the end of "Like Him" that we learn more about the truth

about Tyler's father, from his mother. She talks about how he wanted to be there and really loves Tyler, but explains she was young and stupid and broke their relationship off quickly.

While providing such beautiful and emotional lyrics, the artist has also crafted lighter-toned tracks that highlight the beauties of people. In "I Killed You," he uplifts Black people and encourages them to find love in their skin and hair, and to never hold themselves up to someone else's White-washed standards. In the track "Balloon," featuring Doechii, both

celebrate their bisexuality and empower each other for who they are.

Finally "Take Your Mask Off" teaches us to live out our true lives through sharing stories of people, including himself, whose masks and false presentations hinder their freedoms and fulfillment.

While offering great storytelling and messaging, Chromakopia sonically provides killer production and diverse musical tracks, too. Tyler sticks to the realm of previous albums like "Igor" and Call Me with heavily layered synths, bombastic trumpets, and piano ballads, but brings such enthusiastic variety with each song that it's hard to not allow earworms to etch into you.

On "Thought I Was Dead," heavy tubas pop in the track with blaring trumpets and heavy bass, along with notes of cowbell and chants, creating such a remarkably pompous track. In "St. Chroma," tensions rise with marching feet, low supporting synths, and whispered bars from Tyler until Daniel Caesar comes in, piercing the song with a beautiful gospel chorus that then explodes into a fury of screams, bass and rising synths.

Overall, the new album is a masterful piece that promises so many confessions and deep feelings from Tyler's mind. I wish he was able to evolve his sound a bit more to differentiate the album from his previous works, but what he brings to the table is so enjoyable to the ears.

My overall rating of this album would be an 8/10 – a must-listen for anyone who enjoys a more alternative sound of rap music and also heartfelt storytelling.

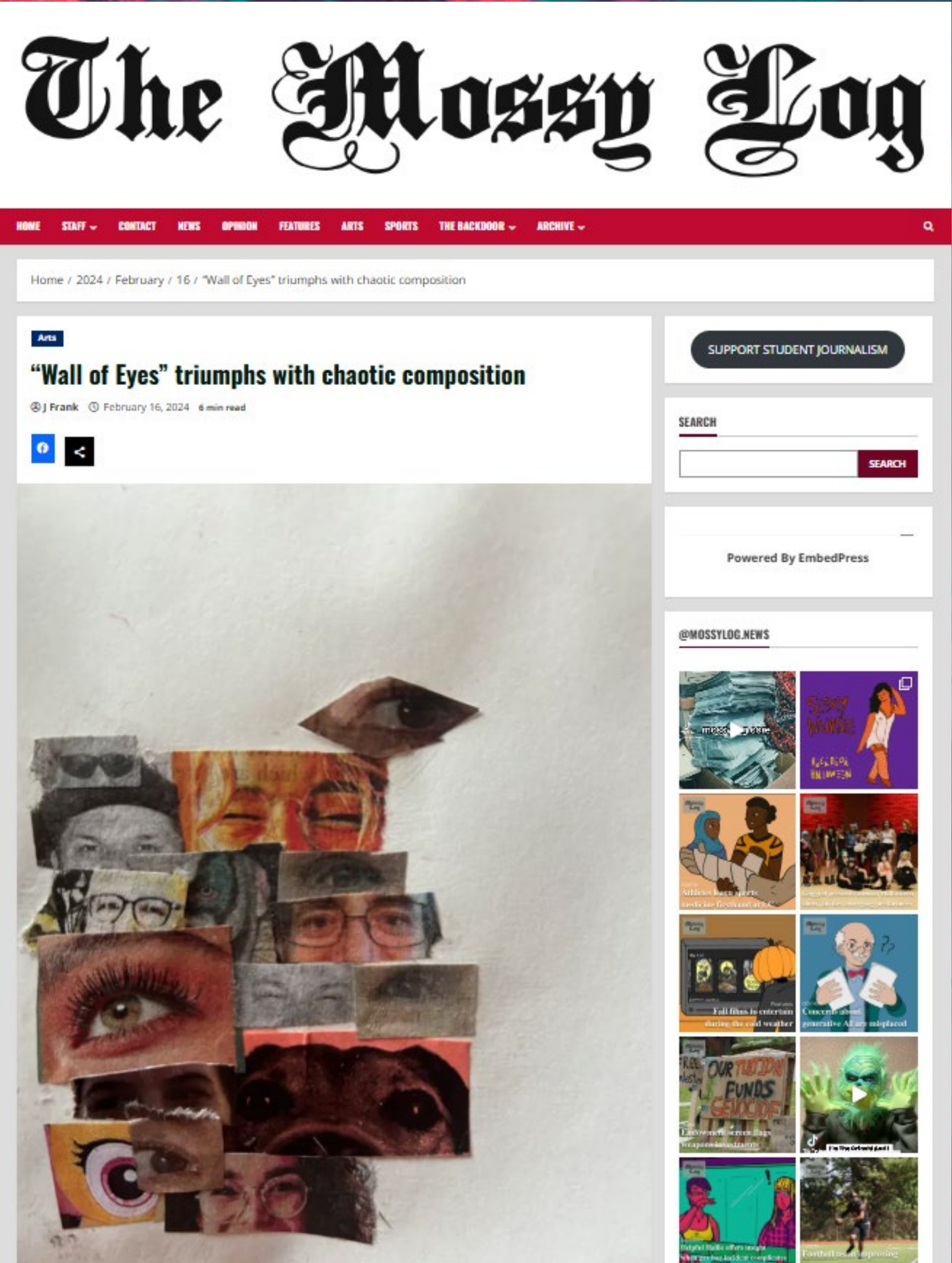
Best Review

Group 2

3rd Place

The Pioneer Log

J Frank



Best Review

Group 2

2nd Place

The Pioneer Log

Olivia Fendrich

The Mossy Log

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Home / 2024 / October / 4 / Indie singer Christian Lee Hutson drops collaborative lo-fi pop album

Arts

Indie singer Christian Lee Hutson drops collaborative lo-fi pop album

Olivia Fendrich October 4, 2024 4 min read



Fabiola Rio / The Mossy Log

Like most Lewis & Clark students, I have dipped my toes in the indie folk pond. You have your classic stomp-and-holler tunes for the metaphysically vegan, à la The Lumineers. You have people with pop influences like First Aid Kit, whose album "Ruins" was the only thing I listened to in the summer of 2019 (for normal, not-angsty reasons). You even have artists like Bon Iver, who experiment with electronic influences and create some of the most moving songs I have ever heard. However, on the whole, the vast majority of artists in this genre are singer-songwriters.

This will not be an essay on what TikTok has done to acoustic folk music; I am saving that for my upcoming chronology of how social media has debauched our generation. But to say that there is so much bad folk music out there would be an understatement. It is an epidemic that terrifies me to my core.

My point is that even though I love indie folk, I have pretty high standards for what constitutes enjoyable music. Not every yuppie with an acoustic guitar can earn the privilege of making it into one of my playlists.

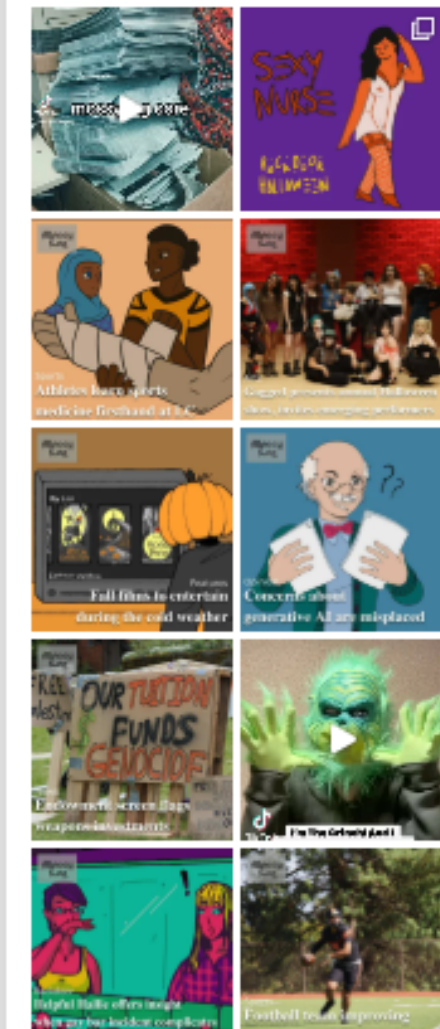
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Best Review

Group 2

1st Place

The Pioneer Log

Ella R. Dunn

The Mossy Log

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Home / 2024 / December / 6 / Recent horror film “The Substance” delivers grotesque scenes, critiques beauty standards

Recent horror film “The Substance” delivers grotesque scenes, critiques beauty standards

by Ella Dunn December 6, 2024 8 min read

Directed by Coralie Fargeat, “The Substance” is regarded as one of the must-see movies of the year for horror fans. When I asked my friends if they were interested in seeing the movie, only the diehard horror lovers who ended up coming with me had even heard of it. Even then, the theater was packed with people ready to “eugh” and “agh” their way through Fargeat’s 141-minute-long film.

The story felt simple yet refreshing, centered around ageism and societal beauty standards. It was an old classic with a terrifying twist: a dystopian miracle drug called “The Substance” is widely accessible — yet still somewhat a secret — marketed as able to make its user physically “perfect,” at least every other week. The most unbelievable part was that it was offered free of charge, something you rarely see in our current national healthcare system.

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Best Columnist

Group 3

1st Place

The Commuter- Linn Benton CC

Brenda Autry



words and photos by **BRENDA AUTRY**

I've wanted to visit Havana for as long as I can remember. Perhaps it has something to do with Cuba being mostly off-limits to Americans since the early 1960s, or the captivating photographs of Havana featuring perfectly preserved classic cars against colorful yet crumbling art deco facades which create the illusion of traveling back in time. Whatever the reason, this nation has piqued my curiosity for decades.

I was always hesitant to actually plan a trip to Cuba, though. Media coverage often suggested that Cuba's communist government wasn't particularly welcoming to Americans, and stories of crumbling infrastructure only added to my concerns. Reports of blackouts, food shortages, and limited healthcare left me wondering if I was prepared for the realities I might encounter.

It wasn't until a year ago, when some friends from the U.K. shared photos of their all-inclusive Cuba vacation — complete with tropical drinks and stunning beaches — that I realized something: For everyone else, Cuba isn't a forbidden or intimidating place. To the rest of the world, it's simply another beautiful Caribbean paradise.

This information gave me a new outlook on Cuba, and I knew it was time to make my dream of visiting a reality.

Can American illegally travel to Cuba?

Yes! Even though Americans can't visit Cuba solely for tourism, we are allowed to visit under one of 12 authorized reasons. The most commonly used reason is "support for the Cuban people."

The process to enter Cuba is pretty straightforward. All you need is:

- A valid passport.
- A visa — which can be purchased online for around \$85.
- A roundtrip ticket — you will be asked to show your return ticket upon entry.
- The address of where you're staying in Cuba.
- A completed D'Viajeros entry form — the required health document.

Things to know before traveling to Cuba

Even though getting to Cuba is easy, the U.S. government has strict rules about what Americans can and cannot do in Cuba.

Americans cannot contribute financially to the Cuban government, which means avoiding government-owned hotels, restaurants, and stores. Instead, we can stay in privately-owned guest houses called "casa particulares," often listed on Airbnb. Restaurants and shops are labeled either private or government-owned, and there are plenty of private dining options and shops

Best Columnist

Group 2

3rd Place

The Linfield Review

Kenny McMillen

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THE LINFIELD REVIEW

The student-run site of Linfield University

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OPINIONS

Leaf blowers are harming students, both academically and physically

Kenny McMillen, Staff Writer • November 12, 2019



Linfield University has tons of trees. In fact, the university officially proclaims it has over 2,500 trees. With that, comes a need to handle the high amount of leaves in the fall every autumn.

But not at six in the morning.

"Overstimulating demonic entities that have made me want to remove my ears," sophomore Sadi Berry said, about the leaf blowers.

The leaf blowers are demonic indeed, expelling toxic exhaust that gets into one's eyes and skin, particulate matter that gets into the lungs and causes breathing problems, noise pollution and harmful environmental impacts. Reducing the scope and use of leaf blowers will have a multitude of positive impacts for Linfield.

Leaf blowers have been shown to inject toxic chemicals into the air that stay airborne for hours. According to the Institute for Climate Change, Environmental Health, and Exposomics (ICEEHE) those increase the rates of "cancer, heart disease, and dementia." Repeated exposure to these, which Linfield students and staff get because of how often leaf blowers are used, could prove devastating for health in the future. Linfield University has a duty to ensure the health and safety of everyone on campus, and a part of that is reducing the use of leaf blowers around campus.

Furthermore, these polluters impact the respiratory health on campus. According to the Respiratory Health Association (RHA) leaf blowers leave particulates into the air that increase the risk and effects of asthma, heart attacks, cardiovascular disease and COVID. The effect of blowing the leaves and everything around it into the air can also blow things like mold or animal waste around. Naturally, this type of stuff is dangerous, and even more so on a walkable campus like Linfield's, where students walk around the very areas where leaf blowers are used every day.

Beyond the health effects of leaf blower use, noise pollution is especially harmful to students, and the cause of student complaints. Like Berry said, they make students want to remove their ears. Noise pollution is extremely harmful to students, both for their health and education. According to Moremouth University, leaf blowers operate at decibel levels of 80 and above. Anything over 70 is considered harmful. This noise is also low frequency, meaning that it can travel far distances, meaning even if you aren't near the leaf blower, it is still impacting your ears. First and foremost, excessive loud noise hampers sleep. According to the Clifton Springs Hearing Center loud noises cause the body to produce excess cortisol, which keeps us alert. This interferes with our body's ability to fall into deep sleep and get the rest that we need. Loud and excessive noise can cause increased levels of stress and anxiety, something that is already high among college students. The health risks posed by excessive noise are drastic.

"They're bad for the environment and they are loud and annoying," junior Hannah Jones said. Leaf blowers use a lot of gasoline that is not great for the environment and the fact that they are so loud is really distracting when I'm trying to study or do literally anything."




Best Columnist

Group 2

2nd Place


Oregon Daily Emerald

Maddox Brewer Knight




Brewer Knight: Money Talks. Should The University Listen?

Opinion: Increased reliance on donors is leading the UO down the slippery slope toward privatization




Maddox Brewer Knight, Opinion Columnist

February 24, 2025




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Group 2

1st Place

Vanguard - PSU

Cameron Rodriguez



CARS ARE THE FUTURE

DRIVING IS EASY AND SAFE

CAMERON RODRIGUEZ

AFTER EIGHT YEARS OF DRIVING experience, it's hard for me not to appreciate the most innovative style of transportation, especially for mass populations. Just the bustle of the city, traffic on the road and the smog of the morning rush is how I've always wanted to start each and every day.

Although certain places have invested in other transportation styles, I'm glad that from the most rural areas to the most urban areas, cars are still the fastest—and sometimes the only way to get around here in the United States.

Traffic is everyone's favorite car experience. Merging is a breeze, with people generously offering space whenever you need it.

Clearly, the roads here in Portland were designed to host a magnificent parade of cars gracefully marching down a major highway at a whopping 30mph. An absolute delight for everyone involved!

Sure, it will add time to your trip, but you get to spend that time with other people and feel like you're a part of something larger than yourself. Only in spirit, of course. Most car trips are actually just one isolated driver having to get somewhere like work or run errands, but it's always good to have space for four or six or more.

Everyone is so nice on the road. If they are upset, mail, thankful or really any emotion, they can honk and the other car will just understand.

If there's an important message the other car needs—like "be careful," "watch out," or "your tail light is out"—again, a nice

honk will do as a clear, concise, catch-all message.

What an adequate and universal tool—the car horn.

You can trust other drivers to know what they are doing—all of them, all the time. No distractions, no emotional driving, no impatience and no drowsiness. Everyone on the road is at their best cognitive state the entire time.

Ah, the road. Where disputes turn into high-stakes drama! People get so passionately invested in driving that we've even coined a term for these emotional rollercoasters—road rage. It's like a refined art of recklessness, born from the perfect blend of stress, frustration and anger.

Just to keep things interesting, about three months ago, a gentleman decided to spice up his drive by shooting two people in Portland. Clearly, a unique and isolated incident, because, you know, those weird occurrences only happened approximately 736 times in 2023.

Fear of driving? Not me! Sure, it's statistically a leading cause of death, but who's counting? I've just embraced the thrill of hurtling down the road with a bunch of other speed demons, all flirting with the possibility of a fatal impact.

People buy lottery tickets knowing their chances of getting struck by lightning twice are better, and I and so many others take that chance when we fire up our engines and hit the road.

Cars are not even the most dangerous—it's second to gun violence for children! Well, at least since 2020. Before that, cars held the crown for 60 years.

Weather changes make driving that much more fun! Ice and

snow will exaggerate everyone's skill while driving. But don't get too worried. Snow can have that effect, too.

If we remember, the last freeze in Portland left drivers stuck and abandoned on highways for hours with no way of getting home safely. It was the community-building activity everyone wanted.

Then we have the new and approved headlights turned LED lights. Nighttime wouldn't be complete without these dazzling beacons, overshadowing mundane things like roads and making them nearly invisible.

Oh, the sheer thrill of owning a vehicle! It's such a joy to shell out money for registration, fees and titles. Truly, an investment in something that depreciates in value by 11% just by driving all the lot.

My trusty car, faithfully draining my bank account, has taken me on countless adventures. The pride of spending thousands just to call it mine, knowing it'll last me a lifetime—a car lifetime of 12 years. Then I'll get to finance a new one, yippies.

Once I have paid off this treasure, the real fun begins—maintaining it as it gracefully deteriorates. Oh, and let's not forget the regular fuel and oil fund contributions.

And who can forget insurance—the quintessential mandatory subscription for the thrill of driving! It's like paying for the privilege of worrying less about accidents, with the bonus that if I ever do have one, I might only have to partially drain my bank account for another car.

Because, let's face it, cars are the pinnacle of transportation excellence, especially in the bustling paradise of Portland. 🚗

Best Spot News Story

Group 3

3rd Place

The Advocate-MHCC

Kane Finders

FACULTY ASSOCIATION REACHES TENTATIVE CONTRACT WITH MHCC

Andrew Hull
The Advocate

For 21 long months, the Mt. Hood Community College Faculty Association has been bargaining with the college administration to reach a new contract after the previous working contract expired in August 2022.

Finally, on Feb. 28, the full-time faculty members voted to approve a new contract that would increase their salaries and bring benefits up to par with those of other local community colleges. Exact details on the tentative deal are not yet available.

The bargaining process has been long and slow, at times seeming that no progress was being made between the parties. The tension from faculty members was on display during a small informational picketing effort

made at the MHCC Gresham campus on Feb. 21. Instructors held signs saying they were "working without a contract" and handed out flyers noting some of the current issues they wanted resolved.

To better understand the bargaining process and the work it took to reach a tentative contract, I spoke with Sara Williams, an MHCC math instructor and member of the faculty association bargaining team. She has been involved in many different bargaining processes for over 15 years and has seen how long and drawn out they can be. She said the point of the Feb. 21 picketing was to demonstrate that faculty were unified on this issue and to let students know that there was a problem.

Williams noted some reasons the bargaining process took a staggering 21 months.

It had been a long time since the faculty association opened the whole contract for discussion. Usually, when bargaining on a faculty contract, there are two paths to take,

"FINALLY, ON FEB. 28, THE FULL-TIME FACULTY MEMBERS VOTED TO APPROVE A NEW CONTRACT THAT WOULD INCREASE THEIR SALARIES AND BRING BENEFITS UP TO PAR WITH THOSE OF OTHER LOCAL COMMUNITY COLLEGES."

she explained: The group can decide only to discuss a specific section or topic of the contract and zero in on a few fundamental issues it wants to see changed. Or it can open the whole contract up for debate and renegotiate a large portion. This time the association took the latter option, which explains the lengthy bargaining process.

Another reason it took longer than anticipated was that "we were coming out of the pandemic, and a lot of things had been done on Zoom...I don't think that was as effective as bargaining in person," said Williams. She noted that the college administration declined to meet every week to discuss the contract, wishing to meet only every other week – and said it's hard to get much done when

you are working at half speed.

With little progress coming last autumn, the faculty association decided to request a mediator to come in and help with the process. The state sends a mediator to help a union or association negotiate fairly and ensure that both parties communicate and are reasonable in their discussions. In the end, she said, "There are a lot of compromises when you come to an agreement... but I feel like we got a fair contract."

Finally, the two sides had their breakthrough.

"We had a mediation session two weeks ago that started at 9:30 in the morning, and by 3 a.m. (the next day), we had a tentative agreement," said Williams. Faculty members on the bargaining team have spent an estimated 9,000 hours on this contract and were happy to see a tentative agreement made.

Following the successfully faculty vote, the next step in officially ratifying the contract comes on March 20, when the MHCC District Board of Education is set to vote on the deal.

Looking ahead now, Williams says that the college is in a strong position to retain and recruit faculty, compared to other local community colleges.

This contract also benefits students, she added. Students come to MHCC not for a beautiful campus or a prime location but rather because of the teaching environment and the high level of instruction from the professors, she said. "Students come here because of the learning experience...and I am happy that I think our contract is going to continue that for students."



Best Spot News Story

Group 3

2nd Place

The Clackamas Print

Quinton Prudhomme

The Clackamas Print

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The Portland State library protest in photographs

May 3, 2024 / Jackson Arterberry / Comments Off

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The day is April 29, Portland State University students woke up to a rally of nearly 200 people marching up and down the city's park blocks fronting Portland State's Library, demanding a ceasefire in Gaza.


Protesters also demanded that PSU cut all ties with companies, such as Boeing and Intel, who have connections to the war in Israel.

Come nightfall the peaceful protest would turn in a different direction as roughly 75 PSU students took over the university's Branford Price Millar Library barricading doors and hallways, destroying windows and spray painting walls and books.

On May 1, 50 students left the library of their own free will. Shortly following protesters took to the streets for a "May Day", march in honor of *International Workers' Day*. By the time the march returned to the library the number of protesters seemed to have tripled.

On May 2, around 6am, Portland Police Bureau officers rolled into campus in riot gear to remove the protesters that had been occupying the library.


The following Photos are an insight into May 1st "May Day" march as well as May 2nd.



Young girl pepper sprayed after charging Portland Police, photo Jackson Arterberry

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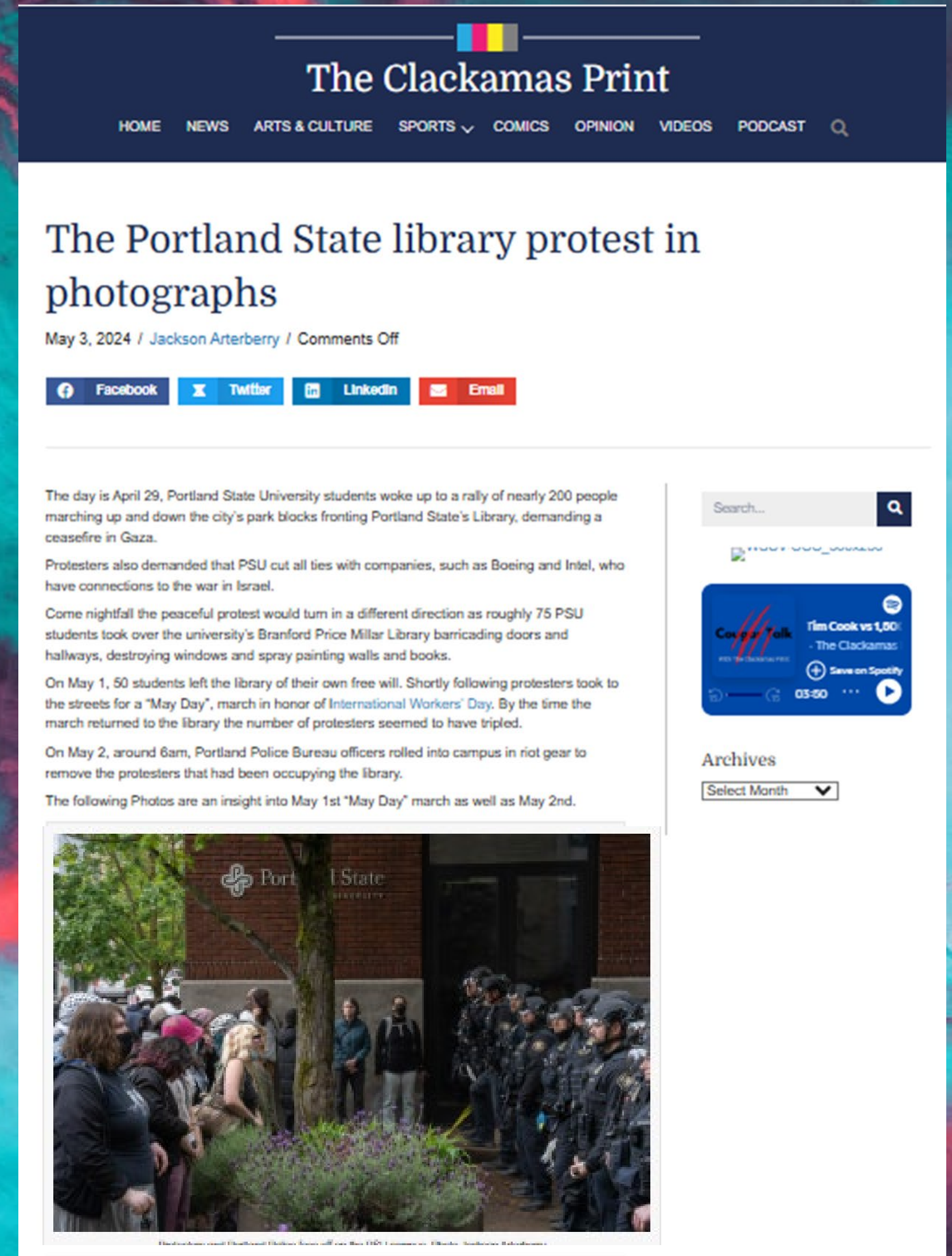
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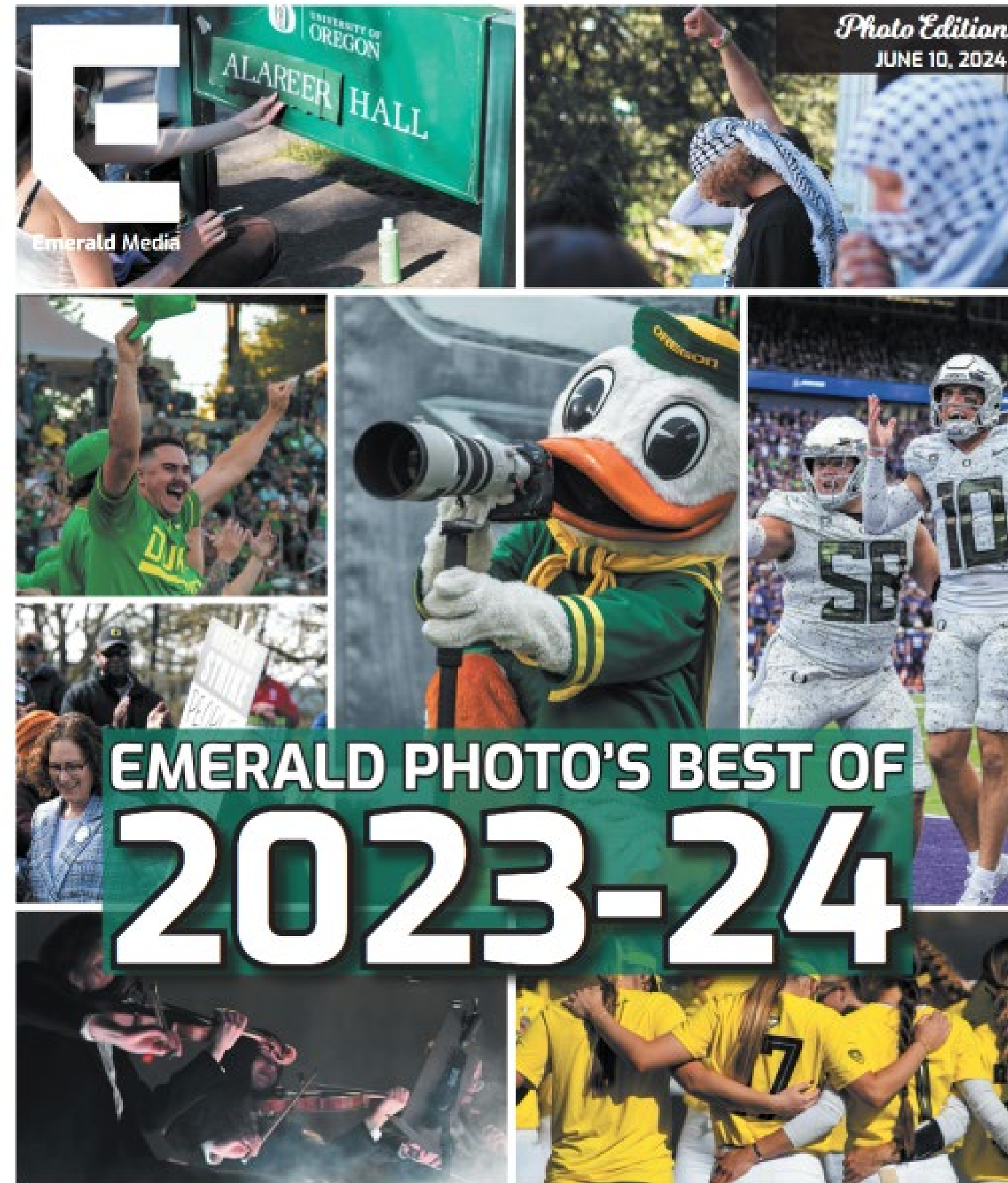
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Molly McPherson, Alex Hernandez



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The Daily Barometer

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Taya Etzell

A protester sits outside the north doors of Kerr Administration Building chained to fellow protestors on June 6, 2024.

Students demand negotiation, chain themselves together at Pro-Palestine ‘lock-in’

Max Loew, News Contributor
June 6, 2024

Editor’s note: This story has been updated to include comments from Vice President for University Relations and Marketing Rob Odom.

Student protesters chained themselves together in front of the Kerr Administration Building on Thursday at 11:30 a.m, demanding that Oregon State University administrators cooperate with their attempts at negotiation. Students at the protest could be heard chanting, “disclose, divest, we will not stop, we will not rest.”

The protest was organized by Students United for Palestinian Equal Rights, who have organized an encampment in the [Memorial Union quad](#) which has since moved to the [Valley Library quad](#).

“We will not be leaving until we get a solid starting point for negotiations, we will be here all night if needed,” said a SUPER media liaison who declined to give their name for safety reasons.

In a post on SUPER’s instagram, the organization said they felt the protest, which they referred to as a “lock-in,” is necessary to express to administrators

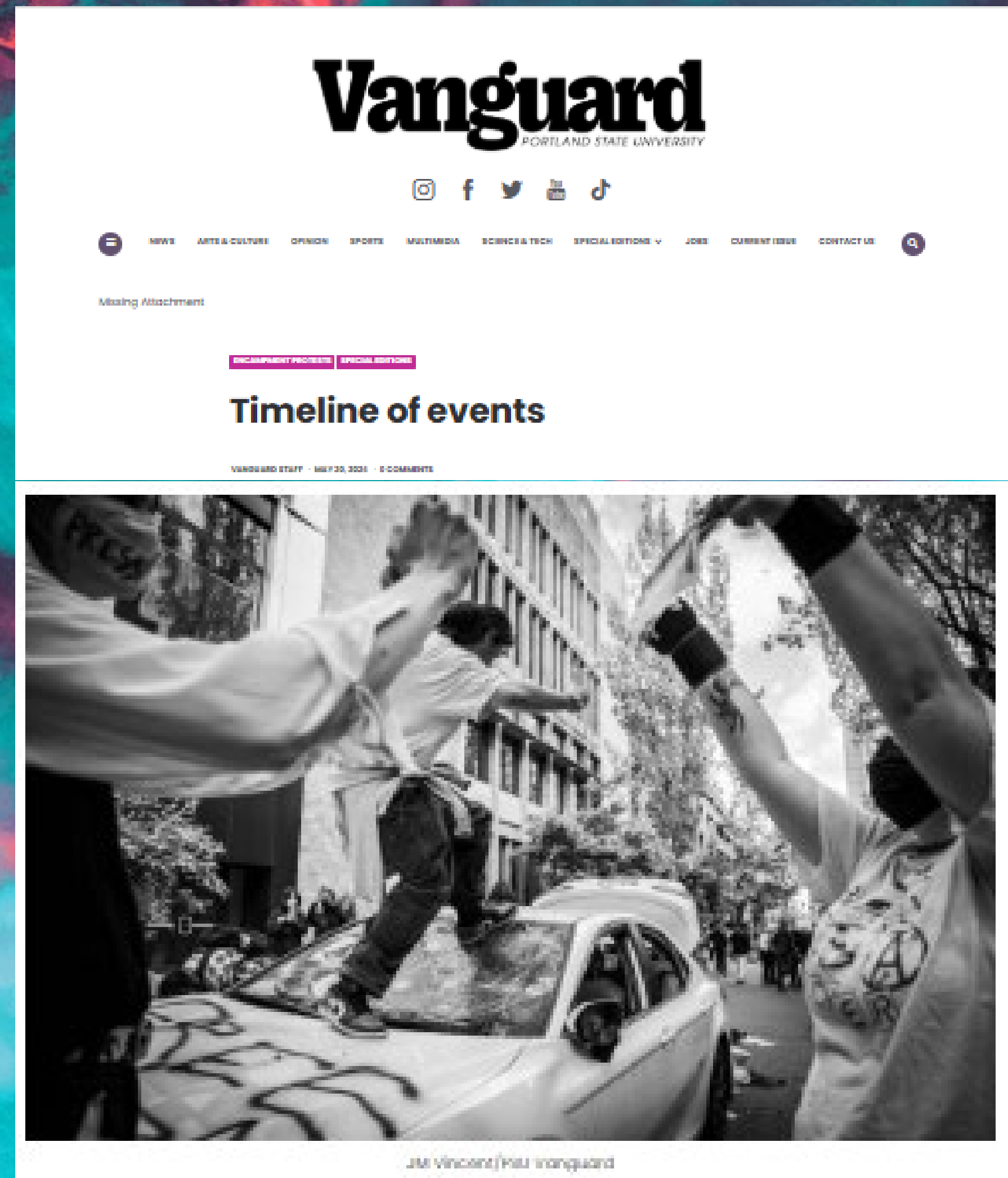
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Vanguard - PSU

JM Vincent



Best Sports Photo

Group 3

3rd Place

The Commuter- Linn Benton CC

Brenda Autry



Best Sports Photo

Group 3

2nd Place

The Advocate-MHCC

staff

MT. HOOD WINS 2024 NWAC SOFTBALL CHAMPIONSHIP

Andrew Hull
The Advocate

After a hard-fought weekend of game-winning (game-clinching!) home runs and crucial strikeouts, the Mt. Hood softball team is the 2024 Northwest Athletic Conference (NWAC) champions – the Saints' second title in three years.

This journey was by no means easy, with a few close games and, as expected, some large wins for the team.

The Saints' playoff path started on Thursday, May 16, at Delta Park in north Portland. In their first game at 10 a.m., No. 2 tournament seed Mt. Hood faced Yakima Valley, which secured the No. 35 seed in the double-elimination playoff bracket. Given the comparison, this game was expected to be a sure victory for the Saints, and that it was.

Mt. Hood started this game with three runs in the first inning, followed by one run in the second inning and four more in the third. Going into the top of the fourth inning, the Saints led 8-0, but this didn't stop Yakima Valley from giving it their all, securing two runs in the fourth and another run in the sixth inning.

The final was 8-3, with Mt. Hood earning its first postseason win and moving on to their next game later that day, matched against Columbia Basin. This game started off slow, with both teams scoreless through three innings. Nonetheless, in the bottom of the fourth inning, Mt. Hood's Jasmine Barela and Hope Burke both hit home runs, followed by Izzie Bruckmiller knocking in two more runs, giving the Saints a 4-0 lead – and the game was scoreless thereafter, giving Mt. Hood another win.

After sweeping both games on Thursday, the Saints were ready to take on Wenatchee Valley on Friday, which had won its two open-

ing postseason games by an average margin of six runs. There wasn't much action until the bottom of the third inning, where Mt. Hood scored two runs. This would be the last scoring inning for both teams, with Mt. Hood grabbing the 2-0 win and advancing to the tournament semifinal on Saturday.

In that match-up, Mt. Hood faced North Idaho College, which secured the No. 1 seed (and brought a 37-game win streak into the game) and was a true contender for handing the Saints their first loss of the postseason.

In the top of the second inning, Saints centerfielder Ava Carroll batted in Barela for the game's first run. In the top of the fourth, MHCC still led 1-0 when Carroll struck again, hitting a three-run homer that pushed the lead to 4-0 and put the pressure on the Cardinals for a comeback.

North Idaho was able to score one run in the bottom of the fourth, and pushed two more runs across in the bottom of the sixth inning. Entering the final inning with a thin 4-3 lead, the Saints responded. Shortstop Gina Allen hit a clutch triple and scored on first baseman Peyton Foreman's base hit, making it 5-3. After another hit and with two outs, right fielder Brenna Wilson hit a three-run home run that sealed the contest for Mt. Hood.

The final score: 8-3, with Mt. Hood moving on to the championship game and North Idaho heading to the consolation bracket. But this would not be the last time MHCC faced off against North Idaho.

Immediately after their loss to Mt. Hood, the Cardinals won against Lower Columbia Saturday afternoon in the consolation round, 11-9, to gain another chance to beat the Saints on Sunday for the NWAC title.

THE CHAMPIONSHIP GAME

The championship game started at 11 a.m. on May 19, and the stands at Delta Park were full of friends and family excited to watch another game of highly competitive, action-packed softball. This game was big for both teams, but Mt. Hood knew that even if it dropped the contest, since it would be their

first loss of the tournament they would get a second shot against North Idaho that afternoon to decide the NWAC softball championship winner. In the top of the first inning, the Cardinals struck first. With two outs, they scored one run on a passed ball, and then Mt. Hood pitcher Sara Martin, who played the first four innings, gave up a two-run home run to Kaylee Vieira, giving North Idaho a quick 3-0 lead.

Mt. Hood quick-

ly fired back in the bottom of the first, with a three-run homer of its own from Jasmine Barela, knocking in Gina Allen and Madison Walker in front of her. The next batter, Peyton Foreman, smacked another home run, and the Saints ended the first inning with a 4-3 lead.

After two scoreless innings, Karli Kostoff knocked in two runs with a clutch, two-out single, scoring Faith Nichols and Emily Schullhauser. The Cardinals once again led, 5-4.

The Saints went out in order in the bottom of the fourth inning, and the pressure was mounting for them to score at least one run to tie the game. An inning later, Foreman did just that, hitting a two-out single and allowing Madison Walker to score, knotting the game at 5 runs each.

The Cardinals were scoreless in the sixth inning – Bella Carazo had taken over for Martin in the fifth inning and retired all six batters she faced – and then Mt. Hood made its winning push, scoring three times in the bottom of the sixth. With two outs, Ava Carroll and Kailee Davis were poised on second and third base, respectively. Walker, who had scored twice already in the game, hit a crucial home run to hand the Saints an 8-5 lead heading into the last inning of the game.

The Saints needed to keep the Cardinals in two runs to secure the victory, and North Idaho battled hard right to the end. After a base hit and two walks, the Cardinals had the bases loaded, with two outs, each runner ready to dash to home plate. On the game's final play, Carazo got Kaylee Vieira to pop up an infield fly ball that would land in the glove of the shortstop, Allen, setting off a wild Saints celebration.

It secured Mt. Hood's seventh NWAC softball championship title overall, their fourth since 2014 and their second title in the past three seasons under head Coach Brittany Hendrickson.

Photos by Andrew Hull



MORE PHOTOS FROM THE CHAMPIONSHIP GAME ➡

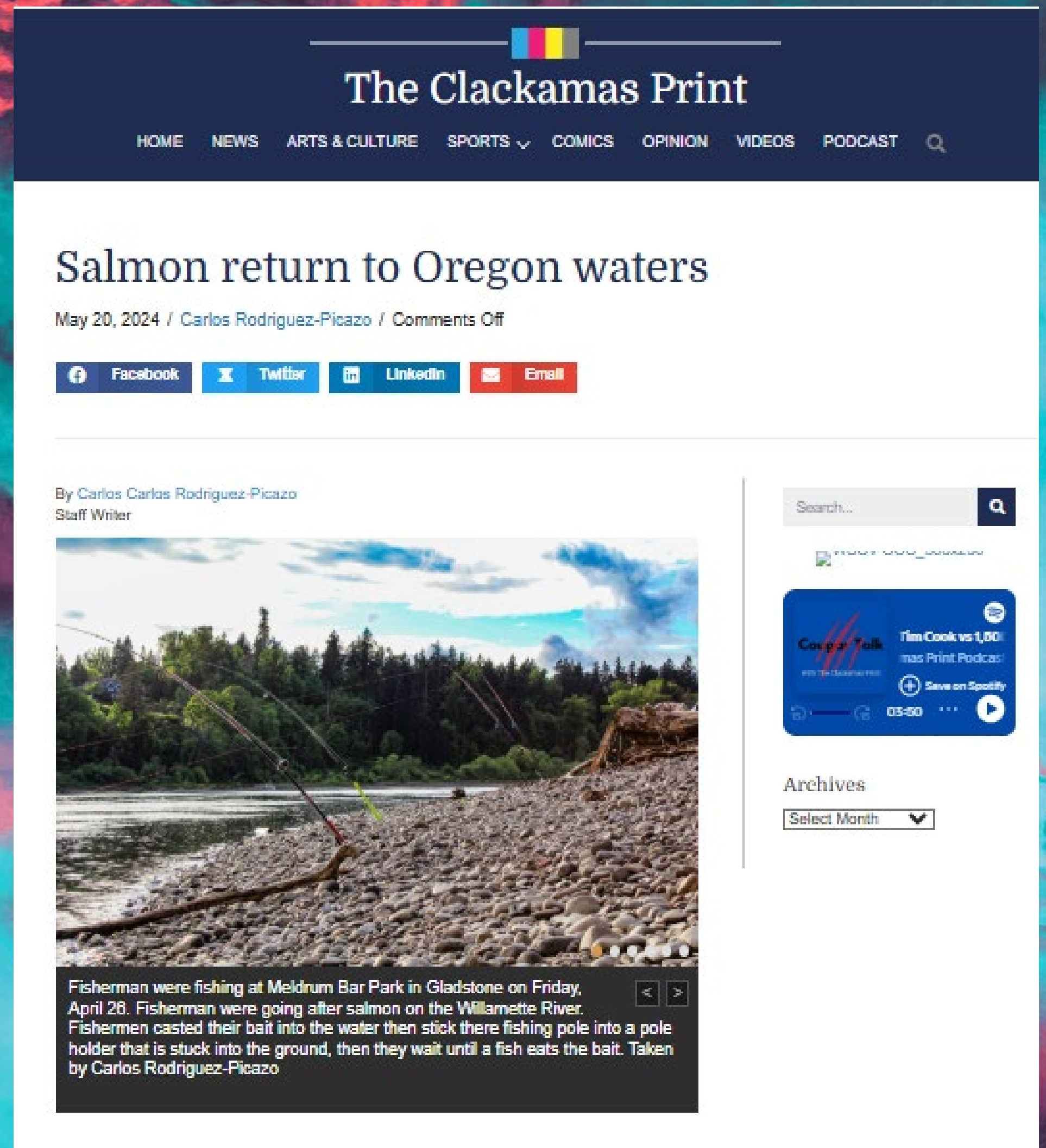
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The Clackamas Print

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The Linfield Review

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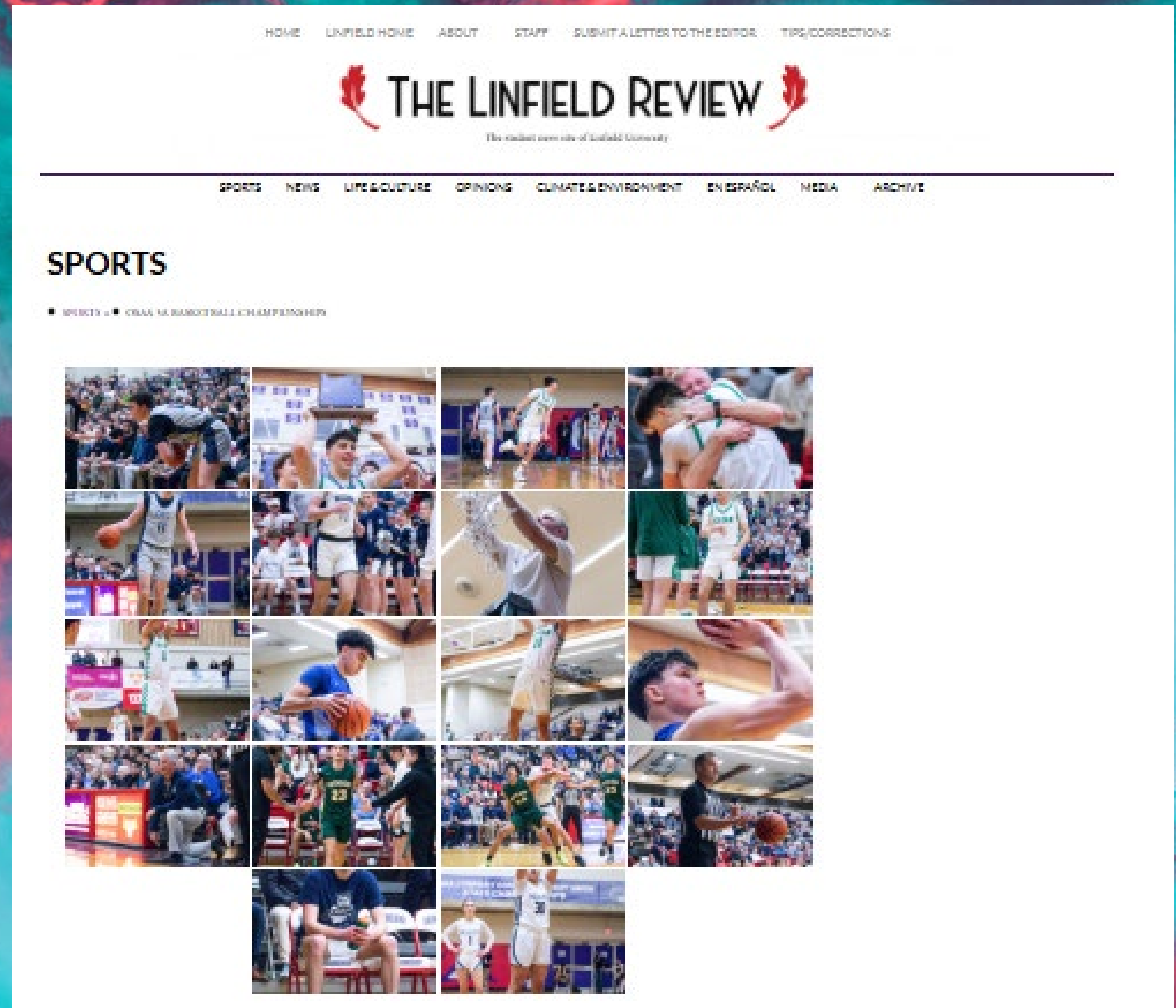
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The Linfield Review

Jake Downing





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The Advocate-MHCC

Tony Acker

FEBRUARY 9, 2024

ARTS & ENTERTAINMENT



HOW TO SURVIVE A ROCK FESTIVAL

Helena Chalmers
The Advocate

Have you ever gone to the drive-thru, ordered your favorite meal, then when you pulled up to the window to pay for that extra-cheesy steak burrito, realized you forgot your wallet and your phone is at 2% battery, so you either had to beg the poor worker to hand you the bag for free, or drive away in utter embarrassment?

That kind of "Oh, sh*t!" moment happens to a lot of people when they attend their first metal concert. It happened to me, too! I was 13 years old at a local show inside a small Texas tattoo shop when I first saw a "mosh pit," and my life was forever changed. I continued to attend shows throughout my adolescence and adult life, and it's grown to be something I love.

And yet I still see the same thing at every show: someone who looks like they have no idea what's going on. Maybe it's a kid who convinced her parents to let her go to a show alone. The parents, oblivious to what "slamcore" even means, agreed and sent her on her way. This kid has never seen a mosh pit, either, and her only experience with metal "concerts" thus far has been blasting her friend's iPhone recordings of "Knocked Loose" through first-generation AirPods.

So, here she is, finally at a show for a band she's been dying to see for months, maybe even a year. Her eyes widen as she watches an actual "pit" form in the center of the crowd – everyone makes space and when the guitars start blasting and the drums start rumbling, a few tough-looking guys venture into the center of this void and start flailing their fists in windmill-fashion and running straight at the crowd!

That's completely normal at a metal show and can be jarring for first-timers. After the most recent concert I attended, Northwest Hardcore Fest, where I saw more confused and upset faces, I thought it might be help-

ful to write a survival guide of sorts – the unwritten rules, expectations, and etiquette of metal concerts.

This is just based on what I've observed over the last 13 years of concertgoing, and truly every show is different.

HAVE A PLAN

First things first: You want to wear comfortable, yet durable shoes. Especially if you're going to a venue where there aren't a lot of seating options, or you purchased "pit" or floor tickets. You're going to be standing all night, and there's a good chance someone's going to step on your toes – literally. I would recommend a sturdy pair of boots with some comfortable insoles, or a pair of sneakers that you wouldn't mind getting dirty.

One of the most important things to

"AFTER THE MOST RECENT CONCERT I ATTENDED, NORTHWEST HARDCORE FEST, WHERE I SAW MORE CONFUSED AND UPSET FACES, I THOUGHT IT MIGHT BE HELPFUL TO WRITE A SURVIVAL GUIDE OF SORTS..."

keep in mind is that most metal shows will get rowdy, so even if you aren't in the mosh pit, there's a high chance that you'll still get shifted and shoved around and won't remain in the same spot the entire night. Think of the venue as a giant basin and the crowd like a body of water; it's fluid and it moves, often unpredictably.

If you want to be anchored in one spot all night, then your best bet would be to 1. Stay

at the back of the crowd, 2. Buy seated tickets if the show is at a stadium or arena, or 3. Get there as early as possible and hang onto the barrier or stage itself for dear life.

There are a few things to keep in mind if you hang out by the stage or barriers, though... Crowd-surfers and stage divers. If you're at the front of any show, you run the risk of having to catch someone who may be much bigger than you. Smaller venues that don't have barriers at the stages might have stage divers – people who literally jump from the stage into the crowd – and larger venues that do have barriers in front of the stage may have crowd surfers, people who convince someone else to lift them at the back of the crowd and "surf" all the way to the front.

The best way to avoid this would be to hang out at the back of the crowd or buy seated tickets, when available.

EMBRACE THE CHAOS

Now, there also are some definite guidelines for etiquette if you do want to mosh. Keep in mind that you don't HAVE to mosh at metal shows, and most people won't care whether you do or don't. But if you decide to, do keep these things in mind.

If someone falls near you, stop what you are doing and help them up immediately. This goes for anywhere in the crowd. You'll often see several people stop what they're doing to help someone up. If you see someone seriously injured or unable to get up, try to get others to help you form a protective

circle and shout for medical help. Remain there until the help arrives.

Be constantly aware of your surroundings! People are often flailing and kicking without a target in the pit; or, if you stroll in unaware of your surroundings, there's a good chance you'll catch a fist or and elbow from someone, even if they didn't intend to hit you. Don't take it personally, either. From what I've gathered this flailing is a sort of somatic experience brought on by the intense energy of the music and crowd, not an actual desire to hurt people.

Try to be aware of others, as well. If someone looks like a frightened deer in a particularly violent pit, don't be afraid to go in and see if you can help them out.

The bottom line: be respectful and have fun. Understand that there is meaning behind the chaos and calamity at a metal concert. Most of us there actually enjoy it and seek it out. If it bothers you, then I would suggest quietly finding a place at the show where you can comfortably avoid the crowd and rowdiness, or to just attend a different show. You probably wouldn't want someone at one of your favorite events constantly complaining about how much they hate it, so why do it?

I understand that maybe a metal concert is not everyone's cup of tea – and isn't intended to be – so, please, don't spoil the fun for those of us just trying to enjoy ourselves!

Photos by Tony Acker



The crowd at NorthwestHardcoreFest



The band Mind Palace performing at NorthwestHardcoreFest

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Lucas Ethridge



Best Feature Photo

Group 2

2nd Place

The Pioneer Log

Isaac Babus

Rapper Bas’ concert improves anticipated new album

Emerging artist reminisces adolescent life in first solo collection, yet variety of topics confuses message

By ISAAC BABUS

DREAMVILLE rapper Bas is back after a five-year hiatus with his fourth studio album “We Only Talk About Real Shit When We’re Fucked Up,” and despite much anticipation from fans, it only sort of delivers. The album is a mix of hip-hop and R&B with Afrobeats influence that simultaneously feels like a deep dive into Bas’s character and surface-level braggadocio, creating an inconsistent feel.

It is jarring to go from hearing Bas rap about his problems with drug use in “Ho Chi Minh,” his relatives and home being harmed because of the Sudanese conflict in “Khartoum,” to flexing his personal wealth in “Yao Ming” and “Paper Cuts.” While songs like “Paper Cuts” do symbolize the growth that Bas has experienced in his journey to becoming a rapper, it still feels empty.

Bas is the son of a Sudanese diplomat. He has been on political envoys since early childhood, where he met figures like Idi Amin. He lived in Paris and Qatar until the age of eight before his family moved to Jamaica, a neighborhood in Queens in New York City. Bas has four siblings, all of whom have successful careers, but two stand out. One is a famous NYC artist, DJ mOma, and the other is Ibrahim, who has managed J. Cole since 2007.



ISAAC BABUS/THE MOSSY LOG
In mid-March his tour visited Portland.

Cole recognized Bas’s talent early on and greatly influenced his career by coaching him, taking him on tour and involving him in his studio sessions. Bas has even been regarded as “Dreamville’s Heir” according to The FADER. This is all to say that he can write incredible lyrics, a claim backed up by Cole himself.

“Some of the flows he was using, words he was putting together. He was kind of naturally talented,” J. Cole said.

Cole is not wrong; Bas can write vulnerable and impactful lyrics. He proves that on songs like “Live For” off of 2016’s “Too High to Riot,” which dive into Bas’ relationship with his aunt before she passed, his cynical perspective on the world and the pain that comes with letting go of others to achieve goals. Unfortunately, that raw emotion seen on “Too High to Riot” is found in only two, or perhaps three, songs from the newest 17-song album.

“Light Of My Soul” is a brilliant start to the album and sets the tone with its melancholic, slowed vocal sample. The drums kick in as he raps about his worry that he will die from drug use, which he consumes to avoid his inner pain. Bas raps about trying to forget the past, dealing with “friends” stealing money from him and starting to overcome his ingrained tendency to people-please: “Mama told me ‘Treat ‘em to the light of my soul / The light of my soul, and don’t expect nun back’ / The light of my soul, but shit, I want some back.” The song ends with a Sudanese woman praying for Bas in Arabic.

Following the title track, the lyrical quality drops off. “Black Jedi” and other songs like “Decent” and “U-Turn” follow monotonous, faceless, romantic and sexual relationships, which is a rough transition following the emotion that Bas had shown prior. “Choppas” and “Risk” are wonderful FKJ-produced beats, but Bas returns again with wishy-washy, R&B-inspired lyrics about forlorn relationships.

Another song, “179 Deli,” which is a fun club song produced by members of Jungle and featuring AJ Tracey. The club synths, pounding bass and ethereal backing vocals from Lydia Kitto elevate the track. Bas takes on a more upbeat tone with his rapping, mimicking what people say about him behind his back by talking with his hand when he performs

the song on stage. The name “179 Deli” comes from the name of a deli Bas grew up by in Jamaica, and my personal nitpick is that I wish he spoke more on his adolescent life growing up in that area of New York. That deli clearly holds some important sentiment to him, and I want to hear more about that.

Despite “We Only Talk About Real Shit When We’re Fucked Up” being Bas’s first solo album, Bas’ best moments are standing beside J. Cole. In “Home Alone,” Bas adopts Cole’s rhyme scheme while seemingly allowing Cole to take the lead. “Passport Bros” feels like a triumphant return to the brotherly duo as they drunkenly sing about love and their travels across the world on a Barcelona-inspired beat.

In some ways, “Passport Bros” feels reminiscent of “Tribe” from “Milky Way,” which is another J. Cole collaboration and one of Bas’s most streamed songs. While I do enjoy the song, it does not live up to the album’s goal of delving into deep emotional topics. If the album were more concrete and on theme, “Passport Bros” would be a welcome reprieve to the hard topics, but given the lack of overall structure, this track just adds to the confusion.

Overall, I think the album is a solid 6/10 and fun to listen to on night drives. The downtempo style of most of the album creates a calm and melancholic vibe as Bas’s mellow vocals guide you through the tracks. “Passport Bros” is the one disruption to that flow, leading back to this continuous issue in structure, concept and Bas trying to do a little bit of everything.

However, when I saw Bas on tour, and the album was detached from its structure in the form of a concert, the music was much more enjoyable. Bas had the freedom to jump around musically and it was not expected to have any order to it or follow a specific theme. Bas utilized that freedom incredibly well during his time on stage. Bas played an intimate show at the Roseland Theater on March 16 for an audience of around 200 people. Bas’ openers, Hoosh, Reuben Vincent and Blxckie, were all artists I had not heard of before. Seeing Bas introduce his audience to smaller musicians was powerful, especially as Blxckie came from South Africa to join the tour.



ISAAC BABUS/THE MOSSY LOG
Backdropped by flashing lights, the singer engages the crowd while shrouded in smoke.

Every musician had a strong stage presence and engaged the crowd, especially Bas himself who brought a fan on stage to rap with him. The live piano, guitar and incredible backing vocalist added a lot to the performance as Bas took the crowd through a time warp by performing songs from all of his albums. From 2014’s “Last Winter” to “Revenge of the Dreamers III” and J. Cole’s “The Off-Season,” Bas had it all.

I do love Bas’s music and eagerly look forward to the next projects he creates. In terms of lyrical depth, I did not think Bas was going to drop the next “4 Your Eyex Only,” as J. Cole’s

rawness on the 2016 album is hard to match, but the expectations I did have were not met. The few emotional songs on the album stand out much more than the others and I think that the fluff of the album disrupts its main message. Bas taking a moment during the show to talk about his relationship to Sudan as his second home before performing “Khartoum” hit home the album’s point in a way that feels unclear without witnessing it live. I do believe that Bas has the skill to be Dreamville’s heir after J. Cole, but I do not think he is there just yet. With more time and confidence gained, I think the crown will be his.

Best Feature Photo

Group 2

1st Place

Vanguard - PSU

Briana Cieri





Best Photography

Group 3

3rd Place

The Commuter- Linn Benton CC

Brenda Autry



Best Photography

Group 3

2nd Place

The Commuter- Linn Benton CC

Micah Teague



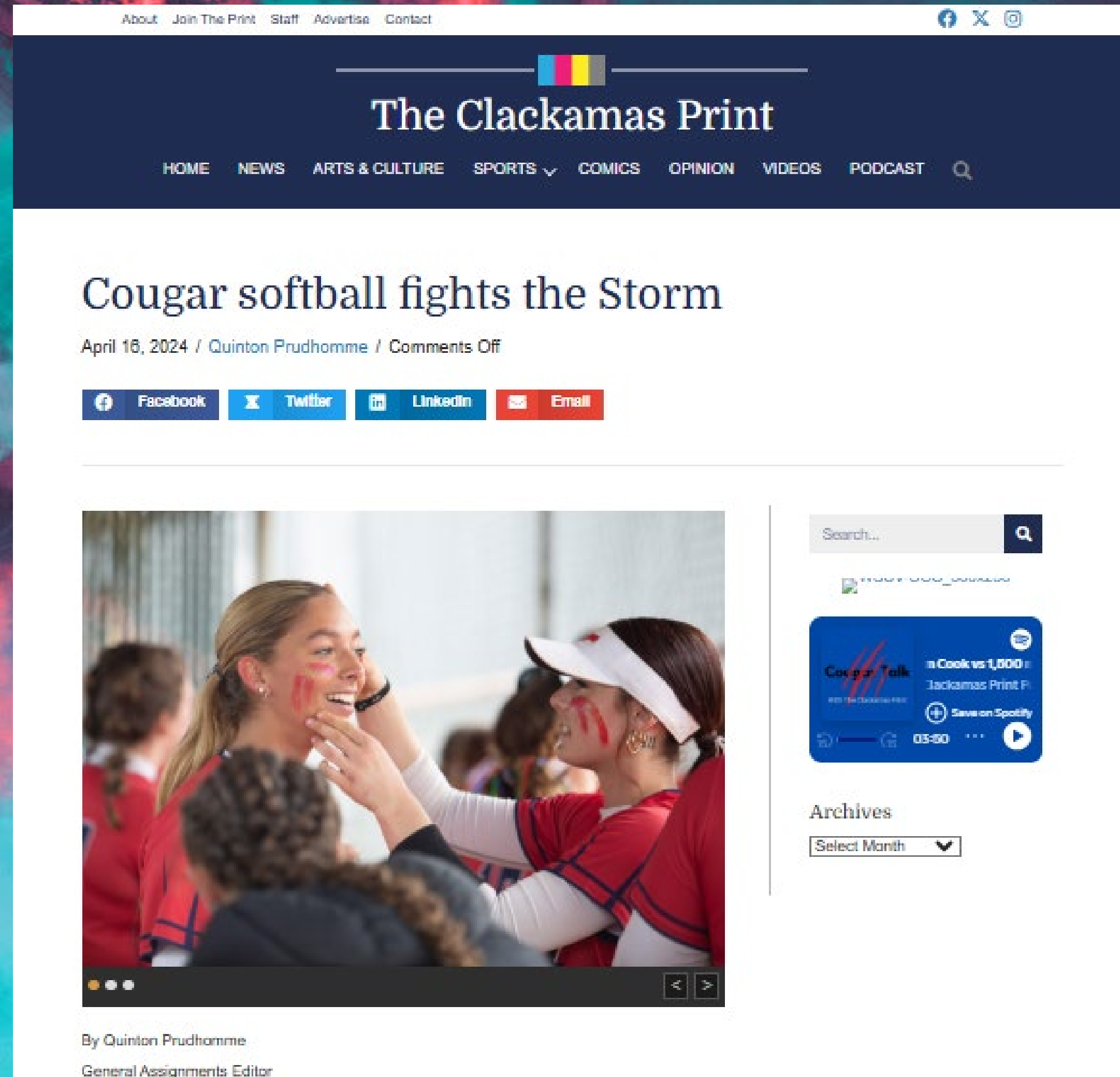
Best Photography

Group 3

1st Place

The Clackamas Print

Quinton Prudhomme



Best Photography

Group 2

3rd Place

Oregon Daily Emerald

Alex Hernandez



Best Photography

Group 2

2nd Place

The Daily Barometer

Carter Pardue



Best Photography

Group 2

1st Place

The Daily Barometer

Taya Etzell

The Daily Barometer

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Taya Etzell

Wide Receiver Zachary Card (12) takes a knee before kickoff against San Jose State University at Reser Stadium on Nov 9, 2024.

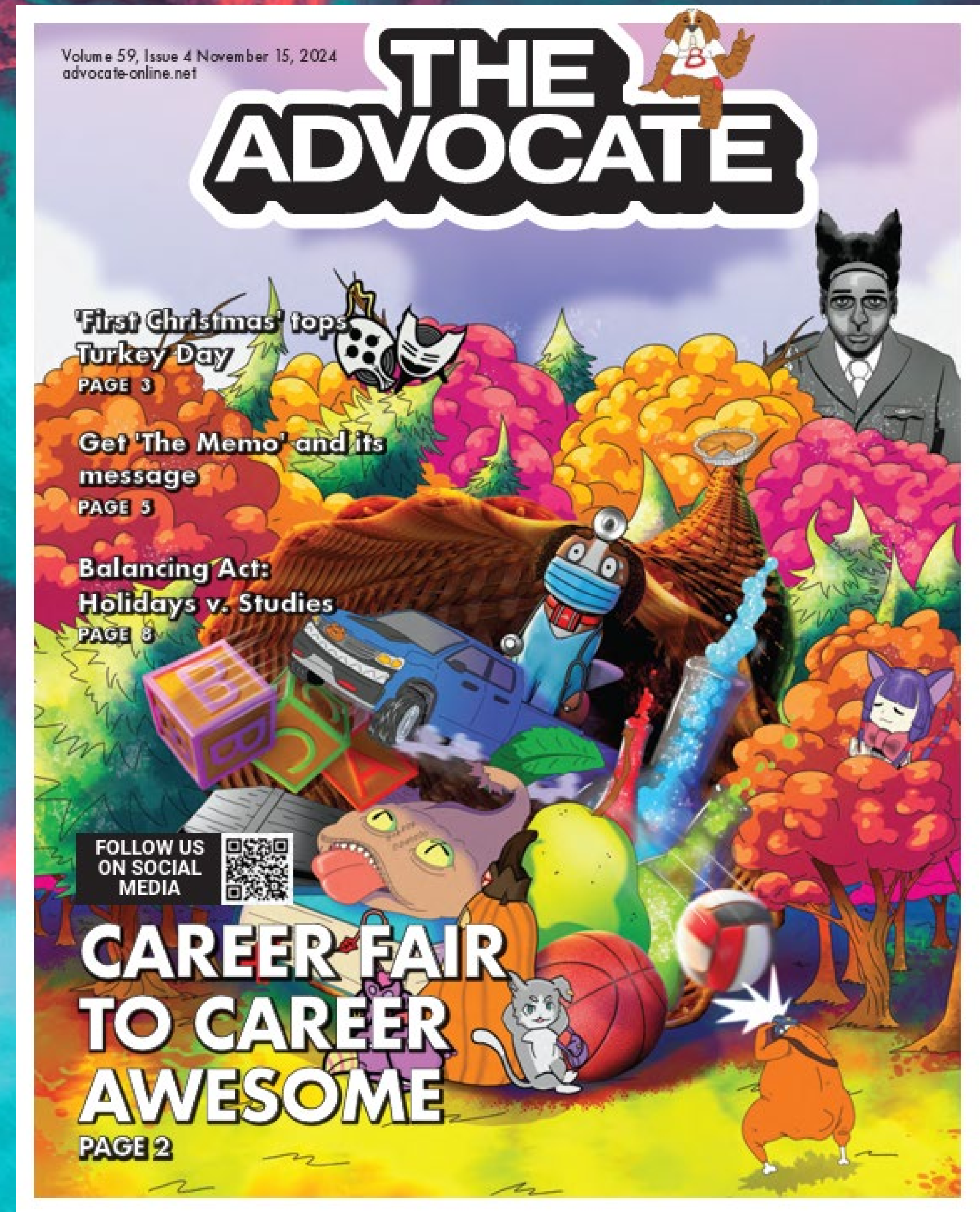
Best Design

Group 3

3rd Place

The Advocate-MHCC

Ken Perez, Courtan Souders, Prisma Flores



Best Design

Group 3

2nd Place

The Clackamas Print

Staff



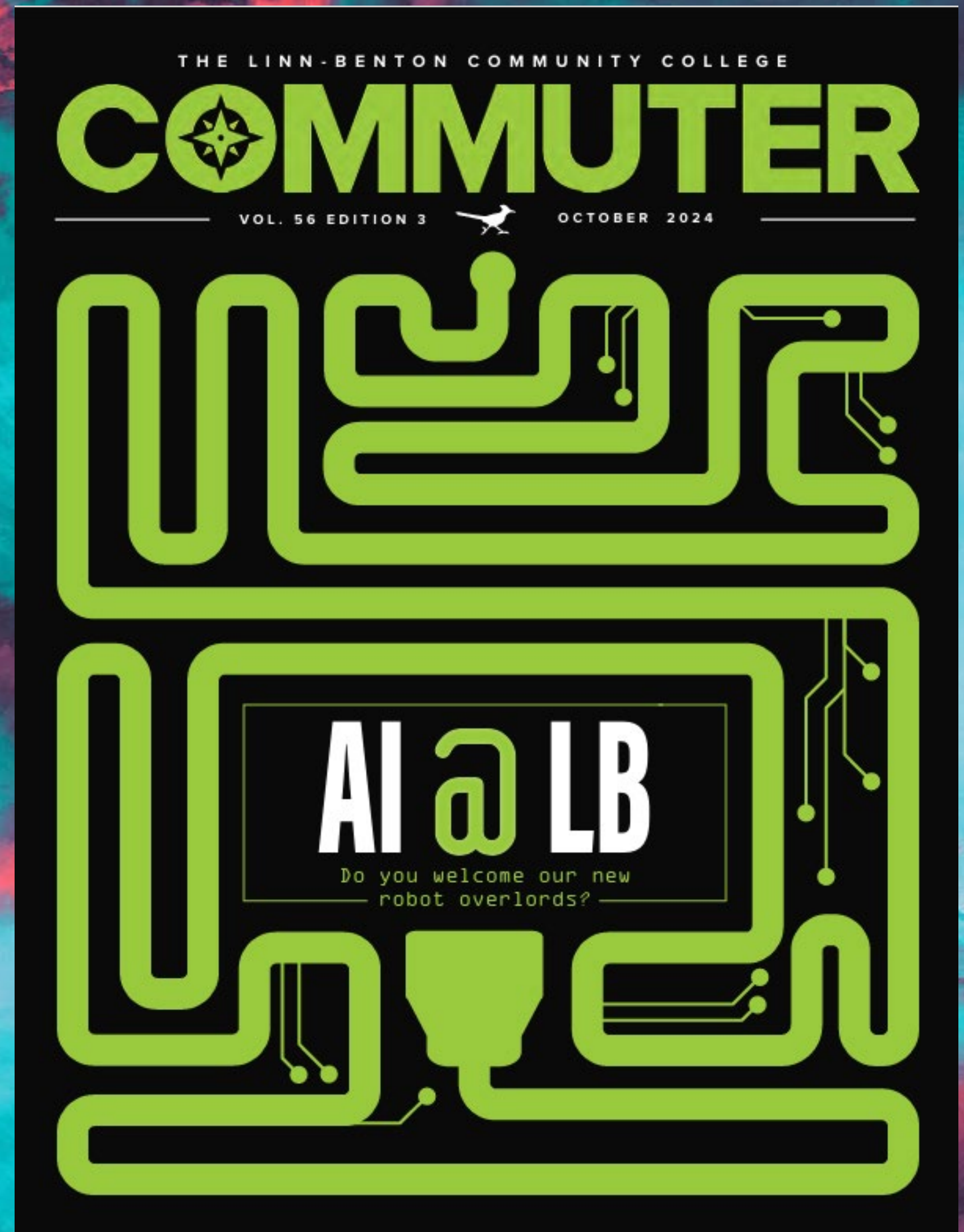
Best Design

Group 3

1st Place

The Commuter- Linn Benton CC

Staff, Kailyn McQuisten



Best Design

Group 2

3rd Place

The Pioneer Log

Staff

Campus processes results during, after election

Palatine Hill Student Voters Club, Center for Social Change and Community Involvement host event

By OLIVIA MILLER & JESSIE SHAW

ON THE EVENING of election day on Nov. 5, the Center for Social Change and Community Involvement (CSCCI), the Palatine Hill Student Voters Club (PHSVC) and Professor Joe Guzzt hosted an election night watch party in Stamm Dining Hall. The Hi Media Lounge was also available for students as a quiet space to await the election results.

Rita Montgomery '27, active member of PHSVC, participated in organizing and facilitating the event.

"We did a raffle competition, where students could enter in predictions. We had coloring sheets and craft supplies in the Hi Media Lounge, and we encouraged students to discuss everything as it was happening. We also projected the New York Times' electoral college map to help keep track of the results along with the livestream of the news, and we encouraged students to follow their home state's progress as well," Montgomery said.

Along with the many activities offered, free pizza and fresh popcorn drew in a sizable crowd of students following along as the election results steadily poured in.

Raheem Gurnee '26, the founder and chair of PHSVC, explained that the purpose of hosting this event was to facilitate student dialogue and make students feel less alone in their convictions.

"We wanted to have an election results watch party for students as a way to kind of wrap up our voter advocacy efforts as a celebration of all the work that's gone into it so far, and also a place for students to come and have an open discussion," Gurnee said. "I think watching the results come in together, in many ways, is more productive than watching them alone. I know for myself and my friends, we want to watch them

together because where the real processing happens is not so much with the watching, but with... the discussion afterward."

Gurnee also discussed her club's collaboration with the CSCCI to promote voter education and outreach.

"Palatine Hill Student Voters Club has been working pretty closely with the Center for Social Change for at least the last year because they have actually allowed a student employee position specifically for voter education, voter outreach," Gurnee said. "And so that's been super, super helpful for our club, and we've been working really closely with them. If we've seen the voter registration flow chart, or if you've seen us talking together, those are fruits of our efforts together."

The last election night party was hosted in the Run during the midterm elections in 2022. Gurnee explained that changes to the event were made due to criticism of its location.

"We did use in 2022 where we just around the election results in the Run, but we got mixed reviews on that, because some people were excited about it and they did want to talk about it and watch it, and other people were really upset to watching it," Gurnee said. "We felt like the Run was not a good place to do it, because people need to eat at the Run anyways, and in some ways, it forces it on people."

This year's watch party was crowded with students anxiously awaiting the election results while enjoying snacks, making predictions on election simulation maps and talking to others about their feelings. Nearly all students at the watch party cheered another Trump presidency and hoped for a Harris victory, despite some dissatisfaction with the latter, given a politically progressive student body.

Evan Jackson '27 explained that he voted for Harris primarily to vote against Trump, not because he was necessarily in support of her political positions.

"I'm not really voting for Kamala on the merits of anything she's doing, in particular, as much as I'm voting against Trump," Jackson said.

Nico Stevenson '27 expressed a similar sentiment about why they voted for Harris, yet also expressed dissatisfaction with her character and platform.

"I don't really like her very much as a person, and I very much disagree with her international affairs policies," Stevenson said. "I think that there's a lot of hidden background given her past with like the police and as a prosecutor, which makes me uncomfortable personally, but she's also the lesser of two evils... I think that under an America where Trump wins, it's going to be a lot more disastrous to organize as a people than it would be under an America where Kamala wins."

Aria Villalobos '27 was especially concerned about another Trump presidency, stating her view that Trump was a fascist and a threat to transgender rights.

"His main support is transgender people, and as a transgender woman of color, I don't want all my rights taken away," Villalobos said. "I don't want fascists to come to power in this country, especially as the support of said fascists."

Jackson, a classes major, was also one of many students who attended the event in the early evening hours before other candidates had a clear lead. Jackson felt unsure of what they believed the outcome would look like.

"I got some positive predictions this morning, so I don't know. But also, the maps are looking a little concerning," Jackson said.

Jackson, a resident of California, had studied in their hall at a few weeks prior to election night. They voted for Vice President Kamala Harris and Minnesota Gov. Tim Walz.



MEX NABU/THE MOSSY LOG

"I'd rather have Kamala Harris and still have a democracy than I would Trump and no longer have a democracy. We can make things better if Kamala Harris wins. We have a long, rough longer way to go if Trump wins," Jackson said.

Montgomery expressed satisfaction with the student engagement and participation at the event.

"We saw a really great turnout from students throughout the night which was awesome to see," Montgomery said.

"I think there was a lot of excitement as the results started to come in, but that shifted to anxiety later on in the night. As some of the swing states, particularly Michigan, Wisconsin and Pennsylvania, began to have their results come in, I think a lot of students were following that pretty closely with some anxiety because of how pivotal those states were to either candidate."

"COLLEGE" continued on page 3.

Data Science department expands course offerings for upcoming term

By GRACE BISCHOFF

THIS SPRING, the Data Science department will offer a new course titled DSCI 245: Data for Good in partnership with the nonprofit Growing Good, as well as a new version of the DSCI 245 practicum in partnership with the Multnomah County Health Department. In these courses, students will gain practical experience analyzing data sets from community organizations.

Data for Good is a 4-credit course taught by Professor Devin Fitzpatrick. Students will assist Growing Good, a local non-profit focusing on community gardening in public schools and correctional facilities in the Portland metro area.

"We will first engage in actual data analysis tasks for them — preparing reports at a professional level, making visualizations and reviewing the skills we need as we go on," Fitzpatrick said.

Throughout the class, students will review and reflect on the data,

and design surveys to collect more data in the future. Fitzpatrick hopes that students will get the opportunity to volunteer at an on-site Growing Good spring planting event.

When designing the course, Fitzpatrick reached out to several nonprofits in the area to gauge interest and eventually reached a partnership with Growing Good.

"There's quite a bit of enthusiasm. I ended up picking the organization that has a data team themselves that needed help, and I am confident that we will have a lot of clear direction on what will really help them," Fitzpatrick said. "The students will get very realistic training and experience that will create really professional level analysis for an organization that will really benefit from it."

The data science practicum, DSCI 245, is a remaining, 2-credit course. The practicum was previously centered upon a relationship with the US Fish and Wildlife Service. Students worked with students at the

University of Arizona to analyze data sets of species under consideration of an endangered listing.

The course now uses data from the Multnomah County Health Department related to cancer diagnoses, prognosis and survival. They will then link those variables to various social demographics. Students will also talk to stakeholders, including local nonprofits, interested in the data to identify their key questions.

Head of Digital Services at Watzek Library Jeremy McWilliams is the instructor of this course. Professors Greta Blanford and Sarah Warren were also instrumental in organizing the course and partnership.

"This [course] came from just a bunch of efforts to try to bridge Lewis & Clark with the community," Blanford said.

Fitzpatrick expressed hope that Data for Good will continue to be offered in the future and potentially partner with different local non-profits.

"PROFESSIONS" continued on page 3.

Undergraduate campus to host legal fraternity

By ELLA R. DUNN

THIS SEMESTER, students from the Pre-Law Club are attempting to charter a chapter of Phi Alpha Delta (PAD) to the undergraduate campus. PAD is the country's largest legal fraternity, supporting law and pre-law students and connecting them to a wide range of people within the legal profession.

A social fraternity is likely what comes to mind when mentioning the term fraternity or sorority. These groups partake in the more traditional "frat" activities with the goal of social outreach, philanthropy and making connections. This is also the type of Greek life many associate with more negative aspects, such as hazing and partying.

Professional fraternities are a different category. Their main goal is to connect a wide network of students and alumni interested or involved in a certain career path. These fraternities are only similar in the respect that both are on-campus chapters that all connect to a larger organization.

Metro-Police '27 is spearheading the effort to bring PAD to the undergraduate campus. She clarified the role of PAD as a professional society.

"PAD would not be introducing Greek life to LC," Polase said. "We want to strengthen the pre-law program, that's our goal, through networking events, mixers, panels with alumni and strengthening our connection with the law school — who also have a PAD chapter."

PAD would operate like any other student organization or club here on campus — student-run with a staff advisor for support.

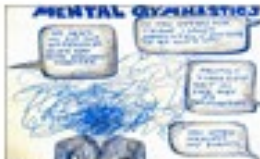
"Our first step was getting approval from the school — through Student Engagement because we're a student organization," Polase said. "We're in the chartering process right now, which consists of submitting different documents and appeals to the executive officer of PAD. Right now, we're recruiting because there's a minimum number of members [necessary for approval]."

"PWL" continued on page 3.

Today's Grievance



BREAKING NEWS: Post-election



OPINION
Politics and relationships
The extent to which you let politics affect



FEATURES
George from the Bon
Newest member of the Bon staff shares his



ARTS
FATHOM art exhibit
Robots, Octopods, local artists collective



SPORTS
Womens lacrosse
Newly-established team looks forward to

Best Design

Group 2

2nd Place

The Daily Barometer

Rida Kauser, Audrey Saiz, staff



Best Design

Group 2

1st Place

Vanguard - PSU

Briana Cieri



Best Graphic

Group 3

3rd Place

The Advocate-MHCC

Cortlan Souders



ARTS & ENTERTAINMENT

ADVOCATE-ONLINE.NET

'FALLOUT' TV SHOW IS A STREAMING HIT

Cortlan Souders
The Advocate

Debating on April 10, Amazon released its hit streaming show "Fallout," which revolves around the long-standing game franchise of the same name.

Taking place in Los Angeles of 2296 – 234 years after the bombs dropped during the great war of 2076 – the show follows the paths of Lucy MacLean, Maximus, and The Ghoul. Lucy, a bright-eyed and happy-go-lucky dweller from Vault 33, has spent all her life underground. Her life turns for the worse when raiders from the surface invade and cause chaos in the vault, ultimately kidnapping her father, Frank MacLean.

Changing perspective, we go through the life of Maximus, who was orphaned after surviving a nuclear blast that

wiped out the settlement of Shady Sands. He was rescued by a faction named The Brotherhood of Steel and has since grown up in a Brotherhood camp. Slowly moving through the ranks, Maximus soon becomes a squire, with his new task of hunting down a scientist from another faction, the Enclave.

That scientist, Siggi Wilzig, holds the power to allow for the redevelopment of civilization, entirely. Being partnered with a Brotherhood knight, Maximus will soon uncover the inner workings of the Brotherhood of Steel.

Finally, our last protagonist is the well-known assassin, The Ghoul. Known during the pre-war era as Cooper Howard, he was a famous actor and face of the infamous corporation, Vault Tec. The Ghoul is now a deteriorating and devilish husk who must constantly refuel his body with chemicals to ward off the effects of long-term radiation that will churn

him into a mindless monster. Also offered the bounty award of finding Wilzig, he now scours the wasteland, looking for any clues to find the scientist's whereabouts.

During the first nine episodes show, all three of these protagonists meet on a multitude of occasions, slowly uncovering the fact their lives aren't too different.

In its first season, *Fallout* quickly rose to be one of Amazon's top shows, garnering 65 million views in the first two weeks after its release. It has even become Amazon Prime's second-highest viewed show, only beaten by "Lord of the Rings: The Rings of Power."

Fallout has proven to many people that well-adapted shows from famous game franchises can be a reality, instead of mere wishful thinking. Working hand-in-hand with Bethesda Game Studios executives themselves, creators of the *Fallout* games, makes for accurate and proper storytelling to occur while also allowing a fresh new story to emerge.

Being a fan of the franchise myself (playing "Fallout 4" way too much as a 9-year-old), I deeply enjoyed this streaming show. With the dark and witty humor, moving character development, and the stellar props and set designs, I feel it took the best qualities of the games and packed them into a show that will be talked about for years.

With insiders already announcing the production of a Season 2, I will gladly wait another year or two before I can spend a whole week of my life binging and analyzing whatever that next season offers.

Images sourced from amazon.com



PAGE 10



Best Graphic

Group 3

2nd Place

The Commuter- Linn Benton CC

Kailyn McQuisten



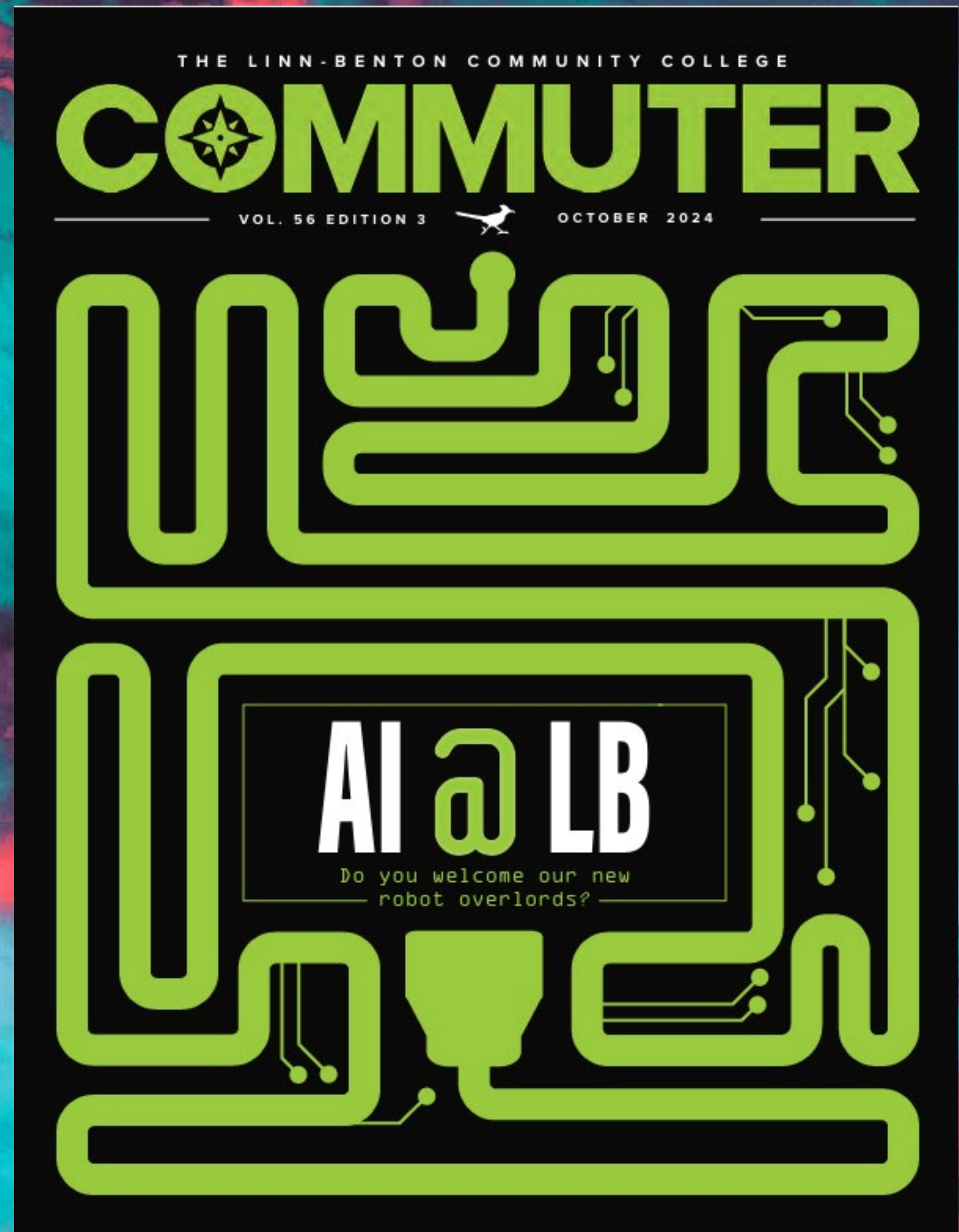
Best Graphic

Group 3

1st Place

The Commuter- Linn Benton CC

Kailyn McQuisten, Ryland Bickley



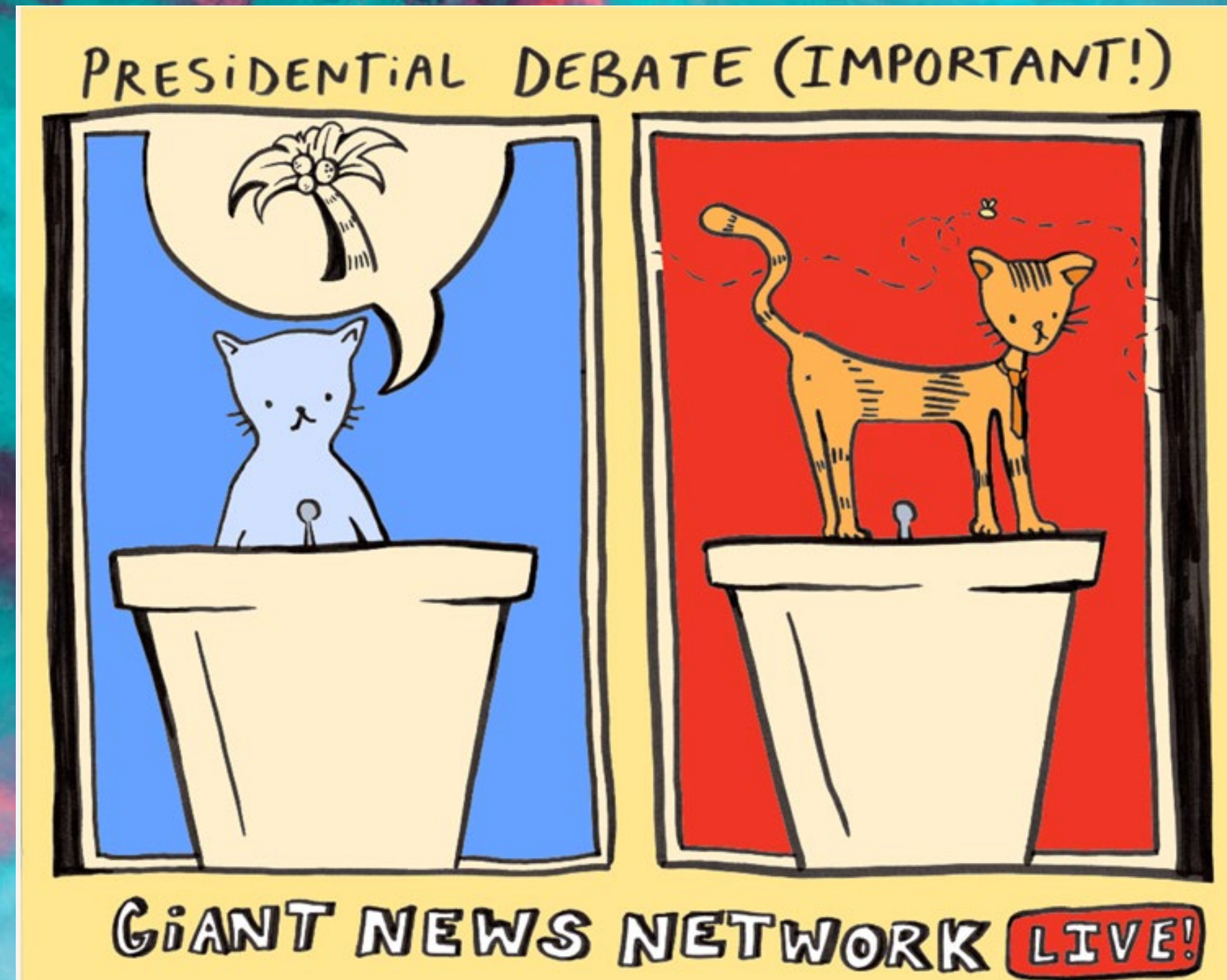
Best Graphic

Group 2

3rd Place

The Collegian-Willamette Univ

Alyssa Diggdon



Best Graphic

Group 2

2nd Place

The Pacific Index - Pacific Univ

Staff



Best Graphic

Group 2

1st Place

Vanguard - PSU

Arianna Thomas



Best Cartooning

Group 2 & 3

3rd Place

The Advocate-MHCC

Cortlan Souders



Best Cartooning

Group 2 & 3

2nd Place

The Advocate-MHCC

Devin Singh

FEBRUARY 9, 2024

ARTS & ENTERTAINMENT



'OPPENHEIMER,' 'BARBIE' CLAIM ACADEMY AWARD NOMINATIONS

Lacoda Kiesel Howe
The Advocate

With 2023 a closed book with more than enough newly missed movies to recap and review, the upcoming Academy Awards ceremony has us waiting with bated breath until the winners of each genre and category are announced.

Until that fateful day on March 30, here are the three biggest movies to keep an eye on during your next lazy day and a glance at what people have to say about the nominees and movies themselves.

Kicking things off with 13 nominations is "Oppenheimer," a popular biographical thriller following the development of the atomic bomb. The movie was an acclaimed success, making nearly 30 times its \$100 million budget at the box office. It has a star-studded cast; most notably its titular role of J. Robert Oppenheimer is played by Cillian Murphy, who earned his first Oscars nomination for Best Actor.

Murphy's frequent cohort and the director of the film, Christopher Nolan, also received three nominations for his work on the film — for Best Film, Best Director, and Best Adapted Screenplay. Nolan has astonishingly never won an Oscar, despite having nearly 200 other awards under his belt and having been previously nominated for his direction on films including "Memento" and "Inception."

Oppenheimer's success also led to several nominations in categories reflecting the intensive work on the aesthetics of the film, such as its costuming and cinematography.

As for controversy over nominations (or the lack thereof), you can look to "Barbie." The movie pulled an astounding \$1.4 billion in sales, catapulting it to No. 1 on the list of highest-grossing movies of all time, but received only eight nominations, the majority of which focus on the aesthetics of the movie rather than its content.

The uproar is mostly centered on how lead actress Margot Robbie and director Greta Gerwig received no nominations despite the movie's success. This wouldn't be as notable if not for Ryan Gosling, who played (the leading) Ken, receiving a nomination as Best Supporting Actor. This hilariously and sadly serves as a real-life parody of the mes-

sage and plot of the movie, where Barbie and Ken are brought out of Barbie Land and into the real world, where Ken learns about the patriarchy and goes mad with power upon his return home.

Actress America Ferrera, who played Gloria in the film, was also nominated for

"KICKING THINGS OFF WITH 13 NOMINATIONS IS 'OPPENHEIMER,' A POPULAR BIOGRAPHICAL THRILLER FOLLOWING THE DEVELOPMENT OF THE ATOMIC BOMB."

her supporting role. While watching the movie, Gloria's monologue about the expectations of women brought me to tears

and has had the same effect for many women across the world, even sparking a feminist movement in China, which treats the movie as a litmus test for potential romantic partners.

While I personally am raising an eyebrow at how the top-grossing film of 2023 wasn't nominated for two of the most important categories, I believe the nominations the movie did receive are more than justified.

The slightly shocking third movie on this list is "Poor Things," a Sci-Fi comedy about Bella, who had her fetus's brain transplanted into her dead body after committing suicide while in an abusive relationship and is now trying to deal with life as a person who has never experienced independence in an already matured adult body.

The raunchy, and honestly horrifying at times film earned 11 nominations across categories ranging from Best Actress and Best Director, to Best Original Score and

Best Editing. These were widely unexpected, while lead actress Emma Stone stated it was her favorite role ever and was quoted saying "It was a really beautiful thing to experience."

An odd but significant point of contention among fans of the movie's actors is Mark Ruffalo, who plays Duncan, the boozey lawyer, being chosen for the nomination of Best Supporting Actor over Willem Dafoe, the mad scientist who created Bella.

Beyond all that, the majority of Oscars fans are just looking for the next interesting tidbit or interview to come out regarding any of the films in the lineup. Despite the controversy surrounding the films on this year's list, I personally am hoping for a nice, amicable evening where no one gets slapped!

Were you shocked by any of these big-name contenders? What big moment are you hoping will define this year's Oscars?

Art by Devin Singh



Clockwise, from top left: "Oppenheimer," "Barbie," "Spider-Man: Across the Spider-Verse," and "Napoleon."

Best Cartooning

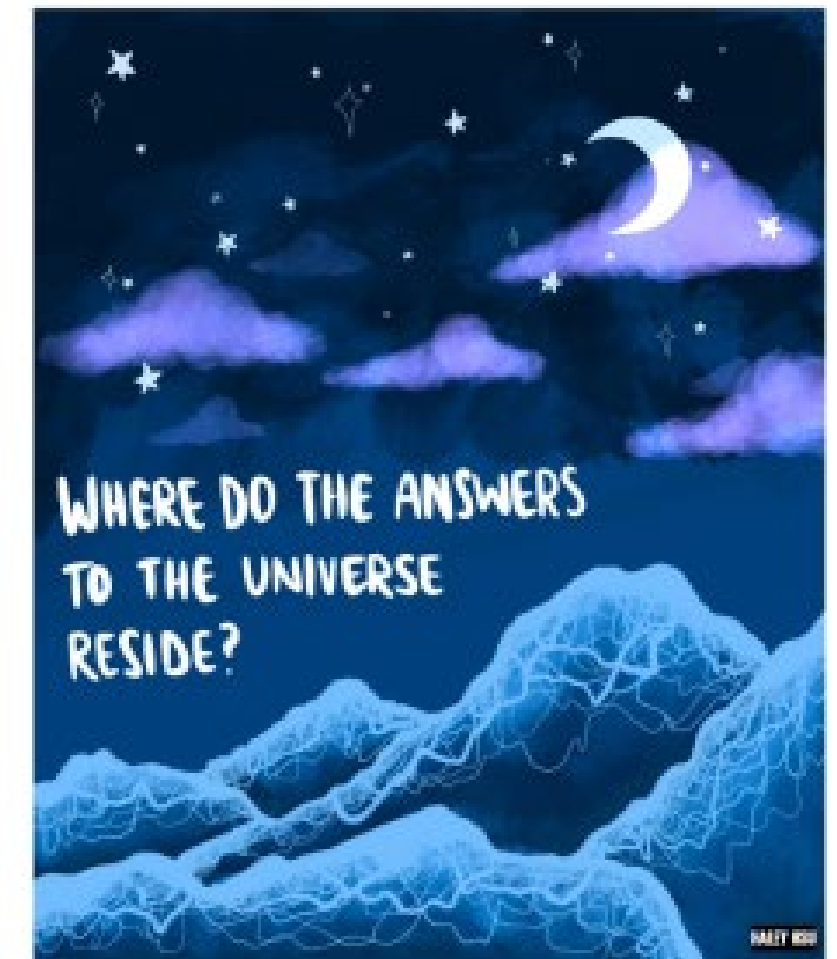
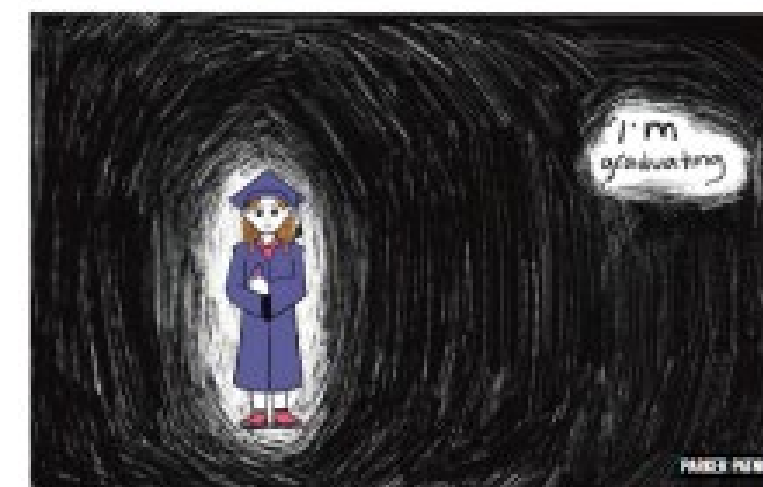
Group 2 & 3

1st Place

Vanguard - PSU

Arianna Thomas

"BAD KITTY"



Best House Ad

Group 3

3rd Place

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The Commuter- Linn Benton CC

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Anthem of the Month

Monthly music recommendations to keep you inspired



Houdini
Poster the People

"Houdini" by Poster the People is about the artist's fear of rejection. The artist wants to pursue experimental ideas but feels pressured to make music that appeals to the masses. Finding the balance between making what you want and what is practical is an idea that applies to any creative career as well as journalism.



now for the full playlist

The Commuter Recommends:



The Commuter



Houdini
Poster the People



Insignia
Conrad Barclay



Hearty DuBouille
English Teacher



Classical
Wendy Woodland



Espresso
Sabrina Carpenter



In My Head
The Common Tongue



Good Luck, Rebel!
Chappell Roan



Out of Touch
David Hall & John Gray

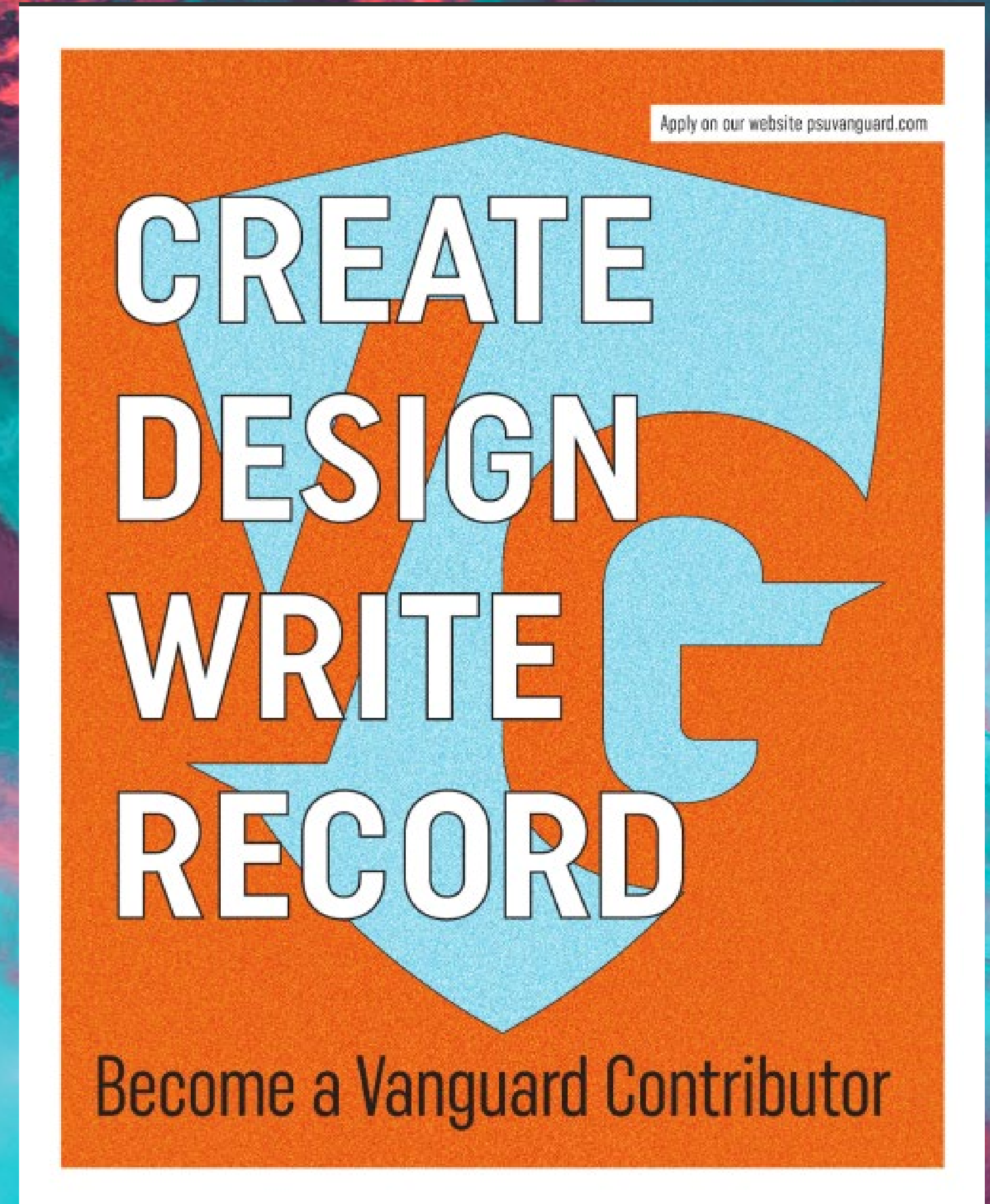
Best House Ad

Group 2

3rd Place

Vanguard - PSU

Briana Cieri



Best House Ad

Group 2

2nd Place

The Pacific Index - Pacific Univ

Rose Everingham



Best House Ad

Group 2

1st Place

The Daily Barometer

Paige Michalski



Best Website

Group 3

3rd Place

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HISTORY ON THE FLY



TRENDING

Best Website

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2nd Place

The Broadside -COCC

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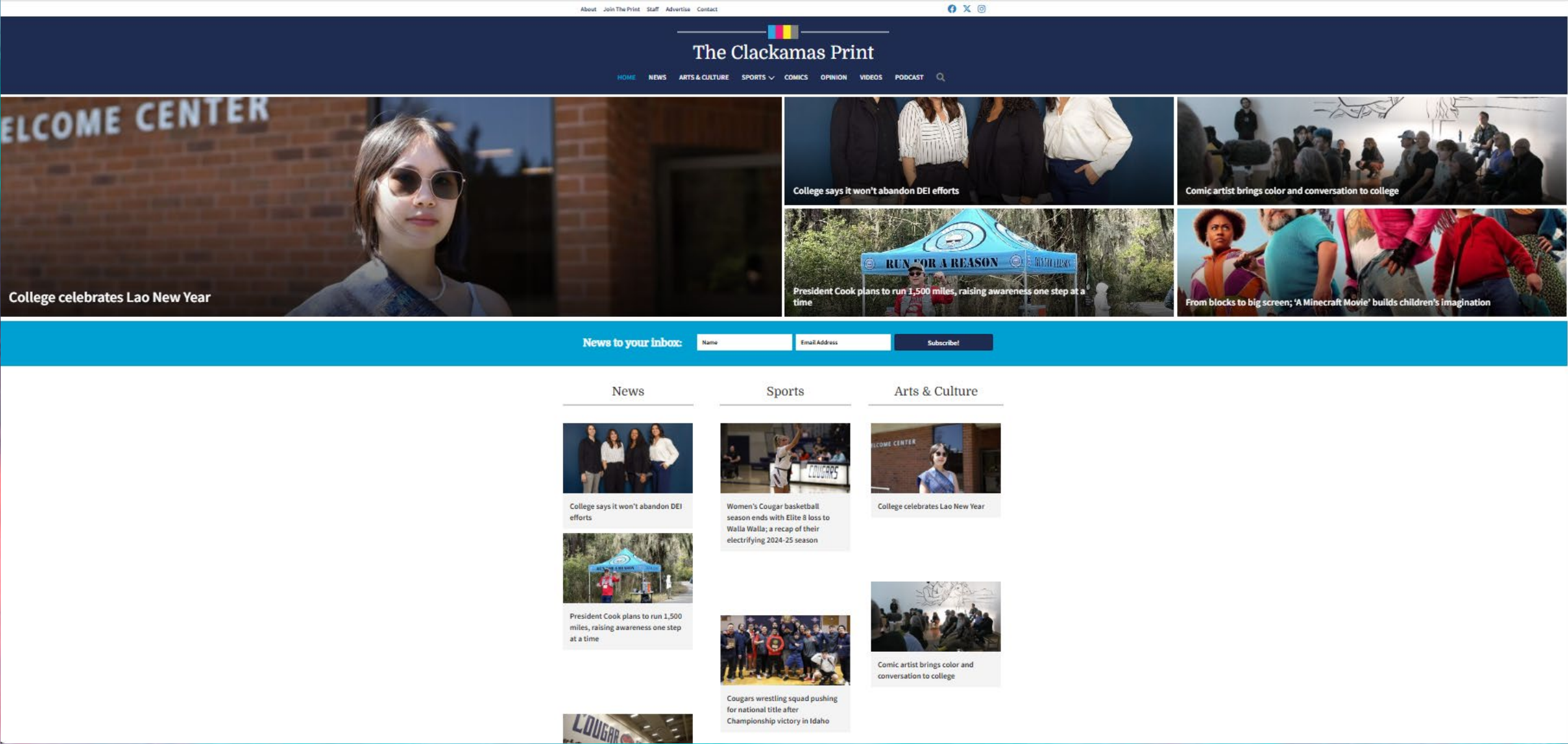
Best Website

Group 3

1st Place

The Clackamas Print

Staff



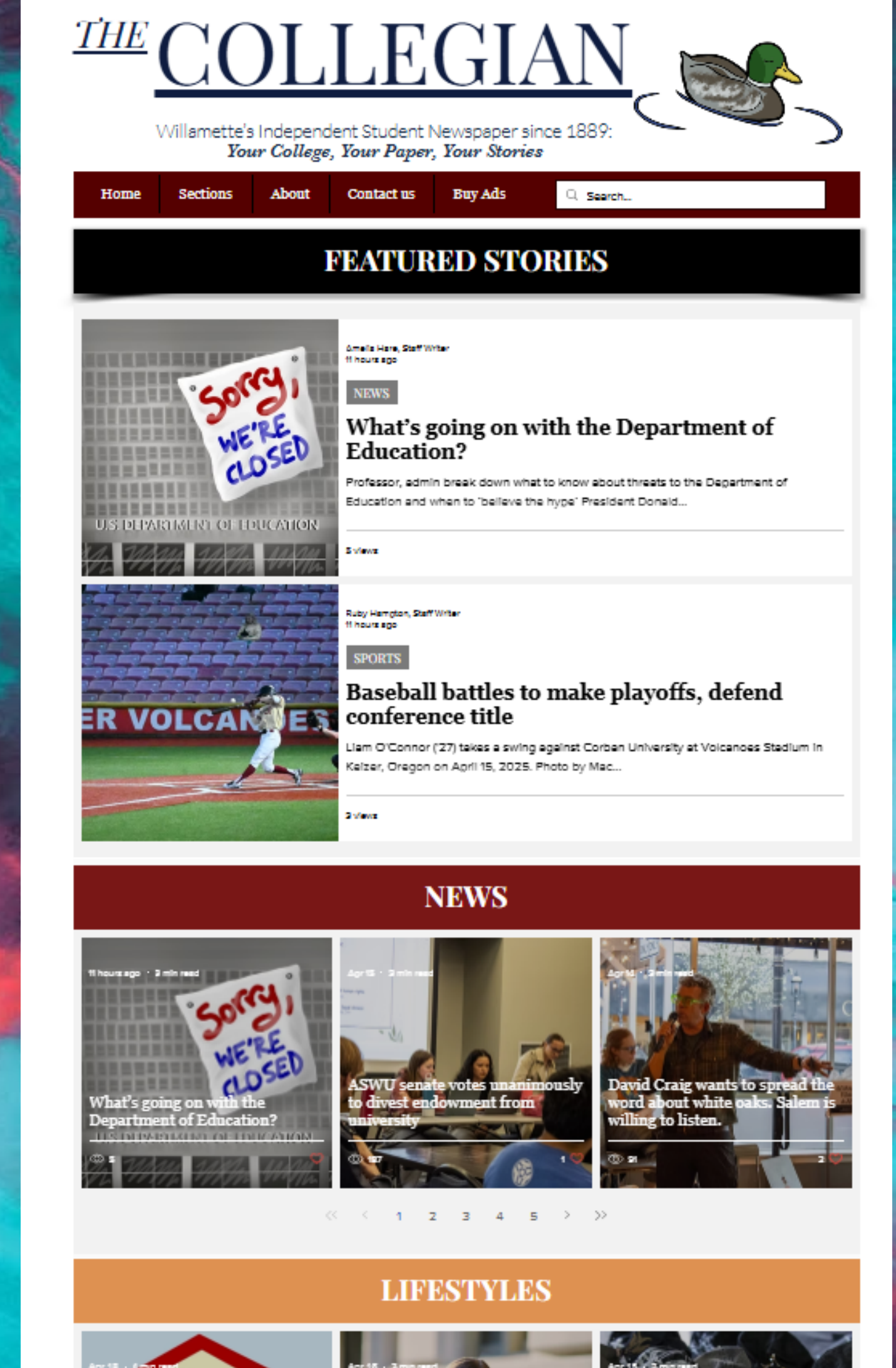
Best Website

Group 2

3rd Place

The Collegian-Willamette Univ

Staff



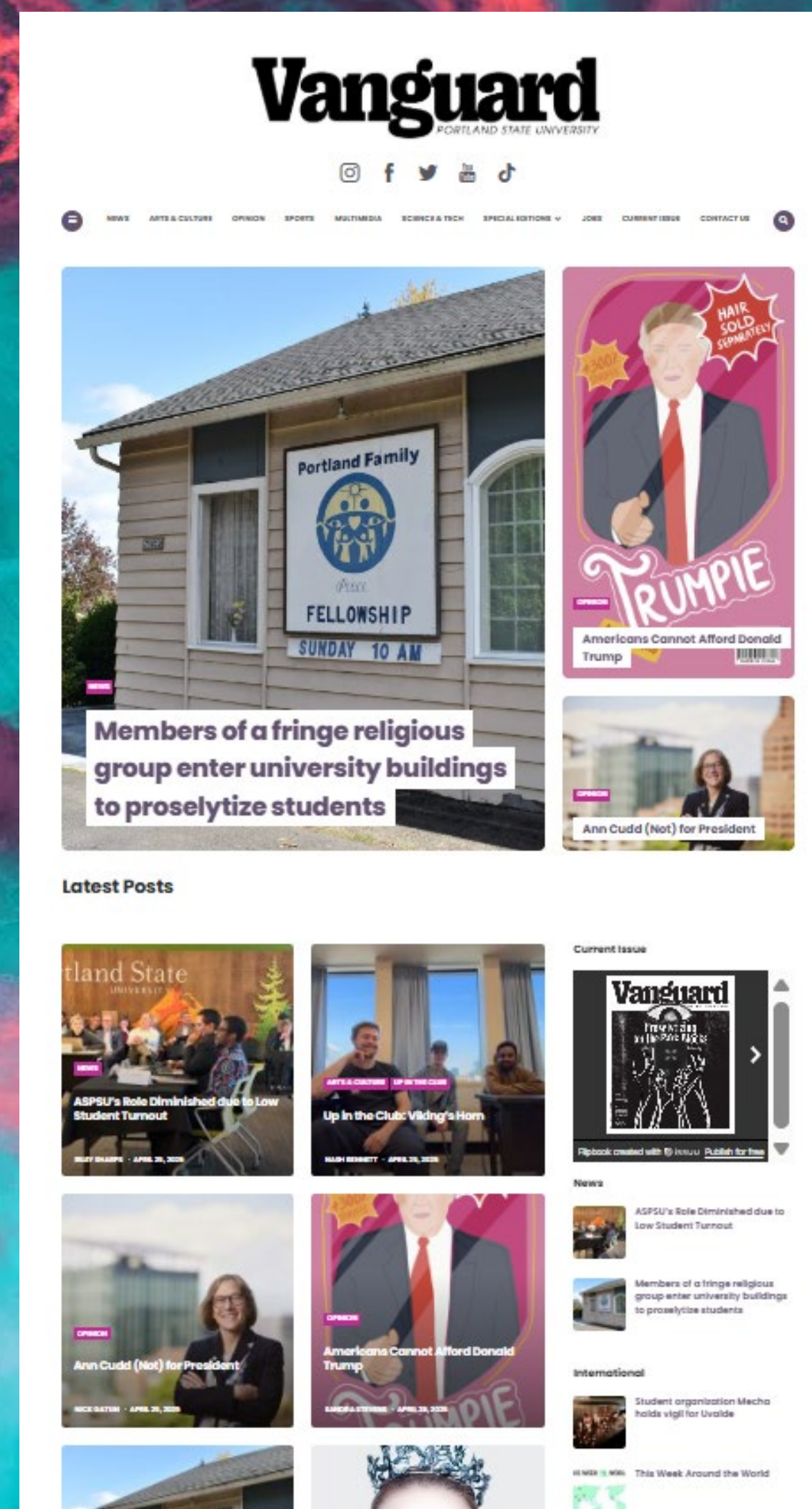
Best Website

Group 2

2nd Place

Vanguard - PSU

Staff



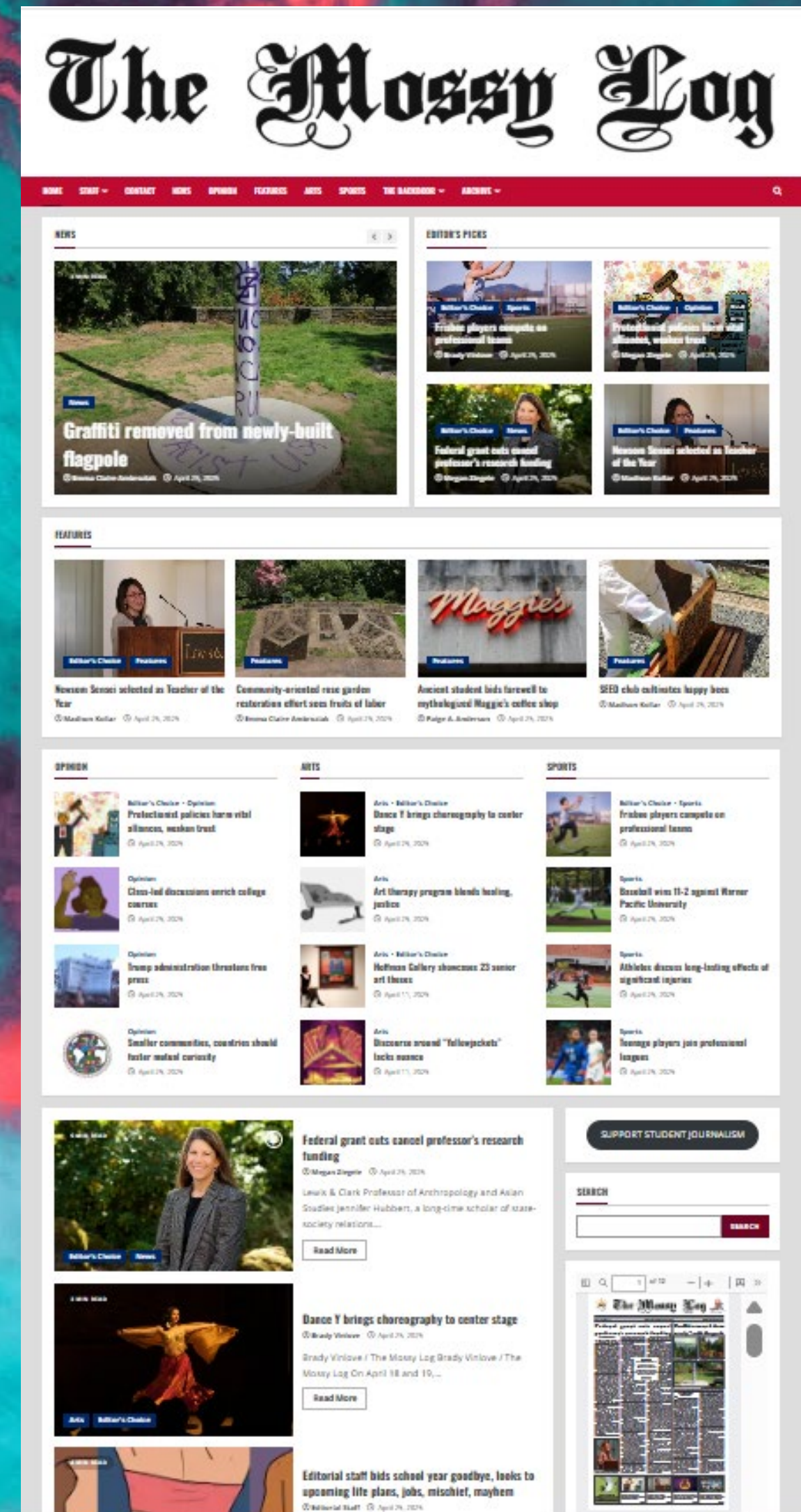
Best Website

Group 2

1st Place

The Pioneer Log

Claire Bakke, Cole McCorkendale





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